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Be Ye Peaceful

Volume XIV

SATSANG AMERICA

Be Ye Peaceful

Volume XIV



What does Satsang want

Satsang wants man
in the name of the One Supreme Creator
of all beings,
God, Khoda or Existence,
Whatever you call Him.
Satsang does not think in terms of
Hindu, Christian, Muslim, Buddhist;
regarding each and everyone
as a child of Him alone,
Satsang wants to make all
submissive to that One.

Satsang does not think in terms of
Pakistan, Hindustan, Russia, China,
Europe or America either-
Satsang wants man, every individual of
mankind
whether Hindu, Muslim, Christian or
Buddhist or whatever—
to be gathered in His Name
at the clarion call of Panchabarhi*
in pursuit, nurture and fulfilment,
in elevating offering,
in mutual compassionate co-operation
and in an uplifting, efficient and
industrious go of life
so that everybody by proper work
earning their food and clothing can
survive,
maintaining distinctiveness of being

and moving in the way of becoming,
so that everyone can understand
that everyone belongs to him,
so that no one can think
that he is helpless, penniless, shelter less,
so that every single person can say
courageously
with active co-operative zeal of love
"I am everyone's
and everyone is mine".

Satsang wants the greatest co-operation
between states
so that there is not the least flaw
in anyone's existential becoming
and so that each and everyone
can move on freely
in this world
in one accord
with self-elevating, efficient and active,
progressive go of service,
growing in integration
that is mutually fulfilling—
being illuminated with the inspiration
that cultivates the good,
with an eye to fulfilling that Ideal man
being meaningful in that unparalleled One.

-Sree Sree Thakur
(Dhriti Bidhayana, Vol-I, 394)

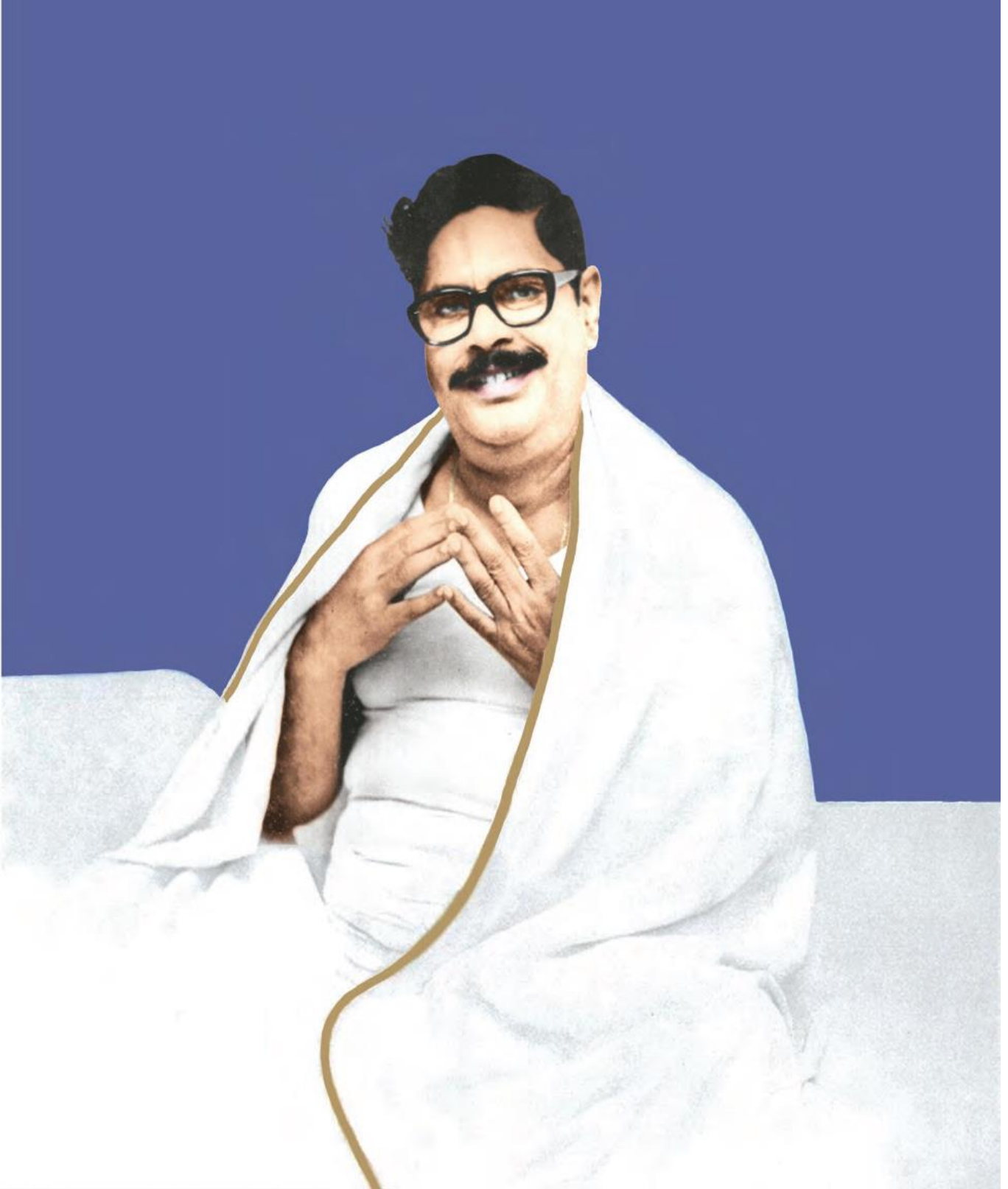
*Panchabarhi - Five fires symbolizing the five disciplines for becoming: service to Almighty one, the seers, the grouping of the varieties of similar instincts, devoutness to the forefathers that followed the existential path, and self-dedication to the present Fulfiller the Best.



Sree Sree Thakur Anukulchandra



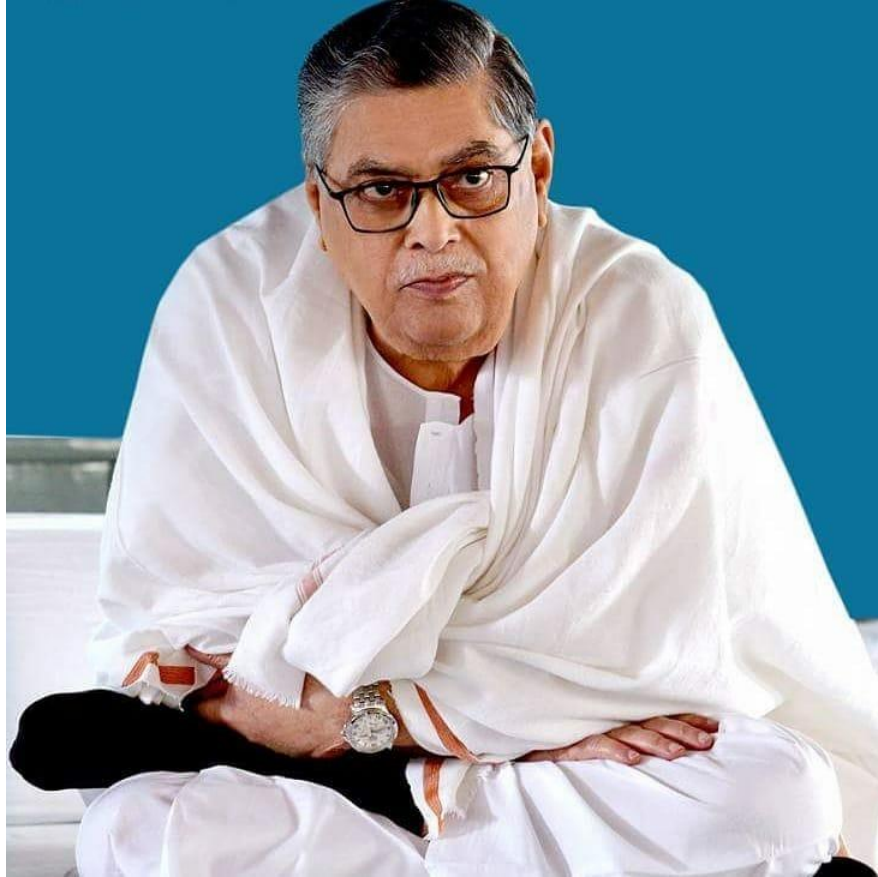
Sree Sree Borma



Sree Sree Borda



Acharyadev Sree Sree Dada



Acharyadev Sree Sree Dada

Sree Sree Thakur is our Ideal, the very center of existence of all of us. Only by remaining totally adhered to Him with every mighty urge and worshipful-endeavor. Serving him piously with unquestioning allegiance and doing everything for his sake with whole-hearted sincerity and vigor, we become true to ourselves and come to true piety for others. He is fulfiller the best. Only by serving and loving Him, we may attain perfection in all our actions, words and behavior. By remaining in tune with his existential ordinance, we join true happiness and may make others happy too.

May your resolve to be His and His only, resonate your own heart and also that of everyone else with ever undiminishing peace and happiness.

Love and R.S.

Dada

26.08.2010

Satsang, Deoghar



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‘রা’

তাং ২৫-০৭-২০১৮

প্রীতিভাজনেষু

ঝাচিদা,

আপনার চিঠি পরমারাধ্য শ্রীশ্রীপিতৃদেবের শ্রীচরণে এসে পৌঁছেছে। আগামী ২২শে সেপ্টেম্বর আপনারা শ্রীশ্রীঠাকুরের জন্মোৎসব পালন করতে চলেছেন জেনে তিনি খুশি হয়েছেন।

উৎসব যে-ভাবে করবেন মনস্থ করেছেন তেমন করতেই পারেন, অবশ্যই যদি আপনাদের সকলের একান্ত ইচ্ছা তেমনই থাকে। উৎসব-বিষয়ে ঐ অঞ্চলের নিয়মমাফিক পরিপালনই বাঞ্ছনীয়। আশা করি, আপনারা বিধিবদ্ধ ভাবেই সব করবেন।

পরমপিতার রাতুল চরণে আপনাদের সকলের সপরিবার মঙ্গল প্রার্থনা করি। আমার আন্তরিক ‘রা’ ও ‘জয়গুরু’ জানবেন — আর যারা চায় তাদেরও জানাবেন।

ইতি—

অকিঞ্চন

অর্কদ্যুতি চক্রবর্তী



Reverend Babai Dada



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EDITORIAL



We (human) are sacredly designed cosmic beings endowed with infinite intelligence and emotions, and the abilities to probe into the fundamental basis of creation and procreation, to assimilate from the repertoire of cumulative experiences, and to synthesize guiding principles favoring life and growth.

We have mastered the exercise of strong moral reasonings and elaborated our mental faculties to subdue opposing phenomena and manage evolving changes, and yet the enormous complexities of life and existence baffle us time and again. Our rational approach to establish the underlying cause and effect relationship to thoroughly decode life-events proved futile; We have sought for answers and solace in the

moments of great confusion and utter distress!

Our deliberate calls are always addressed to our amazement with great mercy!

The powerful demonstration of love and service by Sree Sree Thakur Anukulchandra, the supreme embodiment of love, has been the way of life in the contemporary world. The daily practice of 'Jajan, Jaajan, and Istabharity' has inspired and transformed millions of people around the globe for soulful living with progressive conscious minds and smart choices. The ideological perspectives from Sree Sree Thakur have been refreshed and passed down the generations for the sake of humanity.

*“You are for the Lord, not for Others;
You are for the Lord, so for Others.”*
– Sree Sree Thakur

With the blessings from Acharyadev Reverend Sree Sree Dada and guidance of Reverend Babai Dada, we are celebrating the 14th annual Utsav of Satsang America to commemorate the 131st Holy Birth Anniversary of Sree Sree Thakur Anukulchandra. On this auspicious occasion with great enthusiasm, we present you the annual souvenir 'Be ye Peaceful'.

Sincere gratitude to the dedicated team for putting forth their genuine efforts.

Jaiguru!

*All the wisdom of previous prophets is
conscientiously concentrated in the divine
Man of the present —hence He the way to heaven.*
-Sree Sree Thakur

The Mission of Human Life

Jatindra Nath Mohanty,
India

There is a very interesting dialogue between a saint and a young student, which meaningfully explains the mission

Saint: What are you doing these days?

Student: Studying.

Saint: Why are you studying?

Student: To appear for exam.

Saint: Why to appear for exam?

Student: To obtain a certificate.

Saint: Why a certificate?

Student: To secure a job.

Saint: Why a job?

Student: To earn money.

Saint: Why to earn money?

Student: To live my life.

Saint: Why to live?

Student: (Bit annoyed) Because I cannot die. I cannot commit suicide which is a crime.

Saint: (Sweetly) No, not at all my boy. Life is not to commit suicide or to die.

Student: So, what is the purpose of human life? The student was keen to know.

Saint: To live for others. Emphatically replied the saint and went on explaining. In the world of nature, the plants, the birds, the animals live for themselves. Yet they serve mankind in various ways, being unaware of their service.

of human life:

Whereas being the highest and best creation of nature, the human being mostly lives for himself. He is selfish, confined to himself and his nuclear family. Most of the problems of mankind are rooted

in this very nature of human being.

All the religious scriptures of the world have taught us to live for others. Lord Jesus says, *"Love thy neighbors as thy own self"*. Indian scriptures, saints and savants have echoed and re-echoed about the global family from time immemorial.

Man is a social being. From birth till death he depends upon both animate and inanimate objects to sustain his own self. Others are not apart from us. They are integral part and parcel of us. We cannot live without others. Outstanding scientist of the 20th century, Albert Einstein emphatically points out "How many times a day, I understand that how much my inner and outer life is built by the labor of others. And how earnestly I must exert myself to give in return for what I have received and still receiving from them. Man is here for the sake of other men.

He further said 'a person who is religiously enlightened appears to me to be one, who has to the best of his ability liberated himself from the fetters of selfish desires and preoccupied with the thoughts, feelings and aspirations to which he clings because of their super personal value'. [ref: *Out of My Later Years by Albert Einstein*]

Paul Campbell in his book 'Modernizing Man' writes 'man evolves when he uses his brain for unselfish rather than selfish aims. It means caring enough to have a strategy to meet the needs of the neighbors across the street, across the border and across the world'. Again, to quote Albert Einstein who forthrightly writes in the essay under the caption 'Society and Personality' - *"we notice that our whole nature resembles that of a social animal. We eat food, that others have produced, wear clothes that others have made, live in houses that others have built."*

Likewise, we are indebted to others for our very survival in so many ways but strangely enough we do not want to do anything for them. Modern civilization has taught us to be utterly selfish, individualistic and self-centered. Such a way of life breeds tension, frustration, depression, anxiety, sense of uncertainty, insecurity, helplessness, uselessness, loneliness, etc. Consequently, it makes us victims of many killer diseases like hypertension, cancer, diabetes, etc. and thus cuts short of our precious human life.

In order to develop intimate feelings for fellow human beings, it is essential to follow the footsteps of a Living Human Ideal, selfless supreme well-wisher of all, a universal divine personality. Such rare personalities, down the ages are worshiped as Lord Jesus, Lord Mohammad, and Lord Anukulchandra (1888-1969).

Lord Anukulchandra reverentially addressed as Sree Sree Thakur, who used to say *"In my childhood days, I had no money, manpower,*

education, knowledge, talent. Only thing that I knew was to unconditionally love others. Love, and love for others only being my sole capital. I lived a life of adventure and the Supreme Father sensing my utter helplessness had bestowed upon me his unlimited

blessings, enriched me with heavenly treasure to serve mankind” [ref: Alobhana Prasange]. The irresistible pull of the power of his love has drawn people from all walks of life around the world. His tradition is being continued

through his eldest son and grandson respectfully addressed as Sree Sree Dada. Sree Sree Thakur defines Dharma as the science of life, spirit of which is to “live for other is to live for one's own self.”

Peace, Peace, Peace – Be Ye Peaceful

*Be ye whatever—
regret not what has happened
by the impulse of
your bind misfortune,
let not be a feared by the
taunting insult of your actions
that have occurred by the enticement
of the ignorant, dull,
depressing environment;
shout, cheer up—
be unquivered and attached
by your tendril of passion
to the Ideal, the Beloved—
whose love enters unquestionably
top to bottom
whatever ye may be—
saint, rogue, sufferer, criminal or
sinner—pervading all!
Install Him with all your purpose,
with all your service,
with all your love and emotion,
with all the resources you have;
neglect to fulfill the narrow
sordid interests
from the universe in which you dwell;
only think of Him,
think how to fulfill His interests, —
move on doing and dealing accordingly—
elating everyone with the message
of love, hope, charity and service
that exalts!
Put thine ear to the throbbing
Impulse of
Environment and hear attentively the
lingering music
of the inner microcosm
with a rolling peaceful concert,
a singing thrill—
Peace, Peace, Peace—be ye Peaceful!
-Sree Sree Thakur*

Sree Sree Thakur Anukulchandra's Cosmic Consciousness

Dr. Nrushingha Prasad
Tripathy, India

‘The description given by Sree Sree Thakur is akin to the ‘Big Bang’ Theory of creation. Sree Sree Thakur has visualized of our destiny to undergo a series of lives. Do we remember the series? Memory of series of lives is called Cosmic Memory. Sree Sree Thakur calls it Eternal Memory. He says that this Eternal Memory Consciousness can expand back to pre-conception, back to previous earthly lives, back to the inter life periods between previous lives, forward to the further lives and in certain cases; stretching back to the beginning of time and creation.’

During the last century, space scientists have discovered a number of stars/planets outside our Solar Systems. Such stars are known as Exoplanets. The USA is a pioneer in this regard and spends considerable amount from its yearly budget towards space research projects organized by NASA (National Aeronautics and Space Administration). Other countries, not to lag behind are USSR, Germany, Great –Britain, India and China. NASA scientists had recently discovered two earths like twin planets having hard surface like earth by their space craft Kepler. Hence these two are known as Kepler-438 B and Kepler-442B. Another notable discovery is a strange system of constellation where

there is one planet surrounded by three Suns. They exist at 320 light years away from the earth. This discovery took place in June 2015. Till now 3500 Exoplanets have been discovered by all the space scientists all over the world.

Here in our mother earth, the atmosphere is totally polluted threatening extinction of life. The O-zone protecting the inhabitants from the poisonous rays emitted by the Sun is almost destroyed due to continuous experiments of atomic destructive devices. The global population doubles itself in every forty years and now due to melting of glaciers, the global temperature is on the rise causing physical disease and neurological imbalance of the living beings. This pollution is the indirect stimulant for increasing violence in the name of religion and race. Man wants to get out of earth and is in search of another planet like earth to start a civilization of harmony and peace. Apart from space scientists is there any other source to know about the universe? The answer is YES. The vision of Philosophers and Saints.

In the year 1999 an ANTHOLOGY book named Cosmic Cradle compiled by Elizabeth M Carman and Neil J. Carman, discussing the vision of Saints seers and Philosophers of the world possessing Cosmic Consciousness was published in U.S.A (*Cosmic Cradle- E.M. Carman & N.J. Carman- North Atlantic Books. Berkeley*).

In that research anthology, it is gathered that such knowledge is obtained by the Seers and Saints due to their deep insight about the creator and the created. “Beverly

Anderson- a noted English Philosopher puts it very aptly: “*God Knows all and we are each a piece of God.*” So, we can know about the creation. In the above anthology at page 599, the researchers have reproduced Sree Sree Thakur Anukulchandra’s (1888-1969) vision about the creation. I quote: “Thakur Anukulchandra recalls, how a prime point let itself explode into millions of hyper atoms. Each hyper atom then bursts in to millions of supra-hyper atoms resulting in an uncut indivisible physically inconceivable point.” Thakur witnessed that the ultimate point-the Cosmic Soul-create an infinity of beings out of itself like thousands of sparks coming from a fire. The souls were destined to live through a series of lives so long as they remained subject to the illusion of personal individuality.”

The description given by Sree Sree Thakur is akin to the ‘Big Bang’ Theory of creation. In the above passage Sree Sree Thakur has visualized of our destiny to undergo a series of lives. Do we remember the series? Sree Krishna tells Arjuna his friend and disciple that the difference between them is that the former still remembers his series of past lives but the latter has forgotten them. Memory of series of lives is called Cosmic Memory. Sree Sree Thakur calls it Eternal Memory Consciousness (Smrutibahi Chetana). He says that this Eternal Memory Consciousness can expand back to preconception, back to previous earthly lives, back to the inter life periods between previous lives, forward to the further lives and in

certain cases; stretching back to the beginning of time and creation. Such memory storage cannot reside in the physical brain in these advanced souls, as no physical connection continues between life-times. Instead, memory is held beyond the brain in the field of consciousness. Memory is in the storehouse of consciousness and is accessed at any time or place by gifted individuals with super consciousness.

The great Greek Philosopher Plato acknowledged the same concept when he taught that each soul contemplates pure and perfect knowledge when it is in companion with God in the upper regions prior to birth. Wisdom is merely relearning what we naturally knew “before the influx of matter intoxicated our souls”, at the time we approached our mother’s womb. Sree Sree Thakur has recollected and narrated before His present birth. This Cosmic Wisdom” finds a place at P559 of the book Cosmic Cradle and is reproduced below;

“From the beginning of creation until Thakur’s present life, his ego passed through various phases prior to being ‘encaged’ in a living body, last of all human. His chain of human births includes a cobbler, prince, and spiritual seeker. In the gap between each death and rebirth, Thakur felt empathy for family members whom he watched grieving for him.”

“Thakur dwelled in an “undefined higher region” prior to His present life, His journey to earth involved travelling through “a yet undiscovered system of celestial

constellations.” He traversed a vast distance in space, passing through 44,000 planets. While our planets rotate around the Sun, Thakur observed that “lakhs of suns rotate around a bigger Sun.” He also proceeded through a former planet that had split into pieces and observed a planetary system yet to be discovered by science. Still fresh in His memory is the strange behavior of a unique constellation – a central star surrounded by four other stars. The four stars appeared red when they approached the central star and turned blue when they moved away through a principle known to science as the Doppler Effect.”

“En route to Earth, Thakur stopped at various planets where celestial beings welcomed Him with a grand ovation. Each planet had unique life forms suited to their atmosphere, unlike any found-on earth. Thakur felt “a pang separation” as the planetary beings chanted hymns in His praise as He departed from their planet.”

Thakur finally arrived in our solar system by coming through a ray of light and descending into the Sun. He was not burnt to ashes. The Sun’s interior is very cold, the heat is on its surface.

“Just think, I descend from inside the sun by a track. If one takes the track from here, would see pitch darkness just on the left and on the right, not right, rather diagonally he would see light only. He would witness 44,000 planets on the way, one of which is split into pieces.”

Knowledge of Sree Sree Thakur in His Cosmic Consciousness is

about 44000 Exo-planets existing in the space. The space-scientists have discovered only 3500 till now. Elsewhere Sree Sree Thakur has stated that modern science is in its infancy; it will take long years for it to develop. Sree Sree Thakur’s observation of a unique constellation – a central star surrounded by four other stars- this knowledge coincides with the 2015 – discovery of a “strange system” of one star surrounded by three stars. Most probably the scientist is yet to discover another star. Sree Sree Thakur has talked about “Doppler Effect” in the movement of these stars. There is a change of colors during their movement. Scientists have not yet reported about the Doppler Effect:

“What is Doppler Effect?”

I collected the information from ‘Wikipedia’- Free encyclopedia, which in simple language means change in frequency of a wave for an observer moving relative to its source. It is named after Austrian Physicist Christian Doppler in the 19th Century. It is commonly heard when a vehicle sounding a siren or horn approaches, passes and recedes from an observer. Compared the emitted frequency, the received frequency is higher during the approach, identical at the instant of passing by and lower during recession. Such change of wave of sound, will be similar in the case visual-change of color. Sree Sree Thakur could talk about it as He possessed the cosmic super-consciousness-wisdom which comes automatically and not through education on the subject.

Sree Sree Thakur further states; I have a dwelling place everywhere-not only in the earth but in all the planets and starts-in the milky ways and in all constellations. He means that life is present

everywhere. A seer or saint gets the knowledge of it through his deep insight, and science will take

its own time to discover this. (*Alochana Prasange- Vol- 3, 28.03.1942*). Sree Sree Thakur further says that every individual, every family is to be reconstructed by following His principles of 'being and becoming'. Apart from the material aspect of becoming, the spiritual aspect of becoming is to achieve victory over death. He

asserts: Do never die, nor cause death but resist death to death. 'Resisting death to death' can happen only when we possess eternal memory consciousness and know that death is only a transition for which we should not be afraid and bothered.

The Only 'Ism' Of Life

*Where the nurture of existence
evolves into upheaving
enthusiastic ardent active urge
with complacent service,
interest flows there,
people gather,
community flourishes,
society comes into being
with the lustre of freedom
and rolls into the One- the Love –
the Anointed Advent,
whose doctrine is love, life,
growth and piety;
commune of people smile there
with the trickle of nectar
hence Dharma
that upholds existence
is the only 'ism' of life,
interest of the common;
sovereignty blossoms there
and the love winks in smile.*

-Sree Sree Thakur

Meditation

Jeffrey Renert
CT, USA

My spiritual quest began in 1971. The allure of having a Guru was very significant to me. The concept of a spiritual teacher or Guru was limited to what I read in books about Eastern spirituality, imagined or learned with my own experimentation. My spiritual mind evolved. I immersed myself into the pursuit of meditation as the way of satisfying my quest for the spiritual meaning of life. Daily I sat cross-legged in the morning, closed my eyes and tried to manage thoughts from my over-active brain.

The best news I can tell you was that my experimentation and yearning lead me to the positive life-altering discovery of Sree Sree Thakur Anakulchandra. I must relate that the best things in life do not necessarily come easily.

My journey to find the right spiritual teacher to instruct me in the practice of meditation was filled with adventure, excitement and eventually a total feeling of peacefulness at the feet of Sree Sree Borda in Satsang, Deoghar. This journey brought me to the process of initiation of Sree Sree Thakur as my Guru. The process contained the gift of the Holy Name along with the teaching of meditation. Now I was on my way.

Life for me while experiencing Ashram living was blissful. Being in the company of Sree Sree

Borda, his family and all guru bhais enabled me to build a strong foundation of daily spiritual practices, positive spiritual discourses and lifelong friendships.

In the Spring of 1972 I returned to America. My daily practices of jajan, jaajan and istabritty continued uninterrupted. In addition to my devotion to Thakur, I realized it was important to increase my devotion to my parents. My devotion did increase as I immersed myself into our family business.

Subsequently I made additional trips to visit Sree Sree Borda and Satsang. During my third trip in 1983 I requested a private discussion with Sree Sree Borda. I inquired about the idea of marriage. He stared at me, smiled and uttered “khub bhalo” in Bengali, which meant “*very good*”. It was simple but powerful to me. I was exhilarated.

Ultimately, I met my wife on a trip to Israel and we were married in 1985. I am relating this part of my life because it was again a life altering experience. The obvious part of learning to adjust to the challenges in sharing your existence with a new life partner had the normal peaks and valleys. However, in my case my daily devotional practices unfortunately slid away. The challenges of marriage and a year later the birth of our first child took over my life.

I was fortunate to have been initiated with Sree Sree Thakur at a very young age before I took on the responsibilities of work, wife

and family. Therefore my life’s foundation was built on proper values, spiritual motivation and energized meditation. What was most important was my faith and devotion to Thakur never wavered. I was at peace with the realization that Thakur knew my heart and mind.

As adults we have realized life is not simple. Life is about challenges, understanding how to respond to challenges and ultimately growing as an individual. There are two ways to deal with personal growth. To put it simply, your choices are to deal with life’s challenges with or without a spiritual teacher.

Our late Guru Bhai David Lichtgarn would often utter with a twinkle in his eyes and love in his heart “*Who ever said life is easy?*” I concur with David and would add that his statement is the basis for “*the meaning of life.*”

First, to become aware of individual challenges in life, then understand the process by which one can adjust to or resolve the challenges. It is my firm belief we must have the proper spiritual teacher who can transmit His Love through meditation resulting in resolving life’s challenges with Love.

Last year my life took on a new direction. I decided to retire from my working career. This presented new challenges. I had no specific schedule and lots of time at home. This also meant significantly more time interacting with my wife and family. These new challenges did

not seem that difficult. However, reality was different.

The best I can say was, my daily path had a few bumps and small potholes from time to time but no major craters. It definitely weighed on my mind that mental disturbances were occurring. I contemplated this new reality. One day I was talking with a friend. I related how I should be really happy in my newly found role, but it was not always the case. The friend said something very simple to me. "What about your Guru and your meditation?" The light bulb went off immediately! It was as if Sree Sree Thakur himself was talking to me. Yes, what I needed to do is activate my daily devotional practices including meditation.

As with all good resolves, I put this one into action without the least delay. My office has always been graced with photos of Sree

Sree Thakur, Borda and Dada. I had my environment. I gathered my prayer shawl and started my meditation. My internal self-became awakened again. This clearly meant meditation and devotion was evolving into the energy of Love.

Then there comes the vision of the true self (Atma) and we can understand ourselves. This making Name is our sadhana. If making Name becomes habitual, no sorrows or difficulties can oppress one. Even if there is nothing left to eat in the house, there is no sense of want. Then there is realization of every creature's suffering. The Ideal is seen in everything.

This is the way it is. Then we can feel the presence of the Ideal in everything. If one is perfected in the Name, then he has mastered infallible speech. There is no

difference between the Name and the Nami (the human embodiment of the Name).

Through the Name, love for the Nami grows. He is realized within the heart. Then he is united with everything within me. Then it can all be understood what kind of person anyone is, who establishes the Ideal's interest and who does not. The mind is directed within, directed to the Cause.

By going on making the Name with every breath, the Name becomes firmly set. Then the world is filled with the perception of the Ideal. Understand it logically. The Name and Nami are not different. So if the Ideal pervades my heart, where else need I seek happiness and what could make me unhappy! Everything is my Ideal; establishing His interest is my aim.

Spiritualism
*To maintain
 and nurture that
 which makes the existence breathe
 is spiritualism.*
-Sree Sree Thakur(The Message, Volume-IX)

Miracle Hormone – Melatonin

Dr. Bhaskar Chakraborty,
India

Recently, from 1980 onwards, scientists have had great exciting breakthrough of this Millennium by discovering secretion of Miracle Hormone from Pineal Gland the melatonin. Pineal Gland is situated at the center of the brain just behind Thalamus. It has a size of 1/2 cm. and it weighs 120 mg. It usually dries up at the age of above 40. If one draws a straight line at the root of the nose between two eyebrows it will reach to the pineal gland. Sree Sree Thakur gave instruction to fix attention at the root of the nose and repeat the Holy Name i.e. chanting of the Holy Name.

Vibration by chanting the Holy Name will stimulate pineal gland for more secretion of melatonin. The melatonin helps to slow down ageing process, prevent diseases by secreting antibody by boosting immune system, by boosting energy level to keep youthfulness long time. To survive long time without diseases, without losing memory which organ of the body is responsible? We didn't know it for centuries.

Lord Buddha at the peak of His youth, left the golden throne, lovely beautiful wife and affectionate son to search out the way to prevent ageing process, diseases and premature death. Could He find out the way? Yes, He found the way through meditation. His ideology was

spread worldwide. For a long time, scientists neglected two glands of our body, pineal gland and appendix. But Sree Sree Thakur told that no part of our body is useless.

Of course, from time immemorial in Indian Vedic culture various books have discussed the third eye or tri-netra or gyan-netra or ajna-chakra. During vedic age many sages could develop properly their trinetra through meditation. So they could see clearly about past, present and future by perceptivity, receptivity and sharpness of their brains. It was more adopted to their brain through meditation as compared to that with common persons.

Melatonin, which is produced naturally by human brain, helps us to live longer, sleep better, overcome stress and strain of life, boost immune system to keep body disease free and helps to maintain blood pressure at normal level. Melatonin acts as a powerful antioxidant- prevent early oxidation of the cell of our body, it prevents early wrinkling and heart diseases also. Oxidation is the reason for iron rusting, paint fading and oil going rancid. It is one of the most common causes of cellular damage, breaking down complex and delicate chemical compounds necessary for life and good health.

Secretion of melatonin acts as an anti-oxidation, prevents rusting of cells, which stops chemical damage of oxidation. By blocking oxidation of cells, melatonin prevents changes in blood vessels (i.e. atherosclerosis, changes of blood vessels which cause hypertension and heart attack)

and it may reduce attack of cancer and memory loss.

All health problems develop due to ageing process and it is due to the deficiency of melatonin.

To maintain youthful life, to keep it for a long time and disease free with intact memory and everything, it is necessary to depend on continuous secretion of melatonin.

Stress and strain of life and different drugs can reduce secretion of melatonin, can even shutdown such secretion and prematurely starts ageing process. Harmful drugs include Alpha and Beta- Blocker, Painkiller, NSAIDs (non-Steroidal Anti-Inflammatory Drugs).

Other less harmful drugs include Stimulant, Sedative, and Benzo Diazepine such as Valium and Librium, Birth Control Pill, Estrogen replacement, Therapy, ACE Inhibitor and Thyroid Pills.

Also, other less harmful effects like electromagnetic field emitted by household gadgets from coffee maker to computer has powerful effect on pineal gland secretion, sometimes shutting down melatonin secretion completely.

Light and Darkness regulate secretion of melatonin. So, it is called a Biological Clock. The pineal gland is connected to eyes through nerve. The onset of darkness transom is a signal to pineal gland for production of melatonin. When we feel sleepy in the evening it is due to secretion of melatonin pumping in blood stream. So it is called natural sleeping pills. Again in the morning bright light hitting the

retina of eye shut down melatonin secretion completely.

The Message given by Sree Sree Thakur -

Do meditate Mantra on thy Lord, dawn and night, do repeat the Holy Name mentally and meaningfully in all the movements of daily life, do materialize the directions of the Guru in due time- That is Tapas – the way to achievement! (Magna Dicta, 68)

Can be applied in this way! Vibration by chanting of Holy Name stimulates the Pineal Gland for secretion of melatonin. Sree Sree Thakur has said that during meditation one would feel sleepiness. By meditation all stress and strain of life can be overcome, nervous system will cool down and adjusted normally by the help of melatonin. Swami Vivekananda said that to carrying out the commands of the Guru without least shadow and hesitation is the only way of success.

Usually above 40 years of age Pineal Gland gradually stops secretion of Melatonin, according to various opinions of scientists. However, Sree Sree Thakur has given instruction for meditation right from childhood. Continues stimulation and vibration of meditation will keep Pineal gland alive and active even many years above 40 years of age.

Autonomic Nervous System is an efferent system that innervates vascular and smooth muscle

exocrine glands, a Parenchyma Cells throughout the various organ systems functioning below conscious level. The autonomic nervous system responds rapidly and continuously to perturbation that threatens our constancy of the internal environment. Foremost among the functions governed by the system are the regulation of blood flow and the maintenance of the tissue perfusion, the regulation of blood pressure the regulation of volume composition of extracellular fluid, the expenditure of metabolic energy and supply substrate and activity, visceral smooth muscle and glands. The automatic neurons located in ganglia outside, center nervous system and there are preganglionic neurons of parasympathetic nervous system.

A neuro transmitter an acetylcholine is preganglionic for both division of autonomic nervous system and is called cholinergic (para-sympathetic). All naturally occurring catecholamine, norepinephrine and epinephrine and dopamine function as neuro transmitter within the CNS Catecholamine's maintained in high concentration in adrenal medulla. All NE present in sympathetic nerve ending. All these neurotransmitters are essential for motor sensory coordination and to lead active life. Deficiency of dopamine produces parkinsonism, thymus gland controls body temperature.

Some endocrine glands like pancreas and pituitary gland by their active secretion maintain youthfulness. Deficiencies of pituitary secretion cause loss of

youthfulness and reduce memory. Deficiency of pancreatic islet of Langerhans causes Diabetes Mellitus.

It is said, that melatonin activates them all and maintains youthful life, and sharp memory. Due to motor sensory coordination there will be fewer mistakes in policymaking, planning of work and its execution.

Intuition will be more accurate, perception of brain and sharpness of work will increase, and work will be finer. Regular meditation, vegetarian diet with less fat and salt with vitamin E, C and A help to secrete melatonin regularly. One can survive more than 100 years disease-free youthful life. One may acquire many things like Jastismar, who can achieve memories of past life.

Sadguru/Prophet knows the solution of all earthly problems. So we should follow them without hesitation and doubt. Sree Sree Thakur Anukulchandra, the founder of Satsang is the latest incarnation of God. While science discovers many more such miracles, the individual, society and country benefit by following Him.

Param Pujiyapada Sree Sree Borda in My Life

Sasanka Kumar Mishra,
India

Those who have seen Sree Sree Thakur Anukula Chandra, The Purusottam of the age with their own eyes and spent some time in close contact with him are definitely fortunate. Though I did not get a chance to see him, I was fortunate enough to receive the Holy company of Parama Pujiyapada Sree Sree Borda for a long time which had given me the feeling to a great extent what Sree Sree Thakur was and about his divine life and loving personality. This has impressed and influenced me a lot and enriched my life with a spiritual bent.

I was lucky to be in constant touch with Sree Sree Borda for quite a long time i.e. from 1976 to 1994 mostly either at Satsang Ashram Deoghar or at Puri Thakurbadi. Occasionally I also had the opportunity to serve him at Bhadrak Satsang Vihar and Baripada Satsang Centre in Odisha, India.

Once in 1976 there was a plan of Sree Sree Borda's visit to Cuttack and Paradeep in Odisha via Kolkata by road. Sree Jatindra Mohan Bose, the then asst. Secretary, Satsang Ashram Deoghar from Odisha requested him to halt at Baripada (which was on the way to Baleswar and Cuttack) for a little while to take some rest for a few hours at the Satsang Center there. Baripada is a sacred place because Sree Sree

Borda had brought Sree Sree Boroma there after Sree Sree Thakur's demise. It is my native place and even though I was transferred to Bhadrak from there, I was in constant touch with the gurubhais of Baripada. Once the convoy reached Baripada, Sree Sree Borda went to offer his oblations to Sree Sree Thakur and Sree Sree Boroma.

According to Sree Sree Borda's wish I with some other gurubhais offered him and his family along with all the Ashramites some green coconuts, other fruits and sandesh (Indian sweet). He was so caring and responsible for everyone's comfort and health, he enquired if we had enough fresh coconut water for everyone, which we were offering to him. Once we confirmed that we did then only He took some. After a stay for about a couple of hours He started for Cuttack. Some of us, as planned earlier, accompanied him by car up to Bhadrak. This was Borda's first blessing for me that we could please Him with our service.

Another occasion when my heart was filled with gratitude for Sree Sree Borda was my marriage. I hail from a Jamindar (head of the village) family. Everybody of our large joint family except my mother (a pious lady) and I were fond of non-vegetarian food and a life full of luxury and worldly pleasures. So, I am being a disciple of Sree Sree Thakur, had made up my mind to have an arranged marriage with a Swastayani girl (taking vegetarian food without onion and garlic) from a gurubhai family. And I was fortunate enough that my father accepted

this idea and hence paid a little more attention to that which led to the receipt of two proposals from gurubhai family. My father along with my family went to Puri and put forth the proposal for the final selection in front of Sree Sree Borda. Sree Sree Borda selected the proposal where the girl (my wife) was a vegetarian and was a Swastayani holder. I was both overwhelmed and speechless with joy as Sree Sree Borda could know my heart's desire and blessed me accordingly. My marriage was finalized with his blessings and he advised that it take place within 4 days, in July 1982. On the day of my marriage, as we (the bridegroom party) reached late it dawned for the marriage ceremony to be over. On the morning, I and my wife went straight to Puri Thakurbadi with my family for the blessings of Sree Sree Borda and Pujaniya Rangama. When we offered our pranam, they were very pleased to see us in the marriage costumes and expressed their love in such a way that we felt as if they showered their blessings on us. My father was also very delighted and thus began our blessed married life.

Now let me share something about Sree Sir Borda's holy loving life. Sree Sree Borda appears to be very grave; so, people generally fear to go very near to Him. But he was so loving and affectionate that once anyone is closer to him and gets his acquaintance, he finds the real sweetness in Him and can never leave Him. He had another great quality that He never neglected or ignored anyone, rather He was very caring to all and gave proper respect to

everyone irrespective of being rich and poor and even the most neglected one.

Once my wife and I had been visiting Sree Sree Borda with our 2-year-old son. Sree Sree Borda was going to take his bath. We along with some others watched the oil being massaged on this body while He was talking to everyone pleasantly. After the message a screen was put up so that Sree Sree Borda could take his bath and only His feet were visible. My son being very small and not being able to see him started shouting Borda, Borda continuously.

My wife out of fear and embarrassment brought the baby out of that room and the premises, but Sree Sree Borda was so caring that He came out after his bath and started asking —*Ke re Borda Borda Korche?* (who is calling Borda, Borda?) and knowing my wife took the baby out, asked someone to fetch her and bring the baby back. When we took the baby to Him, He held the baby in His hands and lovingly told him — see, here is your Borda. My son simply stared at Him for some time; we could feel his joy too. We were stunned by his simplicity, love and care for us.

Sree Sree Borda had extraordinary love and affection not only for human beings but also for

animals, birds and plants alike. His feeling and love for animals was so deep that they were able to recognize his voice and even his footsteps from quite some distance while he was walking on that way. This reminds me of an incident. Once when we were following Him towards the morning prayer, He was walking very fast, we noticed that the deer and some birds were coming towards the fence from their sheds, hearing His footsteps from a distance to be closer to him to get some love and affection from him. Sree Sree Borda also consoled them by patting them on their heads. The birds and monkeys started screaming being overwhelmed with joy and eagerness to see him.

He had expressed his love for everyone and always sang Sree Sree Thakur's message:-

**“He who loves all
Irrespective of man and
animals Has actually served
the lord.”
- Sree Sree Thakur**

His mental strength was unique and of very high order. Whenever Sree Sree Borda planned to do anything, He sincerely tried to finish it with perfection and utmost care and on time. So, Sree Sree Borda did not like to hear from anyone —no, —I cannot do,

or—it is not possible for me. If He heard any negative words like this, He became very sad, grave and stopped talking to that person. So, everyone was morally forced and became eager to do whatever, if Borda wanted Him to do something only to make Him happy and satisfied. By doing so many people have become more and more accomplished and thus achieved a lot in their life but those who could not have been deprived of a lot of things too.

As his love and affection for all was unparalleled He could know the minds of people and so could win the hearts of all by his divine personality. He was always very keen and sincere to complete any work which Sree Sree Thakur loved and thought for the betterment of society. That is why He was able to fulfill everyone according to Thakur's wishes. Sree Sree Borda was a constant source of inspiration and encouragement for people to follow Sree Sree Thakur and also work for Him with whole-hearted sincerity and devotion. As Sree Sree Thakur's sayings will lead them in the direction of becoming, He was always reciting the verses of Sree Sree Thakur –

**“To meditate at dead of
night and dawn
To repeat the Name
always while moving on
To work out in time the
commands of the Lord –
This is called Tapashya in
a word.”
- Sree Sree Thakur**

My Thakur, My Jesus

Pradyot Nayak, India

**...He, the word
became Supreme Being,
the Father to the manifested;
and The Individual
who comes forth
ever-enchanted
with sympathy and love
for the Supreme Being, -
at the crying call
of panic-stricken suffers,
becomes the beloved God in
flesh -
the Divine,
the Ideal, -
The way to rescue!
-Sree Sree Thakur**

A living Ideal is the way to becoming and the embodiment of life and growth. And the only way to lead an adjusted, happy and prosperous life is to be concentric to the living Ideal, follow His dictates and commandments and fulfill His wishes with an in tottering adherence and active allegiance. That alone ensures all-round success for man and makes him worthy of receiving the blessings of God.

“The Prophets come accordingly to the needs and necessities of the age. There is no difference among Them at all. To deny the One is to ignore All. The Present

Prophet is the consummation of all the Past Prophets. All the Past Prophets converge in the present One and to adhere to the Present means to fulfill All. In trying to establish this, we ourselves get fulfilled.” -Sree Sree Dada

Quite similar instance is seen in the life of Jesus Christ. Apostle Matthew states - “I indeed baptize you with water unto repentance, but He who is coming after me is mightier than I, whose sandals I am not worthy to carry. He will baptize you with the Holy Spirit and fire.” Then Jesus came from Galilee to be baptized by Him. And John tried to prevent Him, saying, “I need to be baptized by You. Why are You coming to me?” But Jesus answered and said to him, “Permit it to be now, for this it is fitting for us to fulfill all righteousness.” Then he allowed Him. (*Matthew 3:11-15*)

Here we can see that being the Anointed one, Jesus got baptism by John, this indicates that by accepting the Past Prophets and by fulfilling them only the divine man of the present advents.

As atoms and molecules move about in an aim to get stable, in the same way humans also seek to get a stable and balanced life. But very few can attain this stability in life because; we are bound to our complexes and passions. But once we try to shape our lives according to the wishes of a living embodiment of stability we can attain it. To shape one’s own life, one needs to first love the Ideal, that is the Anointed one. But how mere love can help one to shape one’s own life?

Sree Sree Thakur explains, “*I think love is like water, if you pour water in a cup, it takes the shape of a cup. If you pour it in a bowl, it takes that shape; and if you*

pour it in a bucket, it becomes like a bucket. Similarly, if you love your friend, you become like that, and, when you love Christ, then you become Christ-like.”

**Love for Christ
is the only messenger
and angel
that can rescue people
from the jaws of Satan.
-Sree Sree Thakur**

For God so loved the world that he gave his one and only Son, that whoever believes in Him shall not perish but have eternal life. - *John 3:16*

Jesus replied: *‘Love the Lord your God with all your heart and with all your soul and with all your mind.’* This is the first and greatest commandment. - *Matthew 22:37-38*

It is an inherent quality of Prophets that they always establish the previous ones and thus followers of previous prophets follow the present Prophet. The lifestyle, ideology and philosophy of all the prophets are very similar and wherever difference is found is only due to space and time variations.

On his first visit to Sree Sree Thakur, Ray Hauserman asked Sree Sree Thakur, “Do you believe in Christ?”

Sree Sree Thakur replied, “If Christ were alive today, I would be the first to become His disciple! I feel Christ is the Emperor-the beggar of Love.”

Rev. Fred Hawkyard, director of the British Christian Mission at Pabna at that time once remarked, "I would go so far as to say Sree Sree Thakur is one of the few true Christians."

Eugene Exman, A Vice-President of Harper and Row Publishers, New York City, USA remarked, "Sree Sree Thakur's life and work makes the Christian doctrine of Love a practical 'modus operendi' for hundreds of thousands of Indians. The political and economic implications of His work are as important as its spiritual basis-not only for Indians but for us in the West also. A visit to the small, informal centers of his devotees in various rural and urban areas of India is a refreshing and inspiring reminder of the early days of Christianity."

On his first day visit J. Mukherjee a communist leader asked Hauserman- "Well, how do you feel now that you have traded Christianity for Hinduism?"

Hauserman- "I've traded nothing, I was born Christian and I'm trying to become a better one."

To one American visitor Sree Sree Thakur said, "If you come to me to leave Christ, then I cannot help you and I doubt if anyone can. But if I can help you understand and follow Christ more effectively, I am prepared to try."

Once E.J.Spencer was having discourses on Jesus Christ with Sree Sree Thakur, when the crucifixion topic arrived Sree Sree Thakur suddenly became speechless, while talking about the phase of fixing nails on the palm and the feet of Jesus. His face twisted with pain and sufferings. Suddenly, He moved

around facing west. He pulled His white sheet of cloth around his head like a veil and started crying loudly and endlessly. The sun was setting in the western sky dazzled with its radiant glaze. The radiant glaze was reflecting over Sree Sree Thakur's body and on the faces of His disciples around. With an interrupted situation, the whole nature became serene. Everybody there were as if unmoved like statue.

A lady once asked Sree Sree Thakur, "why, if Christ is omnipotent, why didn't He save Himself? Or at least why didn't His Father in the Heaven?" A shadow of pain seemed to pass over Sree Sree Thakur's face momentarily. "I believe God was revealed in flesh and blood, a child of Himself, who came to wash off the sorrows and sufferings with begotten blood. I know that His object is always to live and help live. When He has to work in this material world, He must do so through His human form and within the limits of time and space. Even more, I know that His will is infallible! He is bound to fulfill His mission and is never unsuccessful in His efforts. What seems to be a failure, is used by Him in a way that pushes His purpose of existential love forward. He moves on in this way, until His goal is achieved. Even more, there is always a perfect harmony between His desire, the need, and the Law!"

Throughout, Sree Sree Thakur demonstrated His unwavering commitment to Christ and His steadfast insistence upon those Christians to maintain and enhance their own faith in Jesus. Men, women, students, teachers, husbands, and wives from every denomination - Catholic, Protestant,

Orthodox, Evangelical - all came to Sree Sree Thakur, queried, quarreled - and returned home inevitably renewed in their faith in Christ and with their commitment to their respective Churches restored. Most of all, they were inspired to awaken in their respective denominations, a new relevance and revival in Jesus.

**The present Anointed one
is the embodiment
of the Anointed Forerunners
of the past
with all the attributes
that bloomed in many ages;
the Present is
the summation of those things
with addition for the present;
love and worship Him
and worship
all those forerunners
and have blessed imbibement.
-Sree Sree Thakur
Love for Christ**

⁴²Watch therefore, for you do not know on what day your Lord is coming.

⁴³But know this, that if the householder had known in what part of the night the thief was coming, he would have watched and would not have let his house be broken into.

⁴⁴Therefore you also must be ready; for the Son of man is coming at an

hour you do not expect. Who then is the faithful and wise servant, whom his master has set over his household, to give them their food at the proper time? ⁴⁶Blessed is that servant whom his master when he comes will find so doing.

⁴⁷Truly, I say to you, he will set him over all his possessions. (Matthew 24:42-47)

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1. The Holy Bible
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3. The Message (volume 1 and 2)
4. Commitment to a Christian Renewal by R.A.Houserman
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The Way to Life & Light

He who infuses

the thrill of animation,

Extension and augmentation the

hankering of life with

an easy flow

that attracts the heart

of deteriorating being,

and can see

the way of fulfilment thereof

is the Ideal-

The way of sufferers

to life and light!

-Sree Sree Thakur (The Message, Vol-I, P-71)

Truth in Two Words

Kerry Brace
PA, USA

Once when Sree Sree Thakur Anukulchandra was asked to express His teaching as briefly as possible, he answered in two words: “Be concentric.” The Webster definition of concentric is “having a common center” and the Latin root means “with center”. The answer does not specify on what or whom to center: but if one were to ask what the center of everything is, the answer would likely be the one Source that everything has in common. In the human realm there is a choice of possible centers on which to base one’s way of living. I think that the crucial point of the Lord’s answer is that this choice mainly determines how life will be for the individual and the collective.

Many people make an addictive substance or activity the center of life, with extremely painful consequences for self and others. Many people make spouse or family the most important factor of life and find their meaning in that. The centering that Sree Sree Thakur recommends throughout His teachings is on the Living Ideal, the Purushottam or Supremely Fulfilling Person.

What would it mean to make life concentric to Him? As I see it this involves conditions that most of us only hope to approach to some degree: 1) to let Him be the focal point of all experiences and activities, felt as present within them, appreciated as one with their common Source, loved both in Him and appreciated in everything. 2) So

far as activity is purposeful, to let the purpose be somehow to serve him. This can be directly, as in material offering to Him, or in doing something to enhance any being’s life or alleviate any being’s sufferings, because He lives in all. We may recall how welts appeared on His body when He saw a horse whipped. Another illustrative instance: a person at one side told Him of a happy circumstance: a person on the other side told Him of something painful. An observer who could see both sides of His face noticed that it was divided into opposite emotional expression, one side joyful and the other in anguish. Such examples of the Lord’s compassionate identification with others of course could be multiplied. So it is clear that in doing for any being, we can be doing for the Ideal, the person who is identified with the life force common to all. As Jesus said, *“In as much as you have done it is to the least of these, you have done it to me.”*

The essential practices taught by Sree Sree Thakur provide the way to grow in Centering. Istabhrrity: beginning each day with an offering to Him is an action through which we give ourselves the message that He is the most important to us. Jaajen: doing something specifically for uplifting the existence of others or another, for His sake, allows us to feel our actions are meaningful for what is most important to us. Especially communicating about Him to others seems to deepen or strengthen our own ability to recognize His place within ourselves. Jajen: self-development for His sake. The practice of meditation with the Holy Name allows us to open ourselves to the sense of His presence within and

without. With the possibility of the continual remembrance of the Name comes the possibility that any and every moment of our existence can be connected to Him or include awareness of Him, because He is one with the Name at the spiritual level of existence (Naam, Naami, Abhed).

There are probably as many ways and degrees of centering as there are people. In our Pradhan Acharrya we have the exemplar of perfect mastery in doing so. It is probably beyond us to fully understand the ways in which this centering benefits us. Some of the ways may be:

- 1) Without the center our various passions and desires pull in different directions and often undermine or thwart one another, but with this center they support one another for growth in truth.
- 2) There is an opportunity to experience life with its divine essence that opens through centering on one who is identified with the life force. On the other hand, with some other center, this opportunity would be missed. Someone may become a millionaire by making money his center, but as Jesus put it *“what does it profit to gain the world and lose one’s soul?”*
- 3) Because the one on whom we center is one with the Source as well as the manifestation, the Being and Becoming, we can access a state of peacefulness even in the midst of anxiety-ridden conditions of the world.
- 4) Because the one on whom we center is identified with the unimaginable power that manifests the universe, there is an infusion of energy in the opening of

consciousness to Him, which can be healing or otherwise very good for life.

For one example, I heard a story from Late David Lichtgarn, about a devotee, Boikuntha Singh, whom I was privileged to meet at Deoghar Ashram many years ago. In his earlier life Sree Singh had some serious illness as a result of which he was paralyzed. Once when he was in Sree Sree Thakur's presence he heard the Lord speaking with a man who worked as an engineer or some similar profession. The Lord said something to this effect: "What

happens to a small piece of metal when it is welded to a big one? It goes where the big one goes. Get yourself welded!" On hearing this, Sree Singh had some feeling or experience such that he realized that his paralysis was cured. However, he did not demonstrate this at that moment, but had himself carried out. (My guess is that because of his attunement, he knew that the Lord would prefer this.) Thereafter he was able to walk.

5) In so far as one could make the Ideal more important than oneself, one would be freed of the distortion

of perception and understanding that happens because of ego or selfish interest. This would allow one to blunder less.

With all the knowledge and various versions of wisdom available to us and the rest of the humanity, with exponential multiplication of choices and diversions of the present-day world, how very helpful it is to have a clear focus on what is the most important for life and growth. Being directed to the highest center is a gift worthy of highest gratitude.

Way To Freedom

*Do thou surrender
to thy Love-Lord
in all respects,
that is the only way
to dwell in freedom;
otherwise, thou shalt be
a mere plaything
of every wave
of thy passionate go
with an egoistic boastfulness
of false filthy independence.*

-Sree Sree Thakur (The Message, Vol-IV)

This World

Late David Litchgarn
CT, USA

Below you will find an exchange of emails between David and our Dutch friends Ina and Leo Frantzen who were first introduced to us by their Ritwik whom we met in Deoghar, India. He gave us their address and told us he had initiated them with Sree Sree Thakur's Holy Name in Nepal where they were traveling. We contacted them and by Thakur's Grace, though never having met this lovely couple in person, a lively correspondence ensued over time.

Ina and Leo emailed the following to my late husband David Lichtgarn in April 2004:

Dear Dave,

We read so many violent things in the newspapers. Watching TV we saw so many violent things, e. g. Iraq, Israel and so forth. You must have seen them as well. Can this world be changed for the better? Do reformers have the answer?

Look back and see what happened in the past 2000 years.

Jai Guru,

Ina and Leo Frantzen

Here is David's reply.

Dear Ina and Leo,

This world has always been full of wars, pestilence, illness, agonies and so on. It is a great big beautiful mess. The answers lies WITHIN. If every single person on the planet would

take care of his inner chaos and transform that into the Cosmos that it is meant to be the whole world would reflect that Cosmic Transformation.

The old Jackie Gleason (American comedian) line holds true: *"Don't try to fight the world. It's bigger than both of us."*

There is a heaven and haven and resting place and igniting place and source of wisdom and inspiration and hope and liberation within. The Prophets all say the same thing that the kingdom of heaven is WITHIN. When and as we adjust ourselves within we have the badge of authority to make significant changes on the outside.

Sree Ramakrishna told a tale at the turn of the century, when the British were the authorities in India. Some local people were disgusted and offended by certain people defecating on the bank of the pond where everyone bathed. No matter how much they protested to the ill-doers no change was made. In desperation they went to the British authorities with their concerns. The British authority put up a sign "Under penalty of the law create no nuisance!" Immediately the problem was corrected. So Ramakrishna says we need *"the badge of authority."*

Thakur spoke of pauper reformism—in which we all adjust our thoughts, words and behavior in a manner that is for our existence, along with our environment and become supremely attached to the Totally Realized Godman of the Present—i.e. Thakur.

My personal experience is this—that there is great joy and perfection, bliss and fulfillment and meaning in

all good things within, that is awakened by doing as Thakur says to do, and is especially encoded in deep long sessions of meditation (whether at the time I feel anything or not, but just keep at it long and regularly over long periods of time.) If I am happy and fulfilled I also to that degree influence and effect the environment in a positive uplifting manner, yielding hope, faith, encouragement, optimism and bliss to all I come in contact with. The world is drifting toward perfection and as Sree Sree Borda (Thakur's eldest son and late leader of Satsang) has said: *"Everyone is drifting toward perfection."*

In the depths of meditation time stands still, the inner reality opens up and enlightenment comes. Thakur is not for withdrawal or non-involvement or turning off. But it seems that He wants an integral approach of self, Ideal and environment that at once uplifts me and those around me and is pulled and moving upward to the Divine. Thus, there is Divine Guidance and intervention that makes a bridge from the earthly realm to the spiritual realm. Thakur said we are to spiritualize the material world. In the sense that I am talking of, if this happens and I am happy, my environment is happy, and the Lord is happy.

Pray you are both well and enjoying the splendid beauty the Lord has bestowed on this planet and this wonderfully miraculous human body, brain, spirit and mind that we all have.

Yours in Him,

David

Sree Sree Thakur Anukulchandra and the Beginning of His Satsang

Prasna Santa Ray
London, UK

Sree Sree Thakur Anukulchandra (Thakur) was an individual like any of us. But the peculiarity of the man was that nothing was abnormal about him. He was rather abnormally normal or gorgeously simple in his daily life. He enchanted all men by the magnetic pull of His love and touched the very narrow of each individual and made him feel a new rejuvenation of life with a new meaning of phenomena.

Devotees gather under Sree Sree Thakur's Satsang for one underlying reason; to pursue one mission; to achieve one goal: we want to live and we want to grow. This is a value all are inspired by; this is a value all stand by. In the troublesome times of today one wonders how this pursuit can be anything more than a dream. And yet like a ray of heavenly light Thakur made this dream real.

How? Thakur loved Mankind. He stopped at nothing for the good of everyone, whether man or woman, young or old, whatever nationality or race, whatever religion, Thakur attended everyone. He loved people. People felt His Love. They found in Thakur a man whose greatness lay in His heart.

From His great love came His great service with the least concern for His own convenience. When He was a student of medicine in Kolkata He

couldn't afford a proper room and had to sleep in a dusty and dirty room where coal was kept. Despite His own dire circumstances, He didn't try to alleviate His own suffering, rather He directed His energies toward removing that of others: during the day He would attend His course and, in the evening, practise medicine for the poor and needy. He didn't sit idly in a practice and wait for patients to call in. He actively visited people's homes searching for patients to treat.

Unlike the support structure of the National Health Service enjoyed in the UK, health treatment is very much a luxury; it is not cheap. Thakur could have earned a tidy income to support himself, but He chose to serve people at no charge: His priority was other people's well-being – because to Him they were His own. People were so charmed with His sincere service and how effective His treatment was, they quickly became attached to Him. This was so wherever He went; throughout His life He would serve, revitalize and uplift, so that people could live a wholesome life. In doing so Thakur managed to flip any bad situation into something beneficial.

The area where Thakur grew up was completely lawless. Once in Thakur's early days Thakur quite suddenly approached and sat down amongst a gang of outlaws who were gathered in the forest, much to their shock. The alarmed criminals sent out scouts to check whether Thakur was alone. There was a tense silence amongst them, uncertain as to Thakur's intentions... but then Thakur started to sing devotional songs softly to Himself. As He did

the gang members one by one started to join Him and hum along, until finally breaking out into singing themselves.

Whereas the night started out with evil intent Thakur turned it 180 degrees and it became a gathering of elated thoughts and merriment. It did not stop with that one night; He went night after night. As word spread around the locality more and more people were enthused to join in.

Thakur's perseverance to elevate the people around Him to a higher mode of living transformed the once lawless locality, stricken with fear and isolation into an all progressive community.

It's anecdotes like these that begin to explain why people made Thakur the centre of their lives. In finding such a Boon to Existence, people couldn't but gather around Him. With each individual's interest at heart Thakur sought out the unique qualities and likings of the persons around Him and set them in motion accordingly. Agriculture; light and heavy industries; educational institutions from primary school through to university; research laboratories all took shape in what was once a simple village in a remote part of India (now in Bangladesh).

News naturally traveled of this remarkable growth. People saw in Him a route to progress. People flocked from far and wide to ask all manner of questions and tap into His experience and wisdom. As the number of men determined to follow him with head and heart till the end of their lives increased

rapidly around him, an organization came into being spontaneously. He did not formally establish or lay the foundation of Satsang ceremoniously. Satsang evolved normally, naturally, spontaneously round the loving personality of Thakur.

This was the beginning of Thakur's Satsang – a retreat where Man can revitalize to tackle the challenges of life; a place where Man can refocus their energies to stride forward towards achievement with an ever-quickenning pace.

Thakur demonstrated a unified society whose activity is fueled by sincere interest in the needs of others. Thakur was the spark that ignited a successful drive to live and grow. Thakur is the gentle flame whose light illumines the way, and in whose warmth, we move.

Remember and Go

*Think not weak,
Think not depressed, -
Ye hopelessly immobile;
Remember the best creation of His stock
Which you live in!
Shout,
Cheer up,
Be sure and brave; -
Hold His banner of love,
Behold Him in His creation;
go-
and this go
is only to serve,
to kneel
and to pray!*

-Sree Sree Thakur (The Message, Volume-I)

Habits, Traits, And Instincts

Richi Prosad Mistry
IN, USA

Most of us have heard from our family physician, “oh, one of your parents have this disease, you are probably going to have it.” Often time hearing that we become sad. Why do we have to suffer from something that our parents got it either by inheriting or by having inflicted by it? Why it gets passed onto us even if they have not inherited it? Have we ever asked that question? We accept it as fate. Obviously, that is called heredity -- genetically transmitted to the offspring.

What if I acquire something bad by my own action? Why do my offspring have to suffer from what I have acquired by my mistake or misdeeds? Why will they have to bear the curse that I am guilty of acquiring? These are all questions; we do not seek for answer anymore. We take their answers as granted and obvious. Those who are in medical science they will say, ‘every one of us has two copies of most genes- one copy from our mother and one copy from our father. Sometimes, it only takes one altered copy of gene to cause a disease. There are many different ways to inherit different traits etc.

We will leave the topic of breaking open from these curses for another day. Why can’t we acquire good traits and pass them onto the offspring genetically? Why can’t we hear more often, “oh, one of your parents must have this good trait? - whether that good trait is related to health, mannerism, ethical or

anything that can be inborn or can be inherited.”

People often say that we are creatures of habit. That’s right- we often do like to do things that are formed as habit. The good deeds are the ones that nurture our existence and growth. These good deeds help our ‘being and becoming’, hence the good deeds are virtue. The words, behavior and deeds that support our existence and growth are the ones to be formed habit of doing. If good habits are formed, over a long period, we can acquire good traits and that will be reflected in our existential deeds. To form habits is the goal of all training. Sree Sree Thakur shed light on how it works:

**“Habit intrudes upon
muscular consciousness
through conscientious
contact.”**

- The Message, Vol. VIII

Repeated doing of something forms the habit. Habits can be formed at any age of human life span, though it becomes increasingly difficult as we get older. At early age, learning new things and getting trained to form habits are easier. Existential words, behaviors and deeds, if practiced at early age could become part of the habit and in turn those could lead us to life and growth as we are creatures of habit.

Sree Sree Thakur mentioned that habit is the royal road to acquisition:

**“Habit instigates one
to have observation
to discern;
this is the royal road
to acquisition.”**

- The Message, Vol VIII

If habits are formed at early age, especially before marriage and before having children and there is an increasing chance of passing that habit to the offspring, initially may not be genetically but may be by training to form habit. If followed few generations these traits could become instinct. If existential words, behavior and deeds in other words Dharma becomes instinct, then the being and becoming could find its way in easily. Instincts are the habitual traits that transfer genetically. Sree Sree Thakur defines INSTINCT as:

**“Acquisition that is
biologically materialized
and sprouts accordingly
is instinct.”**

- The Message, Vol IX

Sree Sree Thakur emphasized on early childhood education by parents, by being example and giving them hands on training to form habits of existential words, behaviors and deeds. Thakur’s emphasis on “Initiation to the Holy name” at the age of 12 and continue to train and form habits under the guidance of a Living Ideal or Acharya. In few generations of habit formation, these existential urges could become traits of different existential instinct.

Woman: According to the Vision of Sree Sree Thakur Anukulchandra

Madhusmita Swain
NC, USA

Human beings are the greatest creation of the Creator, God. There are two images. One is man and the other is woman. God has given the opportunity to woman to give birth to a child, a new life. It depends on the woman what kind of a child she wants to give birth to i.e. a good child or a bad one. If she follows the Ideal (The Supreme Father) and is consistent in her basic characteristics, she can surely give birth to a good and ideal child.

Sree Sree Thakur said — *“Woman gives birth and takes care of us from childhood until we become self-sufficient. That's why a woman is called MOTHER. The purity of society depends on her purity.”*

A woman has to perform different roles in her whole life – daughter, sister, wife and mother. She is lovable as a daughter, adorable as a sister, affectionate as a wife and gives life as a mother. So her thoughts, words, behavior, education, dress and fashion etc. are so important for the society as well as for the nation from her childhood to motherhood. I am narrating the characteristics of an ideal woman as I understand according to Sree Sree Thakur.

Attachment with Father: Generally, daughters are more attached to their father. This internal love towards father slowly grows and, in the future, it helps her to be more attached to her husband and to remain centered on the Ideal,

bringing about growth of concentration and personality. Due to the attachment and respect for father, she can understand the usefulness and problems of family life. It helps her what to do and how to do things in married life. She will not face more difficulties in her married life. Sree Sree Thakur has said in Women's Code, *“For unmarried girls it is very good to be attached to their fathers, to serve him, to be in his company and to talk things over with him. This is the staircase of elevation first and firm.”*

Dress, Fashion and Behavior: When the female claims the qualities of a male, she neglects her own nature and imitates a man's gestures and postures and then claims them as her own. Gradually she loses affection, love and humbleness from her character. Her service, thoughts, style, dress, and accoutrements will not create nobility, sanctity and respect in the mind of the man.

The method of education should be such that women become grownup in their instincts, eager for improvement and uninhibited. Then only that education can make life and society successful in self-preservation, self-protection, and progress.

It is better for the woman not to go to see any festival, party and function alone until she feels herself equipped as Sree Sree Thakur has said, *“In playing a game, taking part in a musical performance, or attending any function, it is best to be accompanied by your father, or a superior male of his status, or a fit brother-- either older or younger than you. By this there is less possibility of a maiden's falling into danger. If possible, move in this way until you feel yourself equipped in such a way that every man will lower his head in awe at you.”*

If anyone other than your mother, father, husband, mother-in-law, father-in-law, Ideal, superiors or your own brothers and sisters, wants to give you any kind of gift or reward out of love, never accept it, even on extreme request. If it must be accepted, take the requester's presentation through the hands of your father, husband, or father-in-law; because through this present many evil thoughts may touch you; as a result, what you never thought of may come to pass, perhaps without even a little delay, --be careful.”

As a Wife: Marriage fulfills two main desires: 1) Evolution 2) Good progeny. A wrong marriage puts a blight on both. So, don't take marriage as a game. Be the wife of that man who is superior to you in all respects (lineage, varna, family, education and culture), in such a way that he will not fall at all from being, becoming and glory. After marriage the daughter or sister becomes a wife. This is just like a new birth for her. Sree Sree Thakur said that the in-law's house is just like a university for her. What she learns, she has to perform there as a wife / daughter-in-law etc. Sree Sree Thakur has said, *“The wife, who is easily pleased and contented with her husband in every way and at the same time keeps him happy too with her service, care and love, being thus enlivened, is blessed with health and happiness and is the real or ideal wife.”*

Stand behind your husband with unrepelling adherence to the Ideal, inspiration, active urge, and exalting word. Then depression will not threaten either one of you. Be attentive towards your husband so that he can remain healthy, satisfied and nourished with inspiration through you, but not stupefied by you or absorbed in you. Let not your pleasure and nourishment become his aim. Rather, by your inspiration let him become tremendous for the Ideal and able to stay well engaged in service to the world and install

this in your heart as your satisfaction.

There is no doubt that by pleasing, gladdening and glorious worship to Ideal you both will be majestic and happy. According to Sree Sree Thakur the woman who is inspired with the Ideal, talented in service, tactful in action, sweetness and sympathy in speech, possesses exalting behavior and is considered as Lakshmi Bohu.

When you serve your husband, in-laws, your family and neighbors with your words, behavior and sympathy and help as much as practicable in an uncontentious way, then only your reputation as a —Lakshmi(**the Goddess of fortune**) will be adorned with renown. At that time only, the woman can possess her eight basic characteristics consisting of: Adherence, Dharma (Religious), Service, Nurture, Help, Preservation, Inspiration and Reproduction. Then only is she worthy to be called a woman.

Woman carries the offspring of the family and gives birth to a child. So, her love, respect for her husband and in-laws reflects in the character of the child. The members of the in-law's family, mostly mother-in law, love her and correct her mistakes and inspire her as a daughter and make her happy. Then she becomes more and more attached to her in – law's family. In this way she treats them as her own family members and the in-law's house becomes the temple and the members of the family become like gods and goddesses.

Mother: A woman gives birth and helps the growth of the child; hence, she is mother. The nation's purity depends on a mother's purity. From fallen woman a baffled child takes birth. To become a good mother,

you have to follow all the basic eight characteristics until they are part of your character. When your adherence, love, feeling and devotion, being delighted, make your husband aglow with existence-exalting nature and health and make him inclined to you, that is the real sign that you will become the mother of an honest, healthy, and a bright child. There is no doubt that this is the best gift to the family and to the nation.

If you want to make your child a good person adjusts his or her defects to a useful form. The education of the child depends on mother's understanding, words, movement, character and skill. To the extent that these are developed in the mother they are effective in the child. According to Sree Sree Thakur, *“Try to have the child's perceptions at your fingertips. Don't chastise for nothing; rather try to awaken his perceptions. Then the child will find the way to extend his or her knowledge and be free to grow. If there is no way other than to chastise, do it at such a time when that is the only way to bring adjustment.”*

Foundation of Education: According to Sree Sree Thakur, the actual university of a woman is her in-law's house. The real education is to keep your individual distinctiveness intact, and have knowledge about Dharma, Ideal, superior marriage, chastity, duty towards your husband and in-laws, service, needs of good progeny, how to keep the family at peace, recognize worthiness to be a husband, bring up children, in what manner children should be educated so that their future lives be of shining glory, what the rules of saving are and how to increase them without causing troubles to others.

Development of Woman: We generally understand the progress of a woman consists of higher

qualifications, her personal and social reputation. So, if she becomes a doctor or engineer or scientist etc., then all think that she is actually developed. According to Sree Sree Thakur the actual development of women is only worthy when she respects her husband, in-laws, serves and nurtures them at the time of need, becomes the mother of an ideal child, motivates her husband towards life and growth, and makes her family happy and healthy. Then every family member prays on his/her deathbed, “Lord, please let me stay in this heaven-like home”. Only then the woman's development and progress become truly successful and meaningful for her and for the humanity.

Necessity of a Living Ideal in Youth's Life

Suman Sundar Dey, India

According to the National Academies Press(USA), youth analysts are increasingly speaking of a new phase in the life course between adolescence and adulthood, an elongated phase of semi autonomy, variously called post-adolescence, youth, or emerging adulthood (Arnett). During this time, young people are relatively free from adult responsibilities and able to explore diverse career and life options. At the same time, given the wide variety of perceived and actual options available to them, the transition to adulthood has become increasingly “de-structured”and “individualized” (Shanahan).

One of the leading magazines, India Today, says that *“Displaying conservative attitude amid economic liberalization, the present generation of youth is in every sense a paradoxical one. Better educated, with greater spending power and technically savvy, the urban young have an enormous role to play in shaping the India of the future, but they are just not sure how to go about doing that. Globalization and liberalization, they assume, has created a generation of clones who worship at the nearest gym instead of the nearest temple, are into the latest fads, whether diet, gadgets, sexual attitudes or fashion and basically dance to the same beat.”*

Now, if we look at the cultural aspects of the youth (like the fashion, lifestyle and other choices) in the form of events, we can understand why it's just okay and reasonable in the age of globalization and liberalization.

But the problem lies somewhere else. NAP (USA) and India today are two different agencies located in US

and India respectively, but have come up with same problems being faced by Youth, de-structured and aimless life!

The solution, however, to this problem is not as simple because of the existence of a broad range of variations in beliefs and lifestyles they adopt or simply because of the existence of subcultures in the youth culture as can be witnessed from the quote from Wikipedia which states that *“Within youth culture, there are many distinct and constantly changing youth subcultures. These subculture norms, values, behaviors, and styles vary widely, and may differ from the general youth culture”*. Although there are discrepancies, still no problem in nature has occurred without a solution.

Man is considered the most perfect creature existing on earth due to its capacity to think, to transform things and hunger for constant evolution. This adventurous nature of man has given it success in some cases, but also has put it into situations with extreme complications which are beyond its perception.

When the world runs into degeneration, when the existence of man is at stake, there is injustice and destruction all around, the Prophet of Time comes down to exalt our being and shows us the path to reconstruction and re-establishment of society and peace. He is born like a simple man, but soon the whole world realizes His identity. Yuga Purushottam (Prophet of Time) Sree Sree Thakur Anukulchandra, lovingly known as Sree Sree Thakur, came down to this earthly system in His physical frame in the year 1888. Since childhood, Thakur was seen to possess immense love for mankind and every creature that exists in the lap of mother nature. Sree Sree Thakur, through His lifestyle and His principles, has transformed

many simple men into individuals of great value just by the virtue of their karma in accordance with His principles. Love Incarnate Sree Sree Thakur could turn assassins into men of bliss not by some magic or miracle, but by His love. Sree Sree Thakur has said *“Hate the sin, not the sinner”*.

De-structured life, individualized, aimless life, all these conclusions are simply an exhibition of improper thoughts and inadequate yield of thoughts that are more encouraging to life, the thoughts that help one define and successfully create one's life as per their in-built traits. There is a proverb- Our thoughts make us what we are. That, what is a kind of the missing X factor in the life of majority of the youth is the yield of proper thoughts. The thoughts that are a necessity of both mind and life. However, the thoughts are certainly not spontaneous, they come up as a result of our activities and practices. The things we do, the things we love to do, all these lay a great impact on how we think and our actions accordingly. To be more precise, our thoughts create our fate! That's why Sree Sree Thakur has said -

“Effect of move and activities, transforming themselves in their transits and eventually reverting on one's own self from beyond the range of one's knowledge, is Fate! -

The way we cannot penetrate a target unless we aim at it, the same way, we can't have structured life without guided thoughts. To guide our thoughts, we need to follow a Living Ideal or Prophet of Time who stands firm as the center of our life. Sree Sree Thakur has said-

“Prophet of time is the enlivening emblem of the past and fulfilment thereof.”

To make the concept of living Ideal a bit clear in simple words, there’s a small excerpt from Rev. Titi Di’s article, The Mission of Life – *“The human mind is not concentric. We live in different worlds in different times. To us, there are so many worlds, the Muslim’s world, the Hindu’s world, the Christian’s world, the businessman’s world and so on. To a child, a world of playmates and toys is so true, but to a grown up, it is but useless. We have taught us to live in so many different worlds in different times that we have lost the center, the unity in all these. This can be achieved by surrendering to the Ideal, to an Ideally centered person. He is the living Ideal, the Prophet!”*

Sree Sree Thakur has said-

**“He
who comes down
with the lucid and distinctive
characteristic of providence
for the age
to impart them
to the world
is in short,
a man
the Prophet,
we may also call Him
the “son of man.”**

So, in words of Sree Sree Thakur, any Tom, Dick and Harry cannot become the nucleus, the center, the axis. That man must be a solved and integrated man. If our character is not built firmly under the guidance of a Living Ideal, then our being will surely get colored under the influence of different impulses and result is split personality. If a man has a Living Ideal in life, the negative impulses can’t make it fall a prey. Even if it falls, due to his ardent love and attachment towards his Ideal, he is bound to rise back to life and light!

The way in the darkness, the light from the torch we are holding, shows us the way, the path, in a similar way, we also need to adopt a Living Ideal to show us the way that is very specific to every individual as it is needless to mention that every individual is born under very specific conditions of life, which is very specific to them only!

For the life to grow under the optimum nurturing assets that the nature has bestowed upon man, one must accept them to their best capability. Man is born with infinite possibilities in life. What we do only decides what we become, and we do what we think. Doing doesn’t only mean pursuing academic goals, rather a much bigger aspect that encircles every other thing, including education, that defines us. For this all-round development, we need our Ideal to guide us and make us practically capable of choosing the right things. Sree Sree Thakur has predominantly focused on three major principles to achieve this, Jajan, Jaajan & Ishtabharity. Jajan is to fill one’s own reservoir of knowledge about the Ishta (The Ideal) and thus remain un-deviated from his path and to constantly remind & remember one’s identity in this world and relation to the Supreme Father through one’s Ideal. Jaajan is preaching and propagating the message of the Ishta (Epitome of Bliss) and making others charmed and attached to the Living Ideal. Ishtabharity can be best understood in His own words - *“Psychical urge that tends the functional tendrils of physique along-to earn and achieve more for the Beloved with adjustment of psycho physical concentration- making the reservoir of strength urge unceasingly within that effulges in dire need-is the specific specialization of gratuitous offer to the Beloved every day, and that is the clue that enables one to enrich intuitive function that makes one auto-active and that is the*

Samarthi-Yoga induced by Istabharity”. (The Message Vol-IX).

Thus, we see how Jajan, Jaajan & Ishtabharity act as the three sides of a triangle and encloses our life and protects.

Neuroscience says when two people walk together, they, by virtue of their learnt reflexes, walk at the same pace and foot stepping. Biology says every individual has a particular speed of walking. If we walk faster or slower, we get tired sooner than we do at our own speed. Logic says if you are sitting in a car, you are a slave to your driver’s wishes. Even if you are fit and healthy, you may die out of an accident if your driver is unfit for driving. Your life rests in his hands. Our link to the Ideal in our life is exactly the same as the above three facts. Our entire life is a journey along the roads which no one has ever travelled. If we establish our faith in some man or celebrity, our situation will be like the case of drunken driver who is the man himself, a fellow traveler like us and can’t show us our way of life. It is only the Ideal who knows how to drive our life as the roads we are to travel are the ones only we have to travel and no one else can. That’s why He is called Fulfiller the Best. It is only the Living Ideal who knows which pace is best suited by every one of us and He takes us along the same one with our optimum speed so that we succeed. It is our duty to come under the shelter of His. We all are born same, as man, what it differentiates is our thoughts and work. So, let us think propitiously under the guidance of the Supreme Soul in the living form and enjoy the elixir of life.

When God Gets Amazed

Ms. Rimi Mohanty
CA, USA

God is omniscient. If it is asked that what God cannot see, certainly the answer would be He cannot see two things alike in his creation. It means, whatever has been created by God, has its distinctiveness (vaishistya) of its own, which may not have parity with any other, though some resemblances may be there. Unless one is nurtured in accordance with his distinctiveness, the real prosperity in his life cannot come. Poetry cannot be equal to a gun. Therefore, a good poet cannot be a good soldier.

When human effort tries to put everybody in the same footing without looking into the distinctiveness of each individual and tries to put everybody in the same category, God gets amazed at the first instance.

God is one and the only one. He is the stay of Dharma (divine religion). But man has ever attempted to discriminate one creed from the other on the basis of sectarian view of divine religion (dharma- which cannot be more than one) and the people are unreasonably emotional to believe and follow them. God gets amazed there at the second instance.

God is love and love is God. His embodied human form is also the embodiment of love. He is the fulfiller the best and the up- keeper of the distinctive trait in man. It is natural that He is the center of love of each and all. God gets amazed at the third instance when He sees that man out of his passionate craze creates different love centers for satisfaction of his passion.

Sree Sree Thakur Anukulchandra is the fulfiller the best, the embodiment of love in human form. He fulfils in Him all the past prophets. So, it should be natural for everybody to love Him, to follow Him and to materialize Him for attainment of bliss.

To quote Sree Sree Thakur –

*“God gets amazed three times being seeing the distinctive trait of each as unique, when man tries to put all individuals on one footing by discarding that distinctiveness, at that time once, again the stay of dharma (divine religion) is God -one and the only one –by being understanding that when man in the name of religion creates differentiation among creeds, and unreasonably when men accept them by nodding their heads, then He too gets surprised, again One who is the centre of love- Who is the nurturer of all distinctiveness of man and fulfiller the bestmen ,not by being love- bonded with Him, and likewise do not control themselves for the satisfaction of selfish passions and want to be happy of making business of love –moving from one centre to the other-He also takes aback by that; God is one and only one-that is in everything of the creations, God is the stay of Dharma, Fulfillers the Best is the abode of Dharma, Love becomes meaningful in unicentric love-leaning with God, God is the all meaningful-fulfilling centre”. -
Bande Prushottamam!*

*“Being is instinct with existence, consciousness and blissful becoming.
This is spontaneously resisting evil, which is unfavorable to existence.
What is nurturing to existence, consciousness and blissful becoming is Dharma.
Dharma is embodied in living ideal
Initiation by the living ideal (attachment to living idea) beget adherence.
Adherence brings adjustment of complexes
Adjustment of complexes invites uphold of existence.
Uphold of existence brings compassionate sympathy.
Compassionate sympathy gives birth to integration.
Integration welcomes power.
Power invokes harmonious total growth.
And that uphold of existence gives rise to deep concentration.
From Deep concentration comes ...
The great awakening of supreme consciousness”
-Sree Sree Thakur*

Reaffirmation of Faith

Dr. Sambita Basu
OH, USA

In the dead heat of Deoghar in July of 2011, for the sixth day in a row, I was sitting for darshan with Sree Sree Dada (The Living Ideal of Satsang, whom I call Jethu) with the hopes that He would address me. He had already seen and spoken to my sisters several times, and I was, to be honest, rather jealous of the interaction they were so lucky to have received, an interaction that was yet to be my privilege. I waited anxiously and searched my mind to determine whether I had said or done anything to offend Him, even outside of his presence--- I am a firm believer in his omniscient powers. The visitors from London, lovely as they are, incited more jealousy from me, as they were warmly welcomed by Jethu upon arrival. As they spoke beside his bed, I tapped my mother on the shoulder and whispered, "Why won't He talk

to me?" It was as if He heard me, although almost fifteen feet away. Suddenly, He looked at me and summoned me by His side. I was shocked. Had He heard me? How did He know? When next to Him, He remarked, "*You have been very quiet.*" I replied that I was not in the habit of speaking so informally to Him, that I must first be spoken to. He then asked, "*You have been sad these past few days, haven't you?*" I looked up at Him and wondered how He could have known.

I was upstairs one evening, sitting in Pujaniya Boro BouRani's room after an argument with my mother. Pujaniya BouRani, often a mediator in the familiar drama that my mother and I seem to always be entangled within, was, per usual, comforting me and scolding my mother. It was upon this scene that Reverend BabaiDa walked that night. In a manner that cannot be described by any term other than organic, He began a conversation with me about making major life decisions in the next few years, be that concerning my career or personal lives. This

summer in Deoghar was very important to me, as I will be unable to return to India for quite a few years, as medical school and subsequent training will keep me very busy in the States. In light of this, and as if He knew that I had several doubts overcasting the sheer excitement of beginning my career, He clearly defined the path that I should take. This guidance was something I did not think I needed previously, would never have asked for, and am eternally grateful and indebted for having received. In many ways, Reverend BabaiDa not only showed me what steps to take, but also that without saying anything, He could acclimate Himself to my frequency and resonate with me on a very personal level. Not only did I see this remarkable ability of His with me, I saw Him treat, for lack of a better word, both of my sisters, as well. We are not lucky enough to receive his time regularly, and I know we each value the tremendously kind and insightful guidance he afforded us this trip to India.

Science and Religion

*"When science embraces religion
with meaning and means keenly,
and fulfils each other with kisses and riches, -
heaven comes down
through the royal road of knowledge
to flourish all – with elixir and bliss!"*
-Sree Sree Thakur

Satsang, The Solution!

Biswajit Gouda
MN, USA

The God, who is in the sky can neither inspire us for the good deeds we do, nor would He prevent us from doing bad deeds. Bernard Shaw, the famous playwright warned to beware of the men whose God is in the sky. For swimming, education, singing, dancing, gymnastics, baseball, rowing and so on we look out for a coach who can train us. Don't we need a coach or guide or teacher who has mastered all the aspects of human life to teach or train us? Imagine having a person in our life who knows the ways of the unknown terrain we are journeying; will that not make our lives easier and faster with less confusions and mistakes along the path. If we have no guide then we may remain as persons with talent, but not that refined to participate in the Olympics of life.

We have a different teacher in different fields of education and they change depending as we upgrade ourselves, similarly is the need according to the current time and social structures of the world a new guide who has lived at the current times and compliments the past prophets teachings to guide us better. Time and again mankind is blessed with such divine personalities to guide the world towards its betterment. Lord Krishna, Lord Jesus, Prophet Mohammad, Lord Buddha and many other were such guides and masters for the world. When these great men come they are never bounded by any religion, country, caste, creed or race. They are here for everyone to relive their pain and suffering.

Since we are humans, we need a living guide to be attached to in our life and that is how we learn since our

childhood from our attachment to our parents and teachers. Love for each other will come naturally from the love towards a common center. Like brothers unite on the birthday of their father or mother forgetting their differences. Under one supreme guide, we all can gather and unite with all our differences.

There are enough evidences to realize what has happened and been happening after the demise of these great men. All the so-called religions formed after them and have been remained now so as to torture each other. The situation of the world is such that one person has the sufficient power to put an end to the whole human race. With so much power we have become more irresponsible and are afraid of other human beings. We have forgotten that we all are humans first and our basic needs are the same, though our way of lifestyle may vary according to a region. This is high time that we go beyond all the differences and understand that we all are one race, the humans. Our ultimate goal and needs are the same as a human being. We are born here to live, grow and let others do so because we all are dependent on each other for food, clothes and lot of other things. We were given the world as home and the sky as roof. We built houses and limit ourselves by getting confined in it. We were given lands to roam but we drew borders. We were given paths to attain the beauty of life according to the age by the great teachers, but we divided ourselves by religion. There is no greater religion or Dharma other than existence. A common platform is needed where we all can unite. A platform beyond religion, a platform beyond countries, a platform beyond all the things that we have created in the world which is dividing us.

Satsang is such a platform under its founder, guide Sree Sree Thakur Anukulchandra. Sree Sree Thakur has

systematized the all-round progression of human beings irrespective of caste, creed, religion, and region with a living guide according to the current time. We may be hearing the word Satsang for long, but the process Sree Sree Thakur has provided to us is unprecedented in the form of *Jajan*, *Jaajan*, *Istavriti*, *Swastayani* and *Sadachar*. Satsang is a superset of the learnings of life. It doesn't ignore any aspect of a human life, may it be spiritual, material, family life or professional. Sree Sree Thakur says a balanced life is a peaceful life. Without food in your stomach and an atmosphere where you would like to live, you cannot meditate. Hence, every aspect of life is of equal importance. Satsang is such a platform where practical execution of *Dharma* happens. Again, *Dharma* according to Sree Sree Thakur is where we live and grow along with our environment. Satsang doesn't believe in any other *Dharma* or 'ism' other than existence-ism.

Satsang provides the soil and environment for a human tree to grow to the fullest of its capabilities in accordance to its inner instincts. The seed generally has no idea about the tree it has kept inside. Satsang helps flourish the seed and the tree by the ideology of Sree Sree Thakur Anukulchandra, fulfiller the best. We all humans are one race, reside in one mother earth and with more intelligence we have been dividing ourselves by caste, creed, country and religion and further. Satsang brings us all together under one banner of Existence-ism, forgetting all -isms. It is a platform where it helps to make you closer to the same God or Ideology you are worshipping. Ultimately, the God is one for all in whatever name we may call it. Like water can be called in different name at different places around the globe, that doesn't mean it is different. Satsang doesn't believe in conversion,

rather it promotes convergence. According to Sree Sree Thakur, *“Conversion ever diverts traditional trail with denial of former Advents- the leading Masters of becoming, but convergence makes all united and inter-interested and makes them keep up the inter-unison of the Prophets according to the ages with progressive run of life creating fellow-feeling from man to man”*.

Sree Sree Thakur and His way of looking at the world and shaping the human beings is based on love and compassion towards the every living and non-living being as we would call. When complaint about a thief came He endowed him with not only compassion but after enquiring about the thief He gave him all that he or his family may need. That was His punishment which made the thief cry out in love and repent. It drove away his theft nature forever. While He was a doctor, just giving the medicine to His patients, He couldn't rest until they are fully cured. Such intense was His love and care that people around the town said that nobody can die under Him. He redefined Love and His life is a demonstration of it. He built schools, mechanical workshops, chemical laboratories, library, and research laboratories etc. with the people around Him to educate everyone in all the fields and make them self-dependent in a small remote village in the then undivided India (now in Bangladesh).

At the age of 58, when people think of retirement, He left everything and moved to Deoghar, India and started everything afresh from nothing. He

fed thousands of people who followed Him to Deoghar and made them efficient so that they become the shelter for others in due time. Each individual can speak of volumes who have come across with Him. Man makes money not the other way around. He says – *“Love is my expenditure and man is my income”*. Sree Sree Thakur has emphasized on family life. He compiled ancient wisdoms according to the current age. He became the prime object of Love for millions of people. He kindly set a procedure on how this demonstration of love can continue after Him for the rest of the world. This is where Acharyadev (Living Ideal) and Satsang comes. He blessed us with continuous Acharya system, an apex spiritual leader under whose guidance the people can easily understand how to observe a blissful life. Acharyadev (Living Ideal) is needed to understand how to lead the life in a better way, and un-doubtedly a faster way to understand one's own life. Because He guides according to the instincts of the person who comes to Him. Everyone is different, and they need to be groomed at their own pace and only a living ideal can do that. That is why He is being termed as fulfiller, the best.

Sree Sree Dada, Acharyadev and spiritual guide of Satsang is the living embodiment of Sree Sree Thakur. If one needs to understand Sree Sree Thakur at this time, Acharyadev (Living Ideal) is the way.

When I meet with Acharyadev Sree Sree Dada and Reverend Babaidada

and listen to them I realize how much jargon I have gathered by just reading the books. With their blessings and guidance, we learn how to practically put Sree Sree Thakur's sayings into our character and work. Putting us into different scenarios in life Sree Sree Dada has been refining our concepts about life. And that is the true following of Sree Sree Thakur and becoming what He wanted us to become. I cannot express my feelings in writing on how it is to know someone who knows you better than yourself and is there for you to guide along the way. This guidance leads the path for us to freedom, peace, being and becoming along with the environment.

Lord Krishna said, leave everything and come to me and I'll give you freedom in its true form. When Jesus Christ came He said, *“I'm the path and none can come to the father but through me”*. Also, He further said *“I and my father are one”*. Every time when prophets of the age come, they speak in the similar tone.

“Take to the feet of a true Master, go on taking the Holy Name, and remain in the company of the devout. Truly I say, you have no more to worry for your elevation”

-Sree Sree Thakur

Time has come. No more to be identified by any religion, country, cast and creed. But under the name of the Supreme Father, let the world brotherhood blossom in the lap of time.

Socio-Communitic Democratic Congress

“When every individual with his community for the common interest to uphold the mission of life and growth with every free access, enters in a common platform conjointly to serve one another to hasten prosperity and welfare of every socio-individual truly, it may be called a blessed Socio-communitic Democratic Congress”

কিছু কথা, কিছু স্মৃতি

আশিস বসু, জর্জিয়া

একবার কোনও একটা বিশেষ কাজে আমি ধানবাদে Indian School of Minness এ গিয়েছিলাম। সেখানে কাজ সেরে রাতের বাসে সোজা দেওঘর। দেওঘর বাসের গুমটি থেকে একটা রিকসা করে আশ্রমে এসেছি সকাল সকাল। পরমপূজ্যপাদ শ্রীশ্রীবড়দা আশ্রমে বড়নাট মন্ডপে বসে আছেন। ঠাকুর প্রণাম, বড়মা প্রণাম সেরে বড়নাট মন্ডপে যেতেই শ্রীশ্রীবড়দার সেই মোহন রূপ দেখে আমার সমস্ত পথশান্তিঘুচে গেলো। তিনি সেখানে ভক্তপরিবেষ্টিত হয়ে বসে আছেন। মানুষকে আনন্দ, শান্তি, স্বস্তি এবং সমৃদ্ধির পথ দেখাচ্ছেন। প্রত্যেকের চোখে মুখে এক স্বর্গীয় আনন্দের অভিব্যক্তি।

শ্রীশ্রীবড়দার সেই রক্তকমলশোভিত শ্রীপাদপদ্মে আভূমি প্রণাম জানালাম। এখানে বসতেই আমার শরীর, মন, আত্মা সব কিছু যেন পরিতৃপ্তি হয়ে উঠলো। একটু পরে শ্রীশ্রীবড়দার নির্দেশে শ্রদ্ধেয় ননীগোপাল চক্রবর্তীদা কীর্তন শোনাতে উঠলেন। হরি বলো ঘুচে যাবে দায়, হরিনাম পারেরই উপায়- এ দ্যাখ দয়াল কাভারী হরি, পারের তরী বেয়ে যায়। শ্রীশ্রীবড়দার চোখে নেমে এলো ভক্তিরসআপ্ত অনন্ত অশ্রুধারা। সে পরিবেশ ব্যাখ্যা করার মত যোগ্যতা আমার মত নগণ্য মানুষের পক্ষে সম্ভব নয়। তিনি প্রত্যেকটি মানুষকে দয়া করে টেনে নিয়ে চললেন এক অনির্বচনীয় ভাবরাজ্যে। উপস্থিত সব মানুষ ধন্য হলেন শ্রীশ্রীবড়দার প্রেমের পরশে। ধন্য হলাম আমি তাঁকে এভাবে পেয়ে। এই প্রথমবার আমি তাঁকে এতক্ষণ দর্শন করতে পাই। বোধ করি আমার জীবনে সেই দিনটি ছিল অন্যতম সৌভাগ্যসূচক। কিভাবে, কখন যেন ঠাকুর তাঁর আদরের

বড়খোকার মাধ্যমে সেই অদ্ভুত আনন্দের জগতে আমায় স্থান দিলেন। পরবর্তীকালে পরমপূজ্যপাদ শ্রীশ্রীদাদা, পরমপূজ্যনীয়া বড়বৌদি আমায় স্নেহে দয়া করে আশ্রয় দান করেন।

তাঁদের কাছে খালি আশ্রয়ই পাইনি, পেয়েছি প্রশ্রয়ও। দিনের পর দিন, মাসের পর মাস আশ্রমে থাকা, খাওয়া, আহা- নিন্দা-বাসস্থান এ সব কিছুই তিনি ব্যবস্থা করে দিয়েছেন। অবশ্য বস্তুত এ ব্যবস্থা তিনি প্রদান করেছেন আমার সমগ্র জীবন ধরেই। USA তে যারা professional consulting করে, তাদের মাঝে মাঝে কাজ চলে যায়। আমারও যেতো। সেই সব দিনগুলো আমার বা আমাদের জীবনে কখনো ভয়ঙ্কর হয়ে ওঠেনি পরমপূজ্যপাদ শ্রীশ্রীদাদার প্রত্যক্ষ দয়ায়। যখনই depression আসতো, depression তাড়বার মহৌষধ তিনি আমায় দয়া করে দিয়ে দিয়েছেন। তাই ব্যবহার করতাম। তিনি আমার কাছে অনেক কিছু expect করেছিলেন। তার হয়তো কিছুই আমি হতে পারিনি। কিন্তু আমাকে তিনি যেমন ভাবে সদাসর্বদা বাচিয়ে রেখেছেন, দুনিয়ার বুকে তার কোনও তুলনা নাই। পরমপূজ্যপাদ শ্রীশ্রীদাদার অজস্র প্রবহমান দয়া ব্যাভীত আমার ব্যষ্টিগত, সমষ্টিগত, আধ্যাত্মিক, পারিবারিক, ব্যবহারিক, প্রভৃতি জীবন কিছুতেই সমৃদ্ধ হতে পারতনা। কোল্লগরের ঋত্বিকদেবতা শ্রীযুত গোপীবল্লভ সাহাদার পিতৃপ্রতিম স্নেহে আমি লালিত হওয়ার সুযোগ পেয়েছিলাম। তাঁর সাথে গেছি গ্রামে- গঞ্জে-মহকুমায়-শহরতলীতে কতশত সংসঙ্গে। তিনি সমগ্র হুগলী জেলাটি চষে বেড়াতেন। আমার জীবন পেল এক নতুন স্বাদ। আমি তাঁর নিত্য সঙ্গী ছিলাম বেশ কয়েকটি বছর। ঠাকুর পরিবারের প্রত্যেকটি মানুষের ওপর তাঁর একটা সহজ আনুগত্য ছিল। তিনি আমাকে দিনে তিনবার নাম করতে শিখিয়েছিলেন। ভোরবেলা সূর্যোদয়ের পূর্বে ইষ্টভূতি

করতে শিখিয়েছিলেন। নিয়মিত ঠাকুরবাড়ী গিয়ে ঠাকুরদর্শন করা, প্রয়োজনে আচার্য সঙ্গ করা, তাঁর ঈশ্পিত পরিবারবর্গের প্রতি আনুগত্যের অপরিহার্যতা, প্রকৃত মানুষ হওয়ার চেষ্টা করা প্রভৃতি জিনিসগুলি তিনি আমাদের মকশ করতেন। আমাদের পরিবারে তিনি এলে আমার বাবা-মা, দিদিদের আশেপাশের সংসঙ্গীদের হুড়োহুড়ি পড়ে যেতো। তিনি চলে গেলে আমরা সবাই বলাবলি করতাম যে ঠাকুরকে আমরা ভালবাসতে পারলে, আমাদেরও জীবন এমন হতে পারে।

আমার কিশোর এবং যৌবনের প্রারম্ভে যেটুকু প্রাথমিক বোধের সঞ্চয় হয়েছিল, তার অন্যতম অনুঘটক ছিলেন ঐ গোপীদা। সংসঙ্গে গেলেই প্রায়ই তিনি কিছু বলতে আদেশ করতেন। ঠাকুর সম্বন্ধে কিছুই জানিনা, তবুও তাঁর কথা অমান্য করতে পারতামনা। তিনি আমাকে কীর্তন শিখতে প্রেরণা দিতেন। পরবর্তীকালে আমার জীবনেশ্বর পরম দেবতা অনুবর্ধক শ্রীশ্রী দাদা আমাকে সত্যি সত্যি কীর্তন করতে শেখালেন। তিনি আমাকে দিয়ে ঠাকুরের পাদপীঠে, বিভিন্ন মন্দিরে, সহস্র সহস্র মানুষের সামনে কীর্তন করিয়েছেন। আজ ভাবি, কীর্তন ছাড়া আমার জীবন খানিকটা অন্ধকারেই থেকে যেতো। তিনি আমাকে কী সুন্দরভাবে, সহজভাবে ঐ অসীম আলোক রাজ্যের সন্ধান দিলেন!

একটা অদ্ভুত ব্যাপার এই যে আশ্রমে যখনই যাওয়া-আসা শুরু করেছি, শ্রীশ্রীদাদা তখনই আমার জীবনে নতুন প্রানের সঞ্চয় করে দিতেন। তাঁর কাছে যেতাম ব্যাথাভরা হৃদয় নিয়ে, ফিরতাম ঐশ্বর্যশালী হয়ে। তাঁকে দেখেই ঠাকুরবাড়ী যাওয়ার, ঠাকুরের লীলাভূমি দর্শন করার, বিধিমাফিক নির্দেশিত পথে চলার এক আভ্যন্তরীণ প্রেরণা পেতাম। আমার স্বর্গীয় পিতৃদেব ছিলেন সরকারী কর্মচারী। প্রাত্যহিক সাংসারিক নানা

কাজের মধ্যে থেকেও যথাসাধ্য ইষ্টস্বার্থ এবং ইষ্টপ্রতিষ্ঠার কাজে নিজেকে ব্যাপৃত রাখতেন। তাঁর অম্লান চেষ্টায়, হার্দিক প্রস্তুতিতে, এবং বিনায়িত স্বাভাবিক সৌজন্যে সৎসঙ্গের খ্যাতনামা কর্মীগণ যথা শ্রীযুত নরেশচন্দ্র দাশ, শ্রীযুত গোপালচন্দ্র বিশ্বাস, শ্রীযুত ননীগোপাল চক্রবর্তী, শ্রীযুত অজিত গাঙ্গুলী, শ্রীযুত দুলাল মজুমদার, শ্রীযুত রেবতীমোহন বিশ্বাস, শ্রীযুত বসুওয়ান সিং প্রভৃতি দাদারা বছর আমাদের বাড়িতে থেকে ইষ্টকাজ করেছেন। আমার মা বলতেন এটা আসলে আমাদের জন্ম-জন্মান্তরের সৌভাগ্য। বাড়িতে তখন আমাদের ইষ্টপ্রেমের হাট বসে যেতো। রান্না-বান্না, খাওয়া-দাওয়া, হৈ-চৈ, গান-বাজনা, সদালাপ-সদালোচনার জোয়ার নেমে আসতো।

একবার শীতকালে ঠাকুর বাড়িতে আছি। মনে হয় December মাস। কিছুদিন ধরে আমার শরীর ভাল না থাকায় পরমবৈদ্যনাথ শ্রীশ্রীদাদার শরণাপন্ন হই। তিনি সহজ সমাধান দিলেন- শোন, রোজ দুপুরে ঠাকুরের আনন্দবাজারে প্রসাদ নিবি। ঐরকম কয়েকদিন করলেই দেখবি শক্তি ফিরে পাবি। সেইমত প্রথম দিনই আনন্দবাজারে প্রসাদ গ্রহণ করার সৌভাগ্য হয়। পাহাড়বাড়ী দিয়ে ফিরছি। এমন সময় হঠাৎ শনতে পাই- বাপীদা (আমার ডাকনাম), আপনাকে দাদা ডাকছেন, দৌড় লাগান। আমিও নির্দেশমত গ্যারেজের দিক দিয়ে শিবপূজনদার গেটের কাছে এসে পড়ি দৌড়াতে দৌড়াতে। পৌঁছে দেখি ওখানে গাড়ীতে অপেক্ষা করছেন স্বয়ং আচার্য্যদেব শ্রীশ্রীদাদা। বড়বৌদি পিছনের সিটে। চালক পূজনীয় সিপাইদা বাপীদা, চটপট ওঠেন গাড়ীতে- তিনি নির্দেশ করলেন। সিপাইদার নির্দেশে গাড়ীতে বসলাম সামনের সিটে। পূজনীয়া মা জিজ্ঞাসা করলেন, এই বাপী, এই রোদ্দুরে কোথায় কোথায় ঘুরছো? খাওয়া-দাওয়া হল? বললাম, আজ্ঞে,

আনন্দবাজার থেকে ফিরছিলাম। শ্রীশ্রীদাদা শুনে খুশি হলেন- ঐরকম কয়েক দিন করলেই তোমার শরীর সম্পূর্ণ সুস্থ হয়ে যাবে। ততক্ষণ আমি সম্মিত ফিরে ভাবছি যে এখন আমরা কোথায় যাচ্ছি। হঠাৎ সঞ্জীবদার কথা মনে হলো- যখন তাঁর কাছে থাকবে, কোনও প্রশ্ন করবেনা। সেইমত চুপ করে থাকাই সঙ্গতমনে করলাম। গাড়ী কাঁচা রাস্তাতে নেমে এঁকে বঁেকে সুন্দর terrain এর ভেতর দিয়ে ডিগরিয়া পাহাড়ের দিকে এগোতে থাকলো। একটা সাংঘাতিক সুন্দর গাছের তলায় সমান্তরাল ভূমিতে এসে দাদার গাড়ী থামল। গাছের নীচে আমরা শতরঞ্জী পেতে দিলাম। তাতে দাদা-বড়বৌদি আলো-ছায়ার ভেতরে আসন গ্রহণ করলেন। বুঝতে পারলাম যে এখানে তিনি প্রায়ই আসেন শীতের দুপুর কাটাতে। আমাদের নির্দেশ দিলেন ঐ valley তে জন্মে থাকা বুনো কুল তুলতে। অনেকটা wild verry র মত।

পূজনীয় সিপাইদা আর আমি কোঁচড় ভর্তি করে তুলতে থাকলাম। প্রসঙ্গত উল্লেখ্য যে এই বুনো কুল খুবই স্বাদপূর্ণ। কিন্তু কাটা প্রচুর। অসাবধানতাবশত আমার ডান হাতের wrist এ একটু কেটে টেটে গেল। তখন কুল তোলার আনন্দে অবশ্য তা বুঝতে পারিনি। এক বিশিষ্ট গুরুজনের কাছে পরে শুনেছিলাম যে পিতৃ পুরুষের অজস্র আশীর্বাদে ওই মঙ্গলকারী রক্তপাত হয়েছে। যাই হোক, ঠাকুরের দয়ায় Preventina দিল জলদি উপশম। স্মরণীয় হয়ে থাকলো এই ঘটনা আমার জীবনে।

এদেশে এসে University of North Carolina at Charlotte এ Computer Science Programme এ ভর্তি হই। এখানকার আদবকায়দা, ভাষা accent, verbal expressions সবই ভিন্ন। ওদিকে ঝড়ের গতিতে কোর্স এর excution চলছে। না পারি তাদের আমার কথা

বুঝতে, না আমি বুঝতে পারি তাদের কথা। সে এক বিষম অবস্থা। তারি মাঝে সকল প্রতিকূলতার মূর্ত সমাধান হলেন শ্রীশ্রীদাদা। আকুল হয়ে ডাকলাম তাঁকে কিছুক্ষণ। একদিন library তে বসে আছি 9th floor এ। সামনেই Computer Algorithms এর ওপর পরীক্ষা কিছুতেই concentrate করতে পারছি না। চারিদিকে মার্কিন ছাত্র-ছাত্রীর দল, তাদের cacophony undesirable শারীরিক induction এই সব চলছে। ভাবছি কেমন করে এখানে পড়াশুনা করবো, কিভাবে উত্তীর্ণ হবো। সেইদিন বাড়িতে ফিরে পূজ্যপাদ দাদার চিঠি পেলাম mail এ। তাঁর শ্রীহস্তে লিখিত এই চিঠিটিও এনে দিল তাঁর দৈববার্তা। তিনি ঘাবড়াতে বারণ করেছেন আর বলেছেন ঠাকুরকে নিয়ে চললে কোনদিন কোনকালে কোনও মানুষের ক্ষতি হয়না। কেউ তার ক্ষতি করতে পারেনা। আনন্দে থাকতে বলেছেন। সেই চিঠি পড়ে আমার হৃদয় প্রভূত আনন্দ এবং শক্তির সৃষ্টি হল। পরের দিন Dr Schell (Head of the Department, Computer Science)

এর কাছে যাই। তাঁর কাছে আমার সমস্যার কথা নিবেদন করতেই তিনি আমায় 9th floor এ একটা ঘর exclusively ব্যবহার করার authorization দিলেন। আমাকে তিনি সেই ঘরের চাবি দিলেন এবং 24 hour access যাতে করতে পারি, সেইরকম ব্যবস্থাও করে দিলেন তিন বছরের জন্যে। এই ব্যবস্থার integral এবং infrastructural রূপকার ছিলেন পরমপূজ্যপাদ দাদা। এই ঘরটির de facto মালিকানা না পেলে আমার পক্ষে graduation করা সম্ভব হতনা। হৃদয়ে ভগবানের শাস্ত অধিষ্ঠান অনুভব করার চেয়ে অনন্দ আর কিছুতেই নাই। পরমপূজ্যপাদ দাদার এই অহেতুক অনন্ত অতলাস্ত অসীম দয়ার কোন পরিশীমা নাই।



13th Satsang America Annual Utsav – New York, 2017



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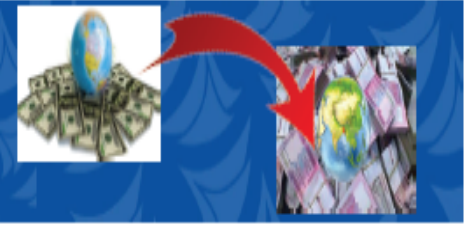
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