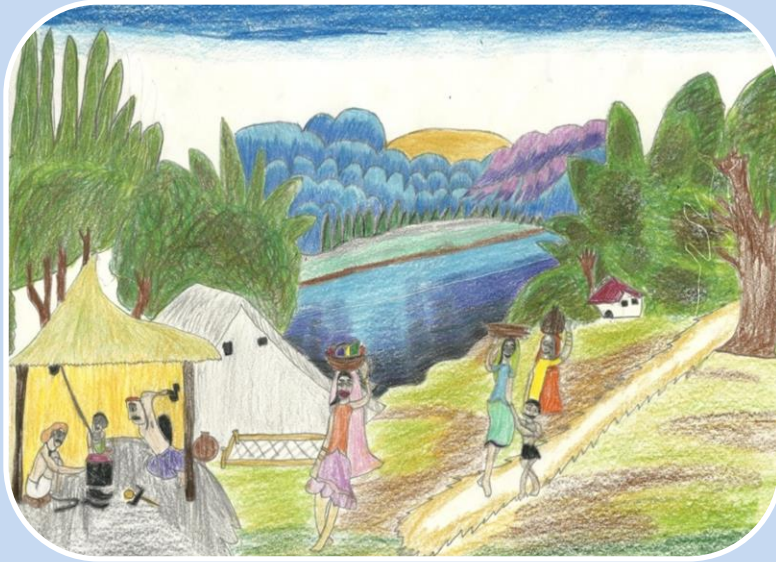


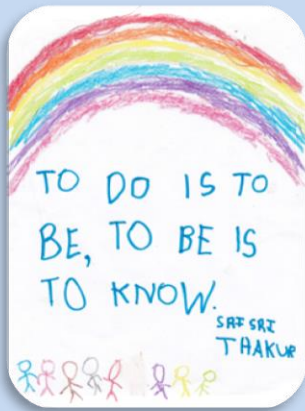
Be Ye Peaceful

Volume - X





Baishali Chaudhuri



Ritwadeep



Surashree Mistry



Ritesh Mistry

SATYANUSARAN

(THE PURSUIT OF TRUTH)

First of all, we must wage war on weakness. We must be bold and brave; for weakness is sin incarnate! Drive it away at once – this depressing, blood-sucking vampire! Say – you are bold, the offspring of Might; believe - you ARE a son of Father the Supreme! Before all else, be daring, be sincere. Then it is clear you have the right to enter the kingdom of heaven. With the least weakness you cannot be truly sincere, and so long as your thoughts and words do not agree, the dirt within shall not be touched. Once word and thought become alike, the dirt cannot collect within.

The hidden rubbish floats up in words and sin cannot remain within. Failure need not be weakness; to fail to try is weakness. If, despite your all-out effort in anything, you fail to succeed, no harm; carry on; don't stop! That unblemished effort must carry you toward the goal. Weak minds are always suspicious. They can never trust. Their faith has been lost; so they are generally sickly, tricky, sensually inclined. For them, all of life is a burning. Ultimately joy and sorrow are dissolved in despair. What is pleasure, what is pain, they cannot differentiate. If asked, they sigh, — What's the difference! Ever restless, their lives deteriorate in dullness. Love and regard has no place in the weak heart. To be anxious about one's own distress, suffering or death on seeing that of others and to be broken, bewildered and distraught thereby is weakness. But the eyes of those who are strong are always seeking for a remedy in everything they do and in such a way that no one is shattered while in that condition. To find the remedy with love, as did Lord Buddha, is the sign of a courageous heart.

Say not you are timid! Say not you are a coward! Say not you are evil-minded! Look towards Father! Speak fervently, — Oh, I am Your son. Within me there is no more dullness, no more weakness. I am no longer a coward! Never again forgetting You will I run towards hell with my back towards Your light crying, Darkness, darkness, darkness'!

- *Sree Sree Thakur*



DHARMA (RELIGION)

Dharma means the laws
that sustain life and growth
with every effulgence
of personality –
both individually and collectively.

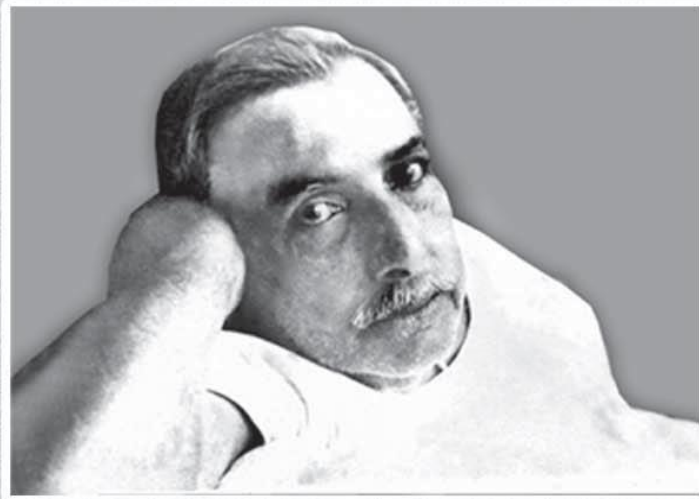
- *The Message*

Dharma is nothing
but the culture of
existential go of life
with honest exercise of it
and a rational adjustment of
psycho-physical traits –
by which we can achieve
the personality of an adjusted becoming –
mingled with
the specific characteristics of man and his
normal environmental development to enjoy
the providential blessing with the glow of heavenly life.

- *The Message*

Dharma is not
a lazy devotion,
it is active devoutness
that upholds our being
with a run towards becoming –
moulding the environment accordingly
with a meaningful adjustment
of one's intelligence and knowledge
the effulge through
one's personal characteristics actively.

- *The Message*



THE REVEALED

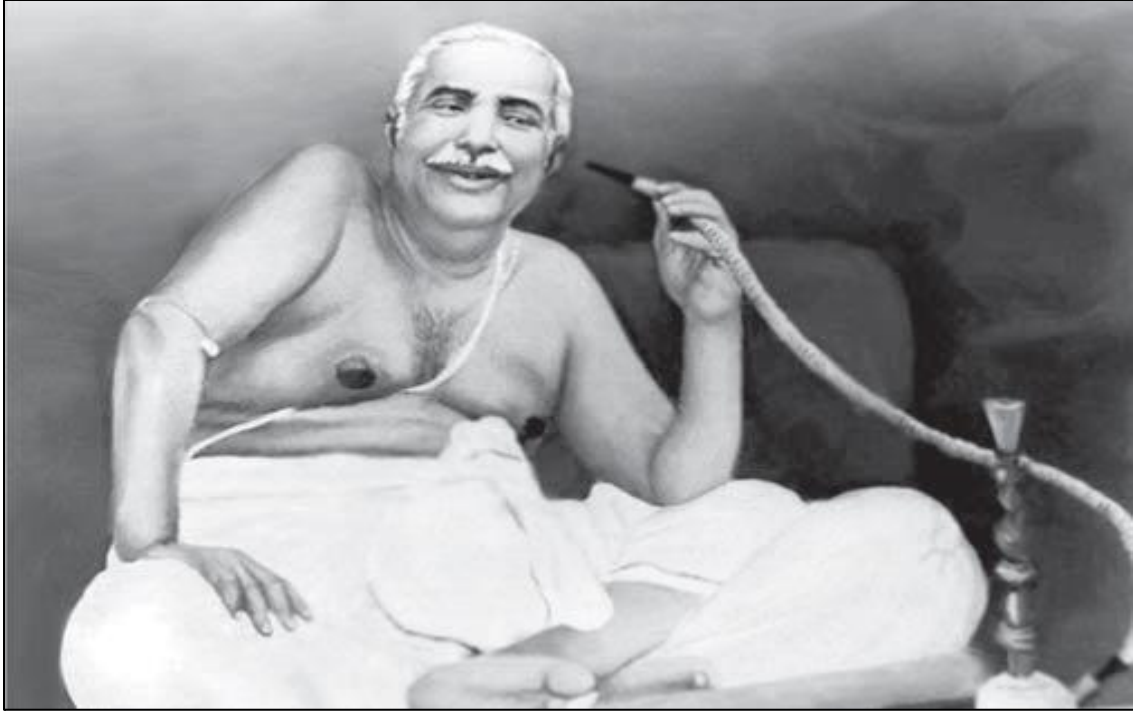
The booming commotion
of Existence
that rolls

In the bosom of the Beyond,
evolves into a
thrilling rhyme
and upheaves
into a shooting Becoming
of the Being

With echoes
that float
with an embodiment of Energy
that is Logos
the Word – the Beginning

Sree Sree Thakur





EDUCATION

“Education in its real form is to unfold
the characteristic faculties that are latent within
by attachment to an ideal embodied and through the glimpses
of expressions— those which come forth
as impulses from his experiences
during periods of exposition – to follow with services,
to learn with attention
to do in accordance therewith,— in a word
to take those impulses in, with sense,—
to unfold and adjust!”

Sree Sree Thakur
(*The Message, Vol.II*)

ASHIRWANI

(from Param Pujoyapad Acharyadev Sree Sree Dada)

Sree Sree Thakur is our Ideal, the very centre of existence of all of us. Only by remaining totally adhered to Him with every mighty urge and worshipful-endeavour. Serving him piously with unquestioning allegiance, and doing everything for his sake with whole-hearted sincerity and vigour, we become true to ourselves and come to true piety for others. He is fulfiller the best. Only by serving and loving Him, we may attain perfection in all our actions, words and behaviour. By remaining in tune with his existential ordinance, we join true happiness and may make others happy too.

May your resolve to be His and His only, resonate your own heart and also that of everyone else with ever undiminishing peace and happiness.

Love & R.S.

Dada

26.08.2010

Satsang, Deoghar

Be Ye Peaceful

We are pleased to have our tenth edition of "Be Ye Peaceful" published on the occasion of the Holy 127th Birth Anniversary of Supreme Love Sree Sree Thakur Anukulchandra.

We are fortunate to have the divine words of blessings from none other than Param Pujiyapada Acharyadev Sree Sree Dada and directions from Pujaniya Babai Da which have made this challenging task achievable.

We sincerely acknowledge the painstaking efforts and contributions from all the devotees of US, Canada, India and other parts of the world who have provided their own experiences and learning in the form of articles and/or other forms of contribution. We are especially delighted to have contributions from young members.

The compilation of this document was not possible without the effort and guidance from Gisela Lichtgarn, Chandra Sekhar Guin, Ram Kinkar Thakur (SPR), Gabriel Lichtgarn, Richi Prosad Mistry (SPR), Abhijit Panigrahi and others.

We believe that this document will provide its readers valuable insight into Sree Sree Thakur's life and teachings. Several articles express author's experiences in his/her life after practicing Sree Sree Thakur's teaching. We hope these experiences and teachings will inspire the readers in coming days.

Vande Purushottamam!
On behalf of Satsang America,
Jeffrey C Renert (SPR)





Sree Sree Thakur Anukulchandra

Fulfiller the Best of the Age





Sree Sree Borma

Jajat-Janani





Sree Sree Borda

The Principle Acharya of Satsang





Sree Sree Dada

Current Acharya and Spiritual Guide of Satsang





Pujyaniya Babai Da

Guiding Satsang activities around the world



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The Secret of Long Life

Jeffrey Renert, Farmington, CT

Recently I read an article with the title “The real secret of long life”.

A long term study of 6100 Americans aged 20-75 tracking their physical and mental health, concluded that there is a correlation between one’s purpose in life and their longevity.

The participants responded to statements such as: “some people wander through life but I am not one of them” This statement makes one ponder the concept of “purposefulness”. The research suggested that “purpose” drives longevity. Over the 14 year study, 9% of the subjects died. All of these participants had scored lower than their counterparts when it came to purposefulness. The findings concluded that “Finding a direction for life and setting over reaching goals do what you want to achieve can actually help you live longer”

After reading this article, my thoughts reflected on how Sree Sree Thakur is the Ideal person who can help us find purpose in life. I reflected on my devotion to Sree Sree Thakur. Why did I take initiation and accept Sree Sree Thakur as my Guru?

There was a need to know “who am I?” Reflecting on my existence, thoughts that occurred to me were; “what is the meaning of life”; “what is the purpose of my existence”.

From the beginning I fully believed that Sree Sree Thakur would help me understand the answers to my quest. I certainly did not think about longevity, but “purpose” and “happiness (fulfillment)” dominated my thoughts.

Now it seems some researchers are figuring out what Thakur has provided to millions of His devotees for over 100 years: Devotion to an Ideal (Thakur) through the process of Jajan, Jaajan and Istavritty will give the devotee their “purpose” in life.

In Satyanusran Thakur spoke; “The purpose of life is to drive away want completely, and that is possible by only by knowing the Cause.” (My interpretation of “Cause” is the Source or Ideal as represented by Sree Sree Thakur). Thakur continues “Exhausted in want, the mind seeks Dharma or the Supreme Being, otherwise not.”

The next step for a devotee to understand their purpose is faith. Thakur continues “If there be no faith, how can there be vision. Work follows faith. As the faith, so the work. Deep faith can do anything. Believe! But beware that pride, impatience or irritations do not come in. You shall achieve what you want (“purpose”) It is faith alone that can bring expansion and responsive consciousness.”

In summary dear reader, if you are interested in long life, happiness and therefore personal fulfillment, a simple path to success exists.

Over the 14 year study, 9% of the subjects died. All of these participants had scored lower than their counterparts when it came to purposefulness. The findings concluded that “Finding a direction for life and setting over reaching goals do what you want to achieve can actually help you live longer”

As a devotee of Sree Sree Thakur you must perform your daily responsibilities (puja) with the highest level of sincerity. Repeat name (japa) as often as possible, (especially when a solution is needed) plus have faith in the Dharma of Sree Sree Thakur.

If you are not a devotee of Thakur, what are you waiting for? Find a Ritwick, take initiation, receive the Holy Name, and follow Jajan, Jaajan and Istavritty every day. Purpose of life will become known to you.

The End.



Sree Sree Borda. Sree Sree Dada is sitting beside him at Puri.



Our New Cheese!

Richi Prosad Mistry, Brownsburg, IN

It stopped again! After the third time, I gave up. On a hot summer afternoon in August, I was exhausted and tired. First the thought came, "The lawnmower has gone bad even though I knew the grass was too tall and thick for it to handle." I set the height adjuster to the tallest cut settings. Nothing seemed to have worked. This year weather was good for the grass; winter stayed longer, rained through the spring and continued to the beginning of fall.

I got into the habit of cutting grass every other week. The wise saying goes like this, "People are creatures of habit". I was no exception. Four seasons of this part of the country also follow the "creatures of habit" rule! Not really, this year. Nature has decided to break its habit by staying in winter longer, soaking itself in rain more often during spring and summer to fall.

As nature has decided to change its habit this year, I should have adjusted my habit to adjust to Mother Nature's whim. This lawn mowing example is one of the numerous examples of my daily life that being a "creature of habit" creates this type of inconvenience.

A few years ago there was a New York Times bestseller "Who Moved My Cheese?" by Spencer Johnson. Change can be a blessing or a curse, depending on the perspective. The message of "Who Moved My Cheese?" is that, all of us can come to see it as a blessing, if all of us understand the nature of cheese and the role it plays in our lives. Most of us reading that book will see the cheese as something related to our everyday life; our work, our progression path, although it can stand for anything, from health to relationships. The message of that book is that we have to be alert to changes in the cheese, and be prepared to go running off in search of new sources of cheese when we have run out of cheese.

Like the above example of my lawnmower not co-operating with me- many a time I find how my cheese has been moved out of my inattention. This brings back a fundamental question of living a human life how often whether it is due to my habitual comfort zone or for lack of awareness (may be even ignorance) so many of my cheeses are moved un-noticed and create a great deal of inconvenience.

I have been attending Satsang in the United States and Canada for last 17 years; I have developed my comfort zones about it. But, never even thought - similar to the lawnmower problem above- the time has changed, a lot of the cheese has been moved and it is now time to find new cheese. Whether it is my ignorance or lack of awareness, when **Rev. Babai Da** last spring asked us to go to Deoghar Thakur Bari in a group from the USA and Canada, I was still unaware that our cheese had been moved. It is now time to find and gather new cheese.

Like the character Hem of the book "Who Moved my Cheese?" we are comforted by our old routine and are frightened about the unknown. Like Hem, we may knock the idea. Uncompromising like Hem, we may refuse the new cheese. If we are in denial like Hem, we may remain without cheese.

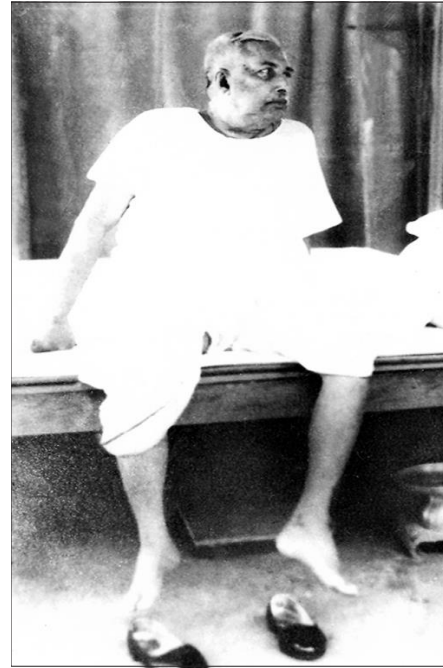
We have heard of our new cheese, **“Establishing a permanent address of Sree Sree Thakur in the United States of America and 1000 initiations”**. **Sree Sree Dada** due to His divine awareness has realized that our cheese has been totally depleted and it is high time we get some new cheese or face the lawnmower type of consequences of my above example.

Now the problem comes with the “creatures of habit”. It is difficult to go out of our way to find and get the new cheese, which was discovered by **Sree Sree Dada**, when we got used to having cheese on our plate without much of effort, unaware of the depleted cheese. However, the choice is ours whether we want to have a stagnant or even diminishing being and becoming or go out of our habitual comfort routine to find and get the new cheese which **Sree Sree Dada** has given us the clue to get.

Like the character Hem of the book “Who Moved my Cheese?” we are comforted by our old routine and are frightened about the unknown. Like Hem, we may knock the idea. Uncompromising like Hem, we may refuse the new cheese. If we are in denial like Hem, we may remain without cheese.

On the other hand if we, like the character Haw who with the knowledge learned along the way heads back into action inspired by bits of new cheese here and there, may get hold and gather our new cheese we will then taste the new cheese and will be blessed by all the flavors and nutrition it has to offer. Sree Sree Thakur declared:

***“Untottering adherence to the Love-Lord,
allegiance and active service
with accurate quickening
conscientious consideration
and keen observation
lead one towards
uphill elevative progress.”***



Sri Sri Thakur

The End.



The Fulfillment of Life

Kiran Kumar Roy, Woodside, NY

Punyapunthi revealed a rhyme of Saint Kabir, on the 9th day #27 as follows ,-

মনকা ফেরতা জনম গয়ো, গয়োনা না মনকো ফের;
করকা মনকা ছোড় কর, মনকা মনকা ফের ।-- সন্ত কবীর,

Meaning, all of life is passing away moving the beads of the rosary chain, but still the confusion of the mind has not vanished. Therefore, throw away the beads and turn your mind towards the Supreme Self by your mental concentration and devotional urge.

In almost all religious practices, there are processes of moving the beads to count the numbers of the Name of Bhagaban. They say, the more times you can repeat the Name, the more God is pleased with you. So they use the rosary bead chains where there is a fixed number of beads to count in one round and the total number of counts determines the number of rounds he makes in any day. This was the system for earlier times. But for this Kali-Yuga, Sree Sree Thakur did not introduce the rosary system of counting the Name in "Satsang". He says, that the number of times you repeat His name has nothing to do with Him. In fact you have to remember Him all the time with the intensity of love. i.e. you have to maintain the Yoga or connection all the time with Him. You have to keep Him bound with you so that you have to be tuned with His pulsation. At another place, He said, "to be mixed up with ash, you have to turn yourself to ash". Love is the binding force. So uttering His name with loving urge all the time is the rule to turn yourself to raise yourself to Bhagaban, to turn and raise your own vibration to the quality of the creator to get swarupya(Self-Realization). To mix with anything you have to be same as the thing is.

In the revelation on the 9th day #26-

মালা-টালা সব ফেলে দে । যাকে প্রাণে প্রাণে বাধতে হবে, যাঁর চিন্তা করে তাঁর স্বরূপ্য লাভ করতে হবে তাঁর নাম জপের আবার সংখ্যা কি রে ?

It means,- "Throw away all the rosary beads. Hey, whom you have to bind in the heart, by thinking about whom you have to get self-realization, what is the use of counting the numbers of chanting His Name?"

Repeating or chanting the Name gives the vibration to our body and mind; scientifically, when we can make resonance in that vibration by the urge of love with Name, my Atma can vibrate with the same wave length of vibration of the source from where I was created and therefore, I would be resonating with the vibration of sound from which I was created and I am in Union with the source of creation. That is the way to get Swarupya, meaning getting to the same height of quality at which He is or in other words, we have to unite our own spirit with the Absolute spirit with the same frequency of vibration of the Absolute. So, of what value is the number of repeating His name? To count the numbers focuses your mind towards the numbers, not towards Bhagaban or the Universal Self. Counting numbers also means we are limited by boundaries. But He is unlimited. Is there any fixed number decided by God written in any scripture that you would get Him by counting up to that number? Then it would be sufficient to

reach God if anybody would chant up to that number. No, there is no limit. There is a song by Saint Lalan,

“সে আর লালন একখানেে রয়, লক্ষ যোজন দূরে।“

Meaning, He(God) and Lalan (Saint) live at the same place, but at a distance of one million miles, meaning Atma is not connected to Paramatma even though the body is near if they are not in the same tune of resonance .

Actually, I live with my Atma inside me at one place with Paramatma, does not give us anything , meaning , physically we may be near to each other, but spiritually we are a million miles away from each other as we do not concentrate or focus our mind on Him with mental urge; but we do try to find God here and there, at far distant places, in Heaven or elsewhere in the sky as we have no proper vision or knowledge. When we go on counting the beads we are not in Dhyana, meditation or Yoga with Isto or the Ideal; When we count the beads we are in Yoga with the numbers, but not with Him. This does not allow us to reach Him. Our mind must be focussed on Satguru. The great saint Kabir said, --

“ক্যা হিন্দু, ক্যা মুসলমান, ক্যা ইসাই, জৈন,
গুরুভক্তি পূরণ বীনা, কৈ না পাওয়ে চৈন ।“

Meaning, be it a Hindu, Muslim, Christian or a Jain, without the devotion to Guru , nobody realizes Iswara. Satguru is the physical shape of Bhagaban in human form and Universality and shapelessness is His other condition that can only be consciously and directly felt.

Respected Suresh Chandra Chattopadhaya writes, -‘He who sees the physical shape of Iswara in Satguru, understands His shapeless universal condition too, knowing Him spiritually.’ Man sees His human shape but does not know about His universal conscious condition, so they think Him as a man.

That is the reason SreeKrishna said (Geeta 9/11)-

অবজানন্তি মাং মূঢ়া মানুশীং তনুমাশ্রিতম ।
পরং ভাবমজানন্তো মম ভূতমহেশ্বরম্ ॥“ -

“Only the fools disrespect me seeing me in human form, not knowing my transcendental nature that I am the supreme Iswara all over the universe”.

From here we learn two aspects of the Supreme Spirit. One is the Universal state of Abangmanasgocharam, having no shape- and the other is the Sat-Guru or Purushottama, a qualified Brahmah having a shape in Human form. If we can develop love for Satguru, the qualified Brahmah, He becomes kind enough to show us both His conditions and makes us consciously aware of Him. The urge of love is everything in the way to Bhagaban. The man can understand Him as Bhagaban if he has love for Him.

Sree Ramkrishna was mad to get Bhagaban and found Brahma in mother Kali, He did not care what other people would think of Him. He would talk to Kalimata, while others would not see Kalimata, they thought that He has gone mad. He was so much blissfully mad that He did not care or look at what others would talk about Him, saying,-

“ রামকৃষ্ণ কয় এমনি জনে, পরের নিন্দা শুনবে কেনে ।
তাঁর আঁখি ঢুলু ঢুলু রাত্রি দিনে, কালী নামামৃত পিয়ুষ পাণে ॥“

Ramkrishna tells those ignoramuses who blame Him, “why should I listen to others’ blame!” His eyes were heavy with intoxication by drinking the Ambrosia from the name of Kali. Shadhaka Ram Prasad also found Brahma in Kali-Mata. So he made the song starting,-

“কালী ব্রহ্ম, জেনে মৰ্ম, ধৰ্মাধৰ্ম, সব ছেড়েছি।”

“Knowing Kali as Brahma, I have given up both Dharma and Adharma.”

With love for Him, the Gopies could get Bhagaban in Sreekrishna, the Purushottama at the Dwapara-Yuoga. Among Gopies Radhika was the example who showed the highest devotion and love unparallel to anybody towards Sreekrishna. So, the Baishnava Scriptures quote the words of Radhika as follows,-

“রূপ লাগি আঁখি বুঝে, গুণে মন ভোর,
প্রতি অংগ লাগি কাঁদে প্রতি অংগ মোর।”

Meaning, “My eyes are enchanted by His beauty and the mind is filled with His quality, My every limb is being tuned in love for every limb for this Super Entity”.

This is the ideal condition of love.

When Radhika returned home after meeting Krishna, her friends asked the reason of her restlessness, Sreemati replied,-

“সখী আমি কি রূপ হেরিলাম, মোহন মুরতি, পিরীতি রসের সার।
হেন লয় মনে, এ তিন ভুবনে, তুলনা নাহিক যার” ॥

“My beloved friends! What a beauty I saw, an enchanting idol, such a condensed form of love. Such is my feeling, in the three worlds, none other than He, can be compared to have that.”

If you love Hari, He also would love you. To quote from the book of Thakur Haranath,- When Radha went wild for the love of Krishna, the condition of Krishna was described by Chandi Das as such,-

“তাঁর উঠিতে কিশোরী, বসিতে কিশোরী, কিশোরী করেছে সার।
শয়নে কিশোরী, স্বপনে কিশোরী, কিশোরী গলার হার” ॥

“Kishori(Radha) was His main occupation, at sitting, or when He was up from bed at deck, When He was lying in bed or in His dream, Kishori was like the garland of His neck”.

Love does not obey the rules other than the rules of love. When Radhika was informed that Sreekrishna was sick and He would be cured if any of His devotees/lovers offers the dust of his or her feet, only Radhika did not care even to go to Hell to give the dust of her feet, if it would save the life of her beloved, while nobody else dared to give the dust of her feet as they were afraid to go to Hell by that act of giving dust of their feet to be used on Sreekrishna’s head.

So it is said,-

কৃষ্ণ প্রীতি ইচ্ছা ধরে তার নাম প্রেম,
নিজ স্বার্থ প্রীতি ধরে তার নাম কাম।”

Meaning, “Love for Krishna is called the real love and the greed or attachment for selfish aggrandizement of wealth etc is called lust. So to get redemption, there is no other way than to love the Sadguru or Purushottama of the respective age throwing away selfish desires or selfish gain.

পুণ্যপুঁথি বলে, সমস্ত সমস্যার সমাধানই হচ্ছে প্রেম ।

ব্যাসদেব মহাভারত, গীতা ও ব্রহ্মসূত্র রচনার পরও কি একটা না লিখলে যেন তার শান্তি আসছে না ভাবতে ভাবতে অধীর হন শেষ পর্যন্ত ভগবৎ ভক্ত নারদের উপদেশে তিনি ভাগবৎ রচনা করেন । তারপরে তিনি শান্তি পান । পুণ্যপুঁথিতে বলা আছে, -মূলাধার হতে অষ্টোচক্র পর্যন্ত গীতার স্থান, আর অষ্টোচক্র হতে সহস্রার পর্যন্ত ভাগবতের রাজ্য । অষ্টোচক্রের পর আর কর্ম-টর্ম নাই সবই প্রেমে পর্যবসিত হচ্ছে । ব্রহ্মের চরমদশম দ্বারে, সব বাসনার শেষ গতি, আমিই সেই – অহং অস্মি – মহা আমি – এর সংস্পর্শে আসা ।

Punyaputhi says,-The solution to all problems of life is Love. Rishi Vyasadeva, after composing Mahabharat, Geeta and Brahma Sutra was still not getting peace of mind, and got worried about thinking what more to write. Ultimately he wrote Bhagabatam at the advice of the great devotee-Narada. After this he got peace of mind. It is revealed in Punyaputhi that the domain of Geeta is from Muladhar to Ajna-chakra(Tesra Teel) and the domain of Bhagabatam is from Ajna-Chakra to Sohahang. After having conscious feeling of Ajna-Chakra, there is no effect of Karma, everything merges to love. 43rd day,#3 reveals,-“All passions end up at the 10th door, where Brahma can be intensely felt, at the entrance of Soham, (I am that ‘I’), the ‘I’ inexpressible ‘I’ .”

পুণ্যপুঁথির শেষতম দিবসের শেষ কথাই হলো প্রেমের কথা । যেমন, - ভালবাসা নিদানে, পালিয়ে যাওয়া বিধান বঁধু পেলে কোন খানে ? দেখা ভাই, ভালবাসাই নিদানে, আমায় দেখো । ১০

প্রফুল্লবাবু, - কেবল ভালবাস, কৃপা কর । তুমি ভাবো ভগবান । ঈচ্ছা হয় তুমি ভাবো ভগবান, নয় যাই-তাই ভাবো, কেবল ভালবাস । আর যতই যাঁ কর, জ্ঞান চাও, বুদ্ধি চাও, যদি তাঁকে না ভালোবাসো, তবে তোমার কিছু হবে না, কেবল চিনির বলদ । ১১

The last sentences revealed on the last day of Punyaputhi was all about profound and deep love for Purushottam.- In the book of diagnostics of love, O, sweetheart! Where did you find the provision to flee away? Look, brother! Only love predominates everything in that book of diagnostics of love. Pay heed to Me. (10)

Prafulla Babu, only continue to love, be compassionate. You do think of me as Bhagaban. If you wish, you can think of me as Bhagaban or you can think anything else, but do have only a continuous compassionate love for me. However and whatever else you try, you may want intelligence or you may want wisdom, if you do not love Him, then nothing would be fruitful to you, you would be like a bull that draws the cart loaded with sugar. (11).

Let us conclude with a prayer to Yuogo-Purushottam through a song of Noble laurate and poet Rabindranath,-

তোমারেই করিয়াছি, জীবনের ধ্রুবতারা,
এ সমুদ্রে কভু আমি, হব নাকো পথহারা ।

I have made you the pole star of my life,

I would never be misled in this ocean of life.

Hey Yuogo-purushottama, the Supreme Father, the Infinite in a finite form on earth, bless us with fulfilment of life and its growth, with eternal conscious memory even beyond death.

The End.

Need of Ideal in an Individual's Life

Sanjib Das, Manitoba, Canada

Human civilization is developing day by day. The Ideal in individual's modern life is a 'Need' not 'Want'. We are in the race of conquering the universe every day. We are in the race to reach new planets. We are in the race to develop ourselves in many ways and so on. However we are neither looking at ourselves nor asking about our destination. We are not trying to evolve the tremendous power of a human being. We may know the universe but we don't know ourselves, we don't even know our complexes. Rather we try to control them. A human being has very unique characteristics and each is very different from the other. Simultaneously there is a very similar tendency for everybody that we all want to live and grow. Sree Sree Thakur Anukulchandra who is the incarnation of God in the human form has given us the way to live and grow which is another term for "Being and Becoming". Sree Sree Thakur said whatever we do for our being and becoming is called Religion. HE has given a very simple definition of Religion that drives us towards success in life.

Ideally, we can never change the fundamentals of nature. They can only be transformed into another form as per need of the time. There was a time when the computer was invented and it was very big in size. Nowadays, the computer is in our palm through the smart device. Is there any change in the basic structure? Probably not just evolved in the smaller size. The need of ideal is there in every age and that's why the incarnation happened. Sree Sree Thakur Anukulchandra has come here to give us exactly what is required by for this time. HE is the latest incarnation. HE has given the same but in a different form so that we can follow being the part of family, being the part of society. If you go to the forest or other isolated place for meditation, perhaps this is not suitable for this time as we have so many legal, social, environmental and other hindrances. We have to stay in the family and be attached to HIM to achieve our goal of "Being and Becoming".

Generally, most of the people in the world are born with tremendous potential but how many become successful in their life and how many are not? Have we thought of that any time? Perhaps life is ideal centric for those who are efficient or successful in life. Supreme father is their ideal. Probably they have materialized the tips of being and becoming or they have accepted whatever is in favor of living and growing. In fact, some are following the tips of "Living and Growing" unconsciously. You may notice in the North American curriculum that they have introduced various lessons at the age of twelve to make awareness between the boys and girls when they are attracted naturally. Sree Sree Thakur had cautioned that many years ago and said that at the age of twelve boys and girls would enter into another stage of their life. They feel attraction for each other. So HE emphasizes to take initiation (Diksha-get connected with HIM) at the age of twelve so that they can't be deviated with the pull from HIM.

Why do I need an Ideal in my life? The answer is to know the tips of "Being and becoming". Why can't my parents or Teachers or some superior or some great person be my Ideal in my life? They could be up to a certain extent. For example my parents are the Ideal for me when I was born. After that my teachers are my Ideal too. However everybody has limitations in their life. Not everyone is error free. We need to play many roles in the society like father, son, husband,

wife, brother, sister, citizen, boss in the office. Are we efficient in each of the roles that we need to perform? Possibly not. Only Purushottam (the Supreme Father, incarnation of God) has that capability. HE is the best in each and every one. If we follow somebody who has flaws in some roles, we will be biased by that deficiency. That is why we need Purushottam (the supreme father, incarnation of God) as an Ideal of our life. Sree Sree Thakur Anukulchandra is the Purushottam & latest incarnation who has come in this time to teach us how to make our life successful and efficient in every sector. He has guided us on how to build the society too. That is why He has emphasized on three fundamental things and those are Initiation (Diksha), Education (Shiksha) & Marriage (Bibah). HE has introduced the idea of universal brotherhood under the same Fatherhood. The idea is to surrender ourselves under the Supreme Father like the whole world as a family under HIS guidance. There will be no jealousy, no conflict of interest among us. Only love will be there as we follow HIM unconditionally. We can see that in Lord Shiva's family where the bearers (animals used by each member) are not only enemy for each other but also the provision in the food chain. But due to love and devotion to the Lord Shiva, everybody lives happily forgetting the hostility to each other. Therefore if we can lead our life by possessing Purushottamom (Supreme Father) as an ideal, success will come in every dimension of life. We can make our alignment towards betterment every moment by following HIM. If I don't have an Ideal I will be dominated by one of my complexes. As a result I can't differentiate clearly my deviations. I am driven by my desires so much that I feel right whatever I do. My acceptance power is decelerated slowly by my passions.

We can see the difference between a blind person having white stick and the other one has nothing. For the first case, the person will have confidence as he has a guide whereas for the 2nd case the person leaves everything up to fate. Therefore if we have a guide in our life we can have confidence which is very important to become efficient and successful in life. Most of us may think that we are living a very happy life. Why do we need all these staffs? Remember that you only need a moment to have a vigorous change in your life. We can see tons of examples around us. Whatever I think better for now may not be good in the future with the change of time. We never anticipate that as long as motor sensitivity of our brain is not activated. This activation is very much possible when you make your life ideal centric i.e. when you have an Ideal in our life. If you are attached to HIM and surrender to HIM, you will be directed by HIS wish. Don't forget that every individual is different. No single medicine can serve well for all. They need individual treatment to satisfy their necessity. Only Purushottam (Supreme Father) can fulfill that as per individual requirement. That is why HE is called Fulfiller the best. He nurtures all the uniqueness and HE never mixes the individualism together.

These days we people do a lot of things to keep us busy, to make us happy. We never know the source of everlasting happiness which is to "make our life Ideal centric". We don't need to find any other thing except HIM. Sree Sree Thakur Said,

**"You are for the Lord, not for others;
you are for the lord and so for others."**

Only we need to love him unconditionally. If we are attached to HIM and surrender to HIM, our motor sensitivity multiplies in such a way that we can judge what will be good or bad for ourselves in the future and what needs to be done. Our unconscious cell of our brain will be turned into a conscious cell. We can see a lot of glittering belongings around us which is for the time being. It is certain that if we need sustainable and efficient possessions in terms of being and becoming, we need an Ideal in our life. Sree Sree Thakur Anukulchandra is the latest Ideal and by connecting with HIM we can make our life capable and successful.

I have not seen Sree Sree Thakur. However through Pujyapada Achariyadev Sree Sree Dada (Grandson of Sree Sree Thakur), I can feel the blessings in my life. When my son was very young, my wife took him to Sree Sree Dada. Sree Sree Dada was telling that my son will be studying in Canada and Canada education system is very good. After a few years we all are in Canada and my son has started school in Canada. In another instance, my elder son could not speak and walk until three years. I did a lot of treatment and finally I took him to Deoghar, India. Rev Pujanio Babai Da (Eldest son of Achariyadev Sree Sree Dada) told me not to be worried. He also mentioned that he will do everything. After a while he started walking and talking. Many people may have different explanations but I feel the blessings of Supreme Father through Pujanio Babai Da. Last year (December, 2012) I went to Deoghar for Ritwik Conference. Rev Pujanio Binki Da (Youngest son of Achariyadev Sree Sree Dada) was telling Sree Sree Dada that I will leave Singapore within three months. I would like to share that I got a job in Canada within three months and I moved to Canada later on. It took a long time for me to realize Sree Sree Thakur. The more our devotion, the more our love for HIM and the faster we proceed in the way of being and becoming. People are eagerly waiting to get his holy name and we need to tell our surroundings about HIM through Jajan and Jaajan. He is there for everybody. We need to feel HIM as a member of the family like my Father. Sree Sree Thakur has guaranteed that we don't need to think for our life if we are attached to Satsang through the Holy name.

Therefore, if we have an Ideal (Lord) in our life, we don't need to be worry for our last line of defense. HE is there every time to save us from every condition. The only thing that we need is love, love and love.



Sree Sree Thakur & Borma

The End.



My Gurudeva and Gurujans –

An Endless Fountain of Love

Maya Basu, Cumming, GA

The Supreme Father, Sree Sree Thakur Anukulchandra, is the almighty and loving creator, sustainer, and shelter of everything that is in existence. The Creator and His creation have the deepest relationship, an unbreakable bond of an everlasting love. This unconditional love was revealed to me by the grace of Sree Sree Thakur through perhaps the biggest blessing in my life: having association with the members of Sree Sree Thakur's beautiful and holy family.

In every one of their sweet expressions, words, and actions, I find glimpses of my Lord and am refreshed. Even though I have done nothing in particular to gain their love, they love me so truly as one of their own. This is because one doesn't have to do anything to "win" love from them, which is the way much of the purported "love" in this world is.

Their love is the very farthest thing from superficial; it is not a competition; it is not a game. There is nothing to fear in these sweetest of relationships, for their love is a constant in life, reflective of the Lord's love for us all. Their love for us is the most genuine and sincere emotion that I have ever experienced, and on multiple occasions I have seen Sree Sree Thakur's family members make dear ones out of strangers.

In them, we all find people who truly understand us, even better than we may understand ourselves. For instance, I've found that many times an unspoken thought on my mind was mentioned by the members of Sree Sree Thakur's family, and I know that this is possible because they know me even past the level of my innermost thoughts. In this way, we are never alone. They are truly the ones worthy of our regard, respect, admiration, love, and worship.

Whereas normally people in relationships "give and take," it is a pure joy to witness Acharyadeva Sree Sree Dada, who is a master of all of our hearts, just giving and giving His love. His is the ultimate example of truly unconditional love, as every atom in His being vibrates with this heavenly love for the Lord and for all of us as well. One sees the Lord's Love in Acharyadeva Sree Sree Dada, as He is a mirror that perfectly reflects the warming rays of our Sun, our Center, Sree Sree Thakur Anukulchandra.

There is a most special place in our hearts for the One who loves us even when we are the most unlovable. The entire world may turn on a person, but Sree Sree Thakur's love remains with that soul for all of eternity. It is this love that has many times saved me during my life. When times become the darkest, what saves me is when I remember the love He has for me, which makes me strong; I gain courage and hope. The fear that once gripped me dissipates, for with Him, there is nothing that a person cannot do. There is nothing to fear.

In the Bible verses Matthew 17:20 – 17:21, Jesus Christ says, "If you have faith as a mustard seed, you will say to this mountain, move from here to there, and it will move; and nothing will be impossible for you." Jesus here talks about the quality of faith and love that it takes to do the impossible. Much more important than the quantity of your faith is the quality of the faith that you have in God and God's word. Comparing a mustard seed to mountains, Jesus assures us that just a mustard seed's amount of true conviction in the principles of the Lord can move

immense barriers, even mountains. With a mustard seed amount of faith in the Lord, nothing would be impossible to us.

One of my personal “mountains” has been one of being unafraid to show my authentic self. Like a person who is naturally left handed develops a mental imbalance if he is forced to write with his right hand, so too if we go against our natural characteristics will we develop in an unbalanced way. Therefore, we must always follow in line with our natural instincts and tendencies, while also adjusting them with the Lord. These inherent characteristics are the things that make us unique and who we are.

Unlike anyone else that I have ever met, the members of Thakur’s family, although wise to everything, both good and bad, choose to nourish the seed of good in other people while at the same time not indulging the bad. That is why the Bengali word for love, “bhalobasha,” can be split into two root words, “bhalo,” meaning “good”, and “basha,” meaning “to dwell in.” Thus, the meaning of love in Bengali is “to dwell in another’s good.” This characteristic of true love is personified in Acharyadeva Sree Sree Dada, the most loving and most caring person. No matter how insignificant one may feel, in Acharyadeva Sree Sree Dada, like in Sree Sree Thakur, one finds such a person who sees and loves everyone equally.

In fact, the example of Thakur’s family members has taught me that no one is inferior or superior to anyone else, and that one should simply always try to be the best version of oneself and encourage others to do the same. Once I truly came to accept this fact, it was as if a huge load had been lifted off of my head, and I became free – free from the negative energy that came from secretly judging myself against outside benchmarks, free to finally embrace who I am and all that I have to offer, and free to not hide my heart.

Truly, I am Maya, and it is that which makes me special. For each individual, it is the same, for each person is a unique creation of the Lord, made to be so very special and overflowing with His love and blessings. Thus, having Sree Sree Thakur and His family members in my life has been an indispensable catalyst to my growth, stimulated of course by these most wonderful agents of love.

Similarly, our passions have the ability to either make or break us: if squashed out, they make us stunted in our growth; if overindulged, they can also ruin our lives. That’s why it’s important to strike a balance in life, and, from my observation, there is but one way to achieve this balance: by adjusting oneself with the Superior Beloved. Without this adjustment, incongruous displays of emotion can occur.

Recently, upon noticing such an occurrence of this unwise display in my own conduct, I asked my father how it is that one can adjust one’s passions with the Lord. My father answered that only by becoming associated with and by loving a person who has completely mastered His own complexes by aligning them with the Lord, as has done our Living Ideal, Acharyadeva Sree Sree Dada, can one learn how to adjust himself. Love for God and love for the Living Ideal are the key ingredients in the recipe of adjustment. Thus, the Deoghar ashram is a “tirtha” – a place where the knots of the mind are untangled. Sree Sree Thakur, through Acharyadeva Sree Sree Dada and His family members, has and continues to save my own and countless other souls from self-destruction by helping us to adjust these complexes and thus come into our own and become true to ourselves.

This is just one of the innumerable ways in which Sree Sree Thakur, who is a protector of these natural characteristics in all people, forever nurturing them for everyone’s growth and welfare, is completely relevant in my everyday life.

Everything good in this life has its origins in the Lord's love. There is nowhere that this love is not accessible and nothing that this love cannot accomplish. Though in the United States, so very far away from Thakur's family physically, we all still experience their love every single day – a love that is irrespective of time, distance, or change. In fact, the best way to keep this love alive is to spread it with others.

May we all be able to love one other in the same way that the Lord loves us, and may this fellow feeling lead to a future of peace and prosperity amongst all nations, neighbors, and people – a universe united through brotherhood under the all-loving Heavenly Father!

Uncountable Pronams to Fulfiller the Best!

The End.



Param Pujyapad Sree Sree Dada having discussion with Pujyaniya Babai Da



A Home Away from Home

Leah Renert, Farmington, CT

When I first started meditating, I felt somewhat free. I felt like things didn't bother me as much. People's words or thoughts didn't affect me the way they used to. Every morning I would go downstairs to meditate. I'd go into this special room that my father had dedicated to Sree Sree Thakur. It was a quiet place that was isolated from the rest of the house. There were times when I had tried to meditate in my own bedroom, but it never quite felt the same. So going downstairs became my routine; I'd meditate almost every morning, at 5:30 AM, for several months. But then school finished up. The summer came into bloom and I was free once again. And that lack of structure meant sleeping in, taking my time in the morning, and becoming easily distracted.

My father and I took a trip out to California for a week this past June. It was going to be the first time that I'd be meditating outside of my home. And it wasn't just a trip where we'd settle into a hotel for several nights in a row. No. We stayed in a different place almost every night. It meant that the setting upon which I would meditate could no longer be the same. At first I was flustered. One morning I was meditating on my sister's bedroom floor in between piles of clothes. The next morning, I was meditating in my hotel room with kids running down the halls and trucks honking in the parking lot. I was out of my meditative comfort zone but this was reality. The more times we traveled that week though, the more I began to accept it. I began to realize that Sree Sree Thakur was with me no matter the situation. Whether I was meditating in my sister's bedroom or her living room, on the hotel floor or on the bed. For the longest time, I had convinced myself that I could only meditate in my father's room downstairs because that's where Sree Sree Thakur was. I couldn't meditate in my room. But it was in these moments that I was reminded that Sree Sree Thakur can be anywhere and everywhere. That he is with me wherever I am. He does not judge one space next to another, but rather, he is a part of me always. This may sound naïve and obvious to you, but I'm still learning.

Since returning from California, I have graduated and recently passed my board's exam to become a Dietitian. I am about to take a big step forward on the journey that is my life and while I don't know exactly where I'm headed next, I know Sree Sree Thakur will be right by my side, helping me navigate to find my way.

The End.



Some Thoughts on Loss

Gisela Lichtgarn, Unionville, CT

There is a profound character in the Old Testament of the Bible by the name of Job. He was considered a righteous man who was devoted to God. He was wealthy, owned much land, and much cattle. Then God decided to test him.

As part of that test Job lost his crops, his cattle, his home, his wealth, his children and finally his health. His wife was very unsupportive and told him to “curse God and die.”

Self-righteous counselors blamed him for all his troubles.

But Job did not lose faith in the Lord and answered them, referring to God:

“He knows the way I take; when He has tried me, I shall come forth as gold. My foot has held fast to His path; I have kept His way and not turned aside. I have not departed from the command of His lips; I have treasured the words of His mouth more than my necessary food. But He is unique and who can turn Him? And what His soul desires, that He does” (Job 23:10-13).

Job is a very admirable person when we think about it. He even understood that through trials we get stronger: “No pains, no gains”, as Sree Sree Borda told me so long ago! “Now you repeat that ten times,” he said to me and I repeated it ten times! The next day my husband came down with typhoid, 103 degree fever for a period of about 2 weeks! It took him over 4 years to get entirely over the effects of that illness!

Later on Job goes so far as to declare,

“Though He slay me, I will hope in Him.”

He would be willing to lay his life down for Him and still have his faith intact!

All of us have or will have to endure loss of some kind sooner or later. For some of us it may be the loss of a loved one, a spouse or a family member, a near and dear one, or a friend. To have the equanimity of a Job, the tremendous depth of faith, the surrender to God’s will, that is what most of us, including myself, still have to learn to acquire! To go beyond good and bad events is the challenge here. In the morning and evening prayers we sing twice a day,

“Oh my Beloved, be kind to me, give me the gift of love.

Let sorrow and happiness not have a hold on me, let all disturbance go away.”

Sree Sree Thakur too wants us to transcend positive and negative events. Peace is possible when we do. By His grace we have been given certain tools like Jajan, Jaajan and Istabhriti, Swastayani etc. which help us along the path. We have been given the Holy Name, the repetition of which helps us in the process of transcendence. The more we repeat the Holy Name, the more we become attached to Him Who is WITHIN and the less we remain attached to the OUTER world! Then when we experience a loss of some kind, be it an insensitive comment of a so called friend, the desertion of someone we have known for over 8 years and who never returns our phone call, or be it rejection of any kind, we are able to “survive” that loss, forgive the ignorant person

who committed that unkind act and try to love them in spite of what they did! Sree Sree Thakur would not want us to do any less. We are blessed to have been given the Holy Name and the ability to repeat it, as fast as possible throughout the day and also during separate times of meditation. This meditation acts as a shock absorber. The greater the shock the more the Holy Name will absorb it! What a blessing!

To think that Job did not have the Holy Name and yet was willing to surrender his will to God's will and realize that it was the Lord's plan to bring these troubles into our life, so we may learn what He wants us to learn! What great and profound FAITH he had!

May everyone be blessed through the Holy Name and the practices with Peace, Happiness, Fulfilment and Joy and may sorrow and happiness not have a hold on us and may all disturbances go away!

The End.

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We pray for idols – to concentrate our mind. If all this praying time were devoted to concentration the results would be better. Japa, kirtan, bhajan, charity, pilgrimage, fasting are different way of prayer have individual benefits. The supreme method of prayer is however complete concentration of mind.

Real prayer will sharpen intelligence, give proper and timely guidance in day-to-day actions, show correct path in all directions, restore mind-peace and infuse power to think correctly and attain achievements with greater speed and efficiency.

PRAYER LEADS ONE TO ABILITY! : It is nothing but loquacity when prayer or worship does not excite the inner thrill that leads one to be soothed, solemn and able! – *Message I, Sree Sree Thakur*

Prayer is to draw out the holy talent that lies within, by a pursuit of praise in a conscious pane that invigorates the heart and accelerates ability with an illuminating hope! – *Message I, Sree Sree Thakur*

Meaningful impartation of enthusiastic urge to fulfill some desire in action is the essence of prayer. – *Message I, Sree Sree Thakur*

BE FRIENDLY, SERVE THEN PRAY: - First be friendly to your neighbor and serve the sufferers if any, then go to your church to pray the blessed boon of Providence. –*Message V, Sree Sree Thakur*

*Contributed by: **Abhijit Panigrahi** from various sources*



Be Concentric

Preeti Marasini, Austin, TX

Once an American visited Sree Sree Thakur and asked Him when going back to US,
“Please tell me in two words, how should I lead my life?”

Sree Sree Thakur smilingly replied, “**Be concentric**”.

The man, not understanding what the Lord said, asked “To whom?”

Sree Sree Thakur replied, “**To the Living Ideal**”.

Then the man said “What if my living ideal is Henry Ford?”

Sree Sree Thakur said “Then you will become like Henry Ford but never like Jesus Christ.”

To me, the most important words said by Sree Sree Thakur was “Be concentric”. What an American asked decades ago sounds like a fair question for our environment today and the answer given should be followed universally. Concentric means ‘Of denoting circles, arches, or other shapes that share the same center’, per Oxford dictionary. To me, it holds a deeper meaning of everything we do, everything we think. Every choice we make should be centered on my Living Ideal, Sree Sree Thakur. He should be the center of me, my family, gradually my environment and so on.

Once Sree Sree Boroda said, ‘The work of our ‘mann’ (heart) is to be fickle, but repetition of the Holy Name stabilizes it’ *. What I understand is that we all have many choices in everyday life. These choices sometimes make us fickle-minded but the repetition of Holy Name stabilizes our mind and helps us to be concentric. Thus we end up making a superior choice. Sometimes it is as simple as saying to ourselves, “What choice will make my Lord happy?”

Once Sree Sree Thakur was explaining to a mother, how to teach her children to be Ideal centric. Sree Sree Thakur said by giving an example, “In winter time, if someone comes to your home with fresh oranges and your children are tempted to eat it. You should tell them – OK! But first offer it to Thakurbari (or temple) and then we all will eat it. Then you should make them offer oranges to the Lord. By actually doing this, you will teach them that the Lord is the center of all they should do. This way you will teach less by words and more by actual doing.” [Alochana Prasange, part II, Hindi, pg 226]. Such habits teach us, our family and environment to be concentric.

Back in India in 2001, the place I was working at was looking for 4 candidates internally who would require travel to US for training and knowledge transfer to the office back in India. There were many thousands of potential candidates that applied for this position. I was also keen to apply. I happened to travel to Deoghar and went to Pujyapad Acharya Dev Sree Sree Dada. I collected all my courage and with help from my uncle, asked Pujyapad Acharya Dev Sree Sree Dada that I wanted to travel and work in the said position. Dear Acharya Dev touched my head with His Holy Hand and said “If you go, will you take me along with you?” With tears in my eyes, I could only nod my head in acknowledgement. I got selected. For years after years I could not understand why Pujyapad Acharya Dev Sree Sree Dada said the precious words until I got

married in 2007 and moved to US to live here. What Dear Acharya Dev told me in 2001 started to make sense. He wanted me to take Him with me not physically, but in my mind, in my deeds, in my thoughts, in my actions, in my family, into my environment. He wanted me to take Sree Sree Thakur and His teaching in everything I do. Honestly, I have faltered many times, and still have a lot to learn.

I want to share a little story from the Hindu epic Mahabharata. Dronacharya, who was the guru for the princes of Hastinapur (Pandavas and Kauravas) wanted to test his students one day by hanging a wooden bird from a tree. He asked all the princes to shoot at the bird's eye with a bow and arrow and tell him what they saw before they aimed. Some of them said they saw the tree, some said they saw the bird hanging from the tree. Then it was Arjun's turn. Arjun was a renowned archer and a dear disciple of Lord Krishna. When Dronacharya asked Arjun what he saw Arjun said he only saw the bird's eye and he shot at the target of the bird's eye. At this, Dronacharya said, the best archer is the one who only sees the target and nothing else distracts him. Thus success lies in concentrating on one.

So, are we living a concentric life? Do I represent Thakurji in everything I do? How much of the principles do we compromise everyday? Does my duty end after my morning istabrity? If we look deeper, we all know where we stand. But Sree Sree Thakurji's blessing does not stop with anything. He gives and gives unconditionally. He protects us from so many unseen and unknown calamities irrespective of what little time we give him. We do live a better life then yesterday. And now we have to help move others to a better life. My humble prayer at the feet of the Sree Sree Thakur is that we all represent Him in everything we do, everything we think, and we be concentric.

Just by saying the below words from Satyanusaran can help us bring Sree Sree Thakur into the center of all we do.

**“Thy will is good.
I don't know what will make me good.
Let Thy will be fulfilled in me.”**

The End.



Amazing Stories on

How I Was Saved

Gabriel Lichtgarn, Unionville, CT

I have 2 stories to tell that are kind of like miraculous. One is about a flashlight that I lost about 20 years ago. One day it was snowing a lot in the middle of winter. I was using my snow blower to clear the path around our home and it was getting darker as it was nearing the nighttime. I had a small, black-colored mini-maglight flashlight with me so I could see where I was going. While I was busy clearing the snow, I accidentally dropped my flashlight in the snow. I was very upset about losing my “special” flashlight. It was dark out so I could barely see outside. I thought: “Now what will I do?” I suddenly got inspired to look outside, in the snow for the flashlight, even though it was quite dark out. I re-traced my steps in about 2 feet of snow, reached sort of randomly into the snow at some point and I pulled the flashlight out of the snow — without seeing it at all! I don’t know how this miracle of sorts happened; all I can think is that Sree Sree Thakur must have guided my hand to just the right place miraculously! My parents I were amazed by this incident, and I was very thankful!

Another incident that happened to me occurred also in the middle of winter, but this was just a few years ago. One day I was driving home from work on a snowy and icy day. I was almost home, about 500 feet from my home. As I was turning right from one road to our road, my car suddenly started to slide around. I was driving carefully; I must have hit a patch of ice. I was so scared for a few seconds; I was very worried that I might hit the car that was to my left as I was entering our road. I then quickly turned the steering wheel in such a way that I was able to re-position my car and avoid hitting both the other car and the curb! After being in shock for about 2 or 3 minutes, I recovered and I was very grateful that I had avoided an accident completely. I think that Sree Sree Thakur must have again guided my hands so that I could very quickly turn the steering wheel on my car to avoid an accident!

I like this quote from the Satyanusaran (written by Sree Sree Thakur):

“Rely, and you shall never be frightened.”

The End.



An Awesome Association

with Ritwik Devatas

Supti Biswas, Paterson, NJ

Taking Initiation (Dikkha) after marriage was a tradition in our family. Like everybody else, I also took initiation to my husband's Gurudev Sree Sree Thakur Anukulchandra. Since both of my parents were also devotee of the same, I kind of knew some of the environments and the activities peripherally. Everything was fine with my life at Chittagong in Bangladesh. I was in touch with Satsang and Ritwik devatas. However, something was absent in my devotional life which I never recognized. Upon our arrival in Paterson, New Jersey, a little union of the Satsangees developed as Thakur desired by the leadership of Ashis Chowdhury da. We started a monthly Satsang congregation by rotation among the families in that little union. But still it seemed something was missing in my devotional activities. In 2013, I heard we would have a special Satsang which would be attended by some Ritwiks who would come from Indianapolis which is approximately 12 hours driving distance away from New Jersey. What a urge to serve Thakur!!!! In that special Satsang, the Ritwik devatas that were present were Pranab Biswas da, Richi da and his father Jogen da. Worth mentioning, Jogen Da has seen and had association with Sree Sree Thakur. I felt so lucky to have met him. Their performance was filled with knowledgeable speech and melodious music sung by Ritwik devata Pranab Biswas da. The combination was so wonderful that quickly attracted my mind and gave me a difference, a completely different feelings about Satsang. In another Satsang, I have met Ritwik devata Asis Basu da and Ram Kinkar Thakur da. In that Satsang, I have known Lord SreeRam devotee Hanuman is still alive in our current society inside some of our Thakur devotee like Ram Kinkar da who is always ready to sacrifice his most valuable things that might be needed to serve Thakur. And I am very impressed by Asis Basu Da's speech, "Ma, Love your Thakur like foolish." Wow! what a proposition!

I found those speech and events are the turning point of my devotional life. And thus I figured out what was missing in my devotional life, was the company of true lovers of Sree Sree Thakur. They did not tell us "hey, you guys have to do this and that for Thakur." They themselves are the literal example what we people should be like and what we should do for others. Thanks to the global world for giving us the opportunities to meet such Ritwik devatas and having instruction and inspiration from them. However, no matter how great a company I had with true lovers, no matter how much pleased or contented I was with, if I do not follow their way of practice, I am sure I will receive none but distress.

Lastly, I know my writings sound like I am a reporter but these are my concrete feelings I ever had which needed to express. Moreover, you also guess how empty my knowledge and devotion to Thakur is to dare to write about Thakur.

The End.

Sree Sree Thakur in My Life

Debabrata Chowdhury, Paterson, NJ

Sree Sree Thakur known to many as a kind soul. He has done many things to help us be at our best, in both physically and mentally. We may not realize it at first but everything he does or tells us to do, even if it doesn't seem so at the time, will help us. He has never asked us for anything or inflicted harm upon anyone. All he wants is for us to be safe and healthy.

All through my life I have considered myself lucky to be the son of devotees to Thakur. Even though I became initiated at the age of 13, Thakur started to help me long before that. When I was 3 years old, I had just learned to talk; I saw a knife and started to play with it. After a while my mother heard crying, and rushed into the room. She saw me crying next to a knife. When she asked me what happened, I answered, "Thakur told me not to touch the knife." This proves how Thakur always tries to help us. He is truly the embodiment of God.

As I have stated before he has always tried to do everything in his power to help us through in life. He has written many books about what to do in different situations. But only reading these books will not help. In Satyanusaran He wrote, "Reading books don't become like a book. Try to breed its essence in your bones." What this means is that is when you read a book try to understand the book, don't read it superficially. And to understand as best as you can, you have to be devoted to Thakur. Without devotion and personal attachment to a Living Master (Acharya), human cannot control the fits of passion and complexes and it is impossible for human to follow commands by reading books. When this devotion becomes deep then, and only then will you have great success.

The End.



A New Beginning of Expansion

Anwasha Baidya, Manchester, CT

8th June, 2014 - I landed in the most sophisticated and developed land in the world, The United States of America. People believe it to be the epitome of advancement and progress. While exploring the roads of New York to Connecticut I assured my thoughts that "Yes, this has to be the most peerless piece of land on earth". It is in many ways different from my country. Initially I was totally blown away with the glaze and luster of the city, even the sun and the stars seemed to be new. But gradually with the passage of time it felt futile. The cacophony of the vehicles, the hustle and bustle of the shopping malls was of no interest to me. I was getting used to the place but loneliness was eclipsing me, I was becoming home sick. I stood still within the busiest and the fastest changing world around me. I realized that I was losing myself, my existence in the pace of the citylights.

27th June, 2014 - I was invited via email to join a Satsang at a place called Unionville in Farmington. The timing of the Satsang was also different from that in which I was accustomed to. I reached the place (though a bit late) and to my utmost surprise found myself amidst a group of people of different languages but of the same community sitting together and praying in front of my own Lord. I saw Sree Sree Thakur seated along with Boroma and Rev.Borda and smiling at me. There were beautiful flowers and candles which made up an auspicious and pious ambience. Everyone, except to whom they were praying was new to me. It was an immense pleasure to see people uttering in an Indo-American accent, the same prayers that I used to do every evening. It was amazing when I saw people sitting at the opposite end of the earth but thinking alike. Living a hundred thousand miles away but talking of fulfilling the wishes of Reverend Sree Sree Dada. I felt a deep connection with those people when they discussed about the Pursuit of Truth, the sayings of my Thakur. That day I witnessed that He can dwell in several different places at the same time.

Meanwhile I became a part in the conversation of establishing a foothold of Thakur in this land calling it the "**Satsang America**". During the conference I comprehended that here my achievements will not be limited to Jajan, Jaajan and personal upliftment by meditation. I am here to make my tiniest contribution in this Strategic Initiative. I believe in decades or so there will be a time when America will no more remain a stranger and all will be attached to the Supreme Father- the ultimate source of Eternal Peace. The day will come when not only America but the whole world will pray together to the Supreme Father. Param Pujiyapad Sree Sree Dada's wishes will surely become reality and I am truly fortunate to be a part of this whole venture.

*"When the mind is fastened to worldly things, it is addiction.
When it is attached to the Divine, it is devotion."*

- Satyanusaran

The End.

Do Miracles Happen?

Chandra Sekhar Guin, Tampa, FL

I was quite fortunate to be brought up in a small village that has several religious values since generations. Some say that a few generations back, some members of the village had migrated from the birth place of Lord Chaitanya Mahaprabhu, *Nadia* (a place in eastern part of India). Probably that could be the reason for religious values in my village. I used to listen to the magnificent stories of the Mahabhaarat epic in my childhood days. A question used to come to my mind why Krishna being the Lord, the Supreme of the entire universe, took such a long route to eliminate the evils from the world. Why couldn't he do miracles that would have eliminated the evil forces from the universe quickly and establish Dharma easily? Since Lord Krishna could not do the miracle then, do miracles really happen? Do they really exist? Several questions used to come to my tiny mind in those days.

With these unanswered questions in my mind, I started my life's journey, and departed from the village for higher studies. The more I studied, the more the modern educational system added question to my questions instead of answering them.

So after all why do we expect miracles? We look for miracles so that we can see the results quickly, without any efforts, without any hassles. I have seen various magicians performing miracles in stage shows to attract the audiences. Though there were no such miracles, as a child, I have seen many such shows and was temporarily convinced that miracles do exist. I was annoyed with God too as He doesn't show any miracles.

A decade later, I was supposed to travel in a train to Bombay (now known as Mumbai) to start my career as an engineer. The journey was a very challenging one as my village is far away from the train station Bhubaneswar, where I was supposed to board the train. After departing from my village, on the way I realized that I left my suitcase key back home. The money that I kept in my pocket ran out with several expenses like fare, food etc. I had kept the rest of the money securely in the suitcase. Though I was very nervous I did not lose my calm and boarded the train with a pre-booked ticket and with a little money in my pocket. In fear of further troubles like robbery (as it is very common on any train journey in India), I did not ask any help from nearby passengers to break or open the suitcase lock. With an empty stomach and the hot summer journey, I was completely exhausted. The cool breeze near the Bay of Bengal forced me to take a nap after securing my suitcase. With a little pat on my back, my eyes opened, and I saw a dark colored man showing a number of keys and insisting to me if I needed any help in opening my suitcase. Before I recovered from my nap, I offered my suitcase with no hesitation and the man opened my suitcase with no time. When asked how much I owed him, he nodded indicating whatever I wish. Without any delay, I handed over whatever I had left in my pocket. He left the area without further argument or discussion. I had not seen that man, the lock smith, again in the train throughout my journey.

A decade and a half has passed since then, but still this incident has importance in my life. When I look back, I still can't find a reason how the lock smith knew I needed help. Why the person did not negotiate his charges, which is very common in India? Why the same person was not visible

in the train again? These unanswered questions opened my eyes and mind. Neither do I believe since then, rather I realized miracles do happen. We just realize it later.

Miracles happened in Mahabhaarat and even now. The sun rises from the east, goes down in the west, day by day, year after year. Light comes from the Sun, day by day, year after year. Isn't it a miracle? Several thousand scientists work tirelessly to put a few tons of material (a satellite) into orbit. We salute them and call it an invention, a miracle. What happens to the unseen force that forces several planets into several orbits in a certain pattern, day by day, year after year? How about the unseen power that creates a life in various forms, be it human, animal or plant that wants to grow and survive? Can't we see miracles in these? Yes, we can and we should. All these miracles do happen with the mercy of an unseen power, Supreme power. Some call it *Lord*, some call it *Allah* and some call it *Jesus*. Irrespective of the name, the message is clear all the time, existence and expansion.

Today human mankind has entered into another world in terms of science and technology. He can go to different planets, has the power of destroying all of humankind, is considering to set-up existence on the moon and so on. At the same time he has forgotten the basic concept of life – existence. A human being has forgotten how to live like a human being. Father does not trust mother anymore, son does not trust father anymore, daughter does not trust mother, brother does not trust brother, sister does not trust sister and so on. Today a human being may have the solution to every delicate or complex problem but still he does not know how to make a good human being and establish a connection from one person to another.

Sree Sree Thakur in his own words says:

“Though you have gained such powers that you can move the sun and the moon from their courses, can break the earth into pieces or make all people wealthy, but if you have no love in your heart, you have achieved nothing.”

--Satyanusaran, Sree Sree Thakur

While all of humankind looks for miracles to happen in all aspects of life, one has forgotten the basic need of life: love, unconditional love. Sree Sree Thakur's philosophy and teaching revolves around this basic need of life, eternal love. He has demonstrated in his life, how love can rectify a broken family to a golden one, how an encephalic person can revive his/her intelligence.

The family is the most disturbed place today, which is the basic element of the society. Sree Sree Thakur says, unless we rectify the families, we cannot build a good society. Unless we have a good society, we cannot build a good village, then a good country. So he has given more importance on building good families. His directions in terms of *Jajan*, *Jaajan* and *Istavritiy* revive love within, revive the broken person, and revive the dysfunctional families. Once we revive a person, a person in the family, it solves many problems of society. Today Sree Sree Thakur's established Satsang plays a crucial role as a human making institution where a dysfunctional person tries to be disciplined, father tries to trust son, mother tries to trust daughter, brother tries to trust sister and so on. Once that happens, it would be the real miracle of humankind.

The End.



He Always Cares

Alpana Ray, Houston, TX

First of all, Jayguru to all mothers and brothers! Writing about Sree Sree is always the most difficult task especially for me who know very little about him. No matter what words I may use, it will never be enough to express the divine personality of Sree Sree Thakur and the inspiration I get in my day to day life due to his presence. Truly, this has been a new beginning for me after taking Satnaam (the holy Initiation). Although I cannot define my feelings towards Him, I like to share my experience here.

After getting an opportunity to know Sree Sree Thakur, I always find the eagerness to know more about him. I try to make every effort to know Him and learn his messages. His every message is like the ocean. The deeper we delve into the ocean of Sree Thakur's message, the more knowledge I gain. Like every weed in the ocean have leaves, stem and roots, Sree Sree Thakur's messages have many parts to understand. If I can understand and most importantly implement at least one part, my life will be impacted tremendously. Often, I have lots of questions in my mind, but Sree Thakur tactfully handles my curiousness. He not only answers my question indirectly but also helps me correct myself.

One day, I along with Shital Ma (a devotee of Sree Sree Thakur and my school friend) went to see our friend's daughter in hospital. We were supposed to return to pick our kids from school/bus stop before 3 PM. However due to heavy traffic congestion, we got stuck on road until we reached home at 6 PM. As the clock ticked 4 PM and we were still stuck in traffic, I was extremely worried and helpless thinking about our kids. However, Sree Sree Thakur had already planned to help me and my kids. I called one of my bus-stop friends to pick up my kids and she did. After a few minutes she called me and told me that she gave them something to eat and drink. Being a mom, I was concerned that my kids will be hungry as they are used to eat dinner by 5:30 PM and there was no way I could reach on time to cook for them. Surprisingly, another friend of mine called me to inform that she had cooked food for my kids today even though she did know nothing about the situation.

That day I really felt Sree Sree Thakur's presence when I was absolutely helpless. During the whole time, I was mentally chanting the Holy Name all the time. One thing that kept popping in my head while I was meditating his Name was that Sree Sree Thakur was telling me that he would find a way to feed my kids. We all know that Sree Sree Thakur feeds us all everyday, but that day he wanted to remind me and show His presence.

As soon as I picked up my kids and came home, I played a Thakur-bhajan on the computer while my kids were eating. Sree Sree Thakur not only wanted to help me but He also wanted to teach me a lesson. The Bhajan I played was by Usha Mangeshkar, "Kya Mangu Kya Inkar Karun" from "Dayal Bhajananjali". I have viewed this bhajan several times before but that day the video stopped at one point to show me what Sree Sree Thakur wanted me to learn. The words that were flashing on screen written were "Know this for certain you are responsible for present and future – of yourself, your family, your environment and your country". When I read those lines, there were tears in my eyes as my husband had said before he left for work that we will go visit your friend on the weekend, but I did not listen him and overruled his request. I could not even

help my friend in the hospital as traffic conditions and error in address didn't allow me even 10 minute to spend in hospital. Shital Ma's kids were also waiting to be picked up from school bus. She called one of her bus-stop friends and he not only picked her kids, but waited outside Shital Ma's residence for over an hour until Shital Ma reached home. We both learned to prioritize the things in life.

I know for sure that The Almighty Lord always helps us when we are in need. This may be a very small incident for some of you but the situations I was in that day and the help I received is nothing sort of a miracle for me. Every morning we wake up and before we sleep, many small incidents happen in our day to day life which we all tend to ignore. But I know Sree Sree Thakur is present to help and guide in all those moment.

O Thakur! Thank you so much for your Holy presence in my life and I sincerely pray to your Holy feet for your divine blessings for all of us.

The End.

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Forgiving others can benefit us physically, mentally and spiritually. All feelings of anger, hatred and vengeance cause damage to the physical body.

Second, there is a *karmic* price one must pay when one is filled with anger and hatred. In anger what we are doing we do not know. Which can make bigger danger than original one.

LOVE and FORGIVENESS is password to win other's heart. Forgiveness is the remedy for anger and this will help us re-enter the domain of the Lord.

There are many spiritual benefits to practicing forgiveness.

1. Improvement of our meditation.
2. We control our negative qualities.
3. Forgiveness is a good detergent to purify ourselves of karmic debts.
4. Love and forgiveness inspire others to love and make world peace. We can transform our life and achieve goal of self-knowledge and GOD realization.

Pardon, but with the heart. Filled with rage, don't forgive out of incapacity. Forgive, but do not harm by indulging. – *Satyanusaran*

FORGIVE AND FORGET: Whoever is sincerely able to forgive and forget, Nature receives him cordially with the same tribute; otherwise undue demand insults and makes one miserable repeatedly. – *Message I*

THEN KNEEL AND PRAY: Forgive ye and forget with a warm uplift of sincere doings compromising if there be any abuse of our misunderstanding, then kneel and pray; otherwise the worship will not reach unto Him where He dwelleth in the church within you and abroad! – *Message I*

Forbear and forgive, but let not it be harmful to any one! – *Message I*

Contributed by: Abhijit Panigrahi from various sources

Divine Dreams

Ghana Shyam Giri, Milpitas, CA

It's very natural that human beings see dreams since ancient times. Not only humans even animals dream, say animal researchers. Various kinds of good and bad dreams are seen by human beings. People see dreams at different stages like infants, childhood, adulthood, parenthood and even at old age. Sometimes dreams become the future path, guidance and an inspiration.

There are various epic moments and series of ancient incidents are associated with hints or indications given in the dreams. The construction of world famous Lord Jaganath temple in Puri, Orissa, India and its making of its three Idols (Lord Jaganath, Lord Balabhadra, and Goddess Subhadra) also the outcome of the command given in a dream to King Indradyumna and Queen Gundicha.

Many prophets like Lord Jesus Christ's, Lord Sree Chaitanya'a, Lord Ramakrishna Paramhansa's birth or holy arrival were also given in a dream. The Supreme Love Lord Sree Sree Thakur Anukulchandra (1888 – 1969) the embodiment of Holy Name, The Holy Name was received by his mother Manomohini Devi from her Master Sree Hajur Maharaj in a dream when she was just 9 years old.

Our Love Lord Sree Sree Thakur also once spoke about a dream on 1948 July 4th Sunday, at Satsang Ashram, Deoghar, India. He said: "Yesterday afternoon I saw a dream. There was a big house, there were some mango trees –

nearby there were some people. As if someone was singing a song, someone came at that time. He was such a kind person that he alone would change the fate of India. That time I have told him everything and have asked to promise by touching the feet to do whatever is necessary for the glorious establishments of "Arya Dharma and Aryakrishti". He has done the same as well. He has unfathomable courage, self-belief, same as

Thakur was the only Savior and resort for me and "*Thy will is good let thy will be fulfilled in me*" Thinking this I kept repeating the Holy Name intensely and asked my wife to do the same. Beyond my imagination ...my son got back to normal within 30-45 minutes and within an hour we got discharged from the hospital and went home.

devotion. These few things blossomed from him during the time of oath taking ceremony. Waking up from sleep I thought, "oh my unfortunate fate". That time Thakur was being asked what the age of the person was. Sree Sree Thakur said, "Same as Bholanath Bhai (Bholanath Sarkar was present there). There is a small beard in his face. His body color is like mine slightly dark. He was wearing a slick coat and he looks like an impossible man. (Translated from an Excerpt, Published in Oriya Daily newspaper of Alochana Prasange 12th) Though dreams are fascinating experiences in everybody's life, in my personal view the particular truth of any dream is always aimed at the dreamer himself and not at others. Even grotesque and trivial dreams hold great importance in showing one what his or her immediate difficulty is. I believe dreams hold much more importance in our day to day life. It brings from our unconscious what

we are neglecting or overlooking our decision making process, which balances or compensates us for what we are not thinking about in our given situation.

I would like to take this opportunity to share some of the dreams I have experienced with by the Supreme Grace of our Love Lord Sree Sree Thakur. Many times dreams I saw became true in my real life at a later stage. By his infinite grace, dreams brought huge blessing in my life hinting at a future outcome. I do not know if I should share a few of my very personal/family experience or not. Though I used to see many dreams I would like to share a few of them. Many times I found that some of the dreams turned real in my life... after same incidents happened or in the mid-way I got to realize that, "oh, exactly this event I have seen in my dream".

Once in a dream I saw that my only son who was then 3 years old, his entire body, face and lips turned into pale-greenish color. While I was lifting him up with both of my hands he was quite non stable and became like spineless without bone in his body. When I woke up in the early morning for regular dawn-meditation, the same dream kept lingering in my mind. But somehow I continued to do the meditation and repeat the Holy Name, remembering the message from Satyanusaran "*Pray to the Supreme Father: Thy will is good. I don't know what will make me good. Let Thy will be fulfilled in me (Sree Sree Thakur)*". I kept repeating the Holy Name Next day we went to the hospital for a pre-scheduled visit for a routine medical procedure for my son. During the medical procedure (PRBC transfusion) his body got the reaction adversely....and due to this his lips and face became dark and pale-greenish color, his body temperature shot up to 103 – 104 and he started shiveringintensely. Immediately doctors and nurses got into a rapid mode of action. Thakur was the only Savior and resort for me and "*Thy will is good ...let thy will be fulfilled in me ...*" Thinking this I kept repeating the Holy Name intensely and asked my wife to do the same. Beyond my imagination ...my son got back to normal within 30-45 minutes ...and within an hour we got discharged from the hospital and went home. I heard and knew this kind of adverse reaction during the PRBC transfusion is fatal. This was only possible due to the divine blessings from my Love Lord Sree Sree Thakur and nothing else....

In another incident my son was once admitted to the hospital due to a stomach infection. He was suffering from severe vomiting and loose motion. He was vomiting and going to loo around more than 15 - 17 times per day. He was not at all responding to all the medicines and injections. We were quite worried and the doctor told us that it will take a minimum of 10-15 days to settle down. As he was quite serious, my wife and son were kept together in a central vigilance area where they were being monitored (24X7) by doctors and nurses in order to respond to them as quickly as possible. I used to sleep the whole night inside my car at the hospital parking lot in case they would need me at any time. I used to do Ishtabhriti and prayer inside the car. One day after Istabhriti and prayer I fell asleep while waiting for the morning. I saw a dream that I am in a Satsang where Sree Sree Borda, Pjuyapaad Dada and Babai Daa and other Ishta family were present and I was sitting behind Sree Sree Borda. After waking up from sleep I tried to analyze the dream but I could not analyze it why I saw this dream. But I had the firm notion that definitely something good is going to happen ...I observed that from that day onwards my son was responding very well to all the medication administered to him and then in two/ three days he got completely cured and we got discharged from the hospital.

After some days passed I came to know that newly initiated my mother in-law has kept an oblation at the lotus feet of our love lord Sree Sree Thakur to have a Satsang for my son's quick recovery on that same day during the morning prayer.

In another dream Pujoniyaa Nutan Boudi (Wife of Pujoniyo Sunti Daa) was giving me a white silk saree while I was offering my pranaam to her. In the morning I was trying to understand why

she was giving me a saree but I could not understand anything. During those days I was staying in USA (here) alone and my family (wife and son) were staying in India. Normally every morning I used to talk to them thru Google / Yahoo video chat. During our daily morning chat my wife told me that while she was preparing for evening prayer and was trying offer *diya* (light with oil filled lamp) the white silk saree caught fire and my wife escaped unhurt.

This is enough to understand the huge and infinite blessings of my love lord SREE SREE THAKUR that due to his kind grace I and my family members are being protected and saved each and every stage of our life.

In another incident sometime around Feb 2013 due to budgetary restrictions at my work the project I was working on got finished. As per the company norms I was supposed to stay only two weeks on the bench (without any project) but after one month passed I could not get any project to work. Hence ideally I was supposed to go back to India. Somehow my engagement manager managed my billing which enabled me to stay a few more weeks without any project. I was quite worried. One day in a dream I saw I was offering Pranaam to Pujyapad Acharyadev behind him at a 15 – 20 feet distance while he was walking on a narrow trail in a green field. I could not recognize the exact place. When I was getting up after doing the pranaam I saw Pujyapaad Dada coming back to me, seeing him coming back towards me I kept staying with my knees down with my hands held together (pranaam). He came and gazed at me for 2-3 seconds with a very bright smile without uttering a single word and then he went back on his way. His smile poured new hope inside my heart and I was filled with divine courage. Next day I was happy and excited that definitely something good is going to happen due to his blessing.

You won't believe immediately the next day I was called and asked to meet another engagement manager for my next project assignment. I met the engagement manager and immediately got assigned to a long term project and till now I am working on that same project due to hisinfinite grace and kind blessings.

I could remember the message given by Sree Sree Thakur

***“Ishta, Guru-Purushottam
Pratik, Guru-bongshodhor
Retoshorire supto theke
jyanto tini nirontor “.***

This saying means, “Gurupurushottam Himself is the Ista. And the descendant of the Gurupurushottam is His symbol (Prateek) seeing whom, awakens in us His memories. Physical similarities, more or less, are present among the descendants. He remains awake among His descendants. Hence, we should always have reverence towards His descendants”.

Dreams should not be considered unrealistic or illogical. There is a definite reason for everything we see. Through the professed philosophy “Being and Becoming” of our love lord Sree Sree Thakur and by practicing Jajan , Jaajan and Instabharity, sastawayni, sadachaar we can make ourselves more in tune with the Supreme Being, so that we can understand /analyze the dream and move accordingly on our path of life.

The doer of good never fares ill. He gets his rewards sooner or later.

-Sree Sree Thakur (Satyanusaran)

The End.

He Always Takes Care of My Needs

Mrs Nirmala Giri, Milpitas, CA

I am not a good writer and I don't have good collection of words. But to write about "My loving Thakur" I have lots of experiences to share with all of you. I took my initiation and Sastawyneer after my marriage and I was really inspired by my husband's devotion towards Thakur Anukulchandra. I really liked to hear about Thakurji from my husband. So he used to tell me some incidents of Thakur's life and some real happenings of his blessings. I think all these took me to the nice path of Thakur's devotional ways. But I wasn't able to do meditation in a proper way. Every time I tried my best to do it but I was not able to. A time had come when my life turned to the darkness of night but because of Thakur's grace we could manage it somehow. After that I tried myself to follow all guide lines given by Thakur in a proper way. Then I realized how he always takes care of my needs and everything. I can feel his blessing wherever I am. I made one rule at my home that, no one could take any food before we offered Prasad to Thakurji in the morning. Even I never give food to my son before Prasad time. Whatever I am doing for Thakurji, he always gives me more than that. I don't know, how much I love Thakurji, but I know maybe he loves me a lot. Every day he makes my life easier and happier by protecting me from all hurdles. He not only showers his grace towards my family but also nourishes us with good thoughts. With the passing of time I learned time management with life management, which is very important to keep your family happy. Whenever I read the books of SREE SREE THAKUR, so many good thoughts come to my mind and I tried my best to materialize them. His books and his messages are most precious jewels for life and we should try to follow them accordingly. I would like to share one of my experiences.

My husband came to USA on 9th of January 2011. Now I had to manage alone all of the household plus medical work of my son, who was only 3 and a half years old. My father-in-law was staying with me but he didn't know Pune very well. I was working as a part time teacher at Kendriya Vidyalaya. I was taking Economics of 11th and 12th Grade. So I used to have a very tight schedule. On 17th February (2011), in the morning, when I was just starting for school, my son started crying. He used to stop after 2-3 minutes but that day he didn't. He was crying for Rasmali (an Indian sweet dish). He loved sweet dishes. I used to prepare sweet dishes at home and keep them only for him. Whenever he wanted to have it, my maid would give it to him. But that day we didn't have anything sweet except sugar. It would take time to make any sweet dish for him. I was in a hurry and even I could not promised him that "I can buy it for you from the market, when I will be back from school", because on the same day, we had to go for Satsang arranged by one of our Guru Bhais on the occasion of his son's Birthday. I simply took him on my lap and told him that, "don't cry; today Thakurji will gives you Rasmalai. But you need to wait...". My son used to trust my words a lot, whatever I have experienced. I came back from school at 2.30 pm and again I went to the shop to buy an outfit for that birthday boy. It was the month of February, so prayer time was quite early. So I started for Satsang with my son, father-in-law and my maid. We reached there before prayer time and we enjoyed the Satsang. Now the time was for Anandabazar. I told my father-in-law to take my son to have Prasad. One of the guru Bhais called my son's name behind me. He was offering a bowl of Rasmalai to my son. My father-in-law and my maid were present at that time and by hearing this we got shocked. I could

not believe myself that they had Puri, curry and Rasmalai for Anandbazar. I did pranam to Thakurji and tears came to my eyes. My son suddenly took that bowl and told me that, "MAMA see, Thakurji sent Rasmali for me", and he ate it all. Thakurji always knows my needs and those of my family. He even knows well my nature, my habits and my character just like my father. I was born and brought up in a very simple and small town. Actually I was so much dependent on my parents before marriage. After marriage, I was so much dependent on my husband. I never bought a single piece of clothing for myself before. I never even travelled alone anywhere and didn't have any ideas about the complexity of city life. But a time had come, when I needed to do all things alone. But every day after meditation and offering Ishtavrity to Thakur, I felt more energetic and a protection ring around myself which protects me the whole day. At every single problem I was getting its solution in a very easy way. My life became so easy and happy that I was able to manage every single thing easily. When my husband moved to USA, he only suggested to me to follow Thakurji's guide lines perfectly. I tried my best to follow his instructions and my effort is reflected in my daily life. Now he sent me here because he tries to make my son's life healthier and happier.

The End.



A file photo: Sree Sree Dada offering his obeisance to Sree Sree Thakur.

Men and Women – Sree Sree Thakur

Tushar & Madusmita Swain, Mooresville, NC

Nowadays most of us have a lot of questions and confusion on the basic instincts of men and women. Sree Sree Thakur has very clearly spoken about this in detail. We collected some of the discussions with Sree Sree Thakur regarding this.

Question: What are your views regarding female education?

Sree Sree Thakur: Women should be equally trained as men, of course with difference of temperament. The more they both become educated, the better. And whatever comes of this education, is good for girls. Whatever is necessary should be done to keep their natural attributes intact to improve them.

Question: In Britain girls are joining the police force and the army even. Should our women too follow this?

Sree Sree Thakur: Yes, if it is needed, they can do everything- many women in our country knew the art of warfare. But that does not mean that fighting battles or espionage is their nature. To elevate the being and make it equipped whatever is needed should be done, I presume.

Question: If this constitutes the duties of a woman, it is the same as that for a man. What then is the difference between them?

Sree Sree Thakur: The difference is that a woman accrues (gains) happiness from fulfilling and a man in becoming.

Question: I could not understand the nature of man and woman?

Sree Sree Thakur: The nature of a man is to fulfill by procuring and woman's nature is to do that by which a man becomes nourished, fulfilled and nurtured and her own fulfilment consists in seeing him thus nourished and fulfilled.

A woman derives contentment by nourishing, satisfying and fulfilling. And a man draws satisfaction from fulfilling the wants. Man has more width in his activity while woman has more depth in hers. The width of activity cannot develop much in women. They enjoy the world through their men. Hence their activity is inner and vigorously concentrated.

Question: It is heard that woman is full of love. What does that mean?

Sree Sree Thakur: The first question of love wakes up in woman- and the very symptom of love is to be loud and vocal in admiration. And talking that way without activity accompanying it means love has not set yet. A true woman never ever says, "I shall love only if you love". Love is her very nature and also, love itself is hardly like that. Mother loves her son even before the son has started loving her. Afterwards he procures various items for his mother and brings them to her, and in this way fulfilling her wants he derives satisfaction. Woman nurtures, gives inspiration wherewith man becomes nourished. They increase the mental and physical wealth of father, husband, brother, son through service.

Women's inner tendency is towards motherhood. Their education too should be in the preparation of its fulfilment. Standing on this fundamental principle a woman should do what is accordingly desirable. It can be seen then that to inspire man into growth, to make him elevated and fully equipped, woman too needs to learn and perform everything.

Question: What is the meaning of marriage?

Sree Sree Thakur: Marriage is a very important affair in human life. The fate of husband and wife and their children as well as the formation of a healthy conjugal life depends on it. It can never be a contract. The love that sprouts through the wife's untottering adherence and service to her husband whose affectionate attachment with her sees her through every stiff bend on the path of life makes marriage meaningful, blissful, keeps it ever alive and takes birth as a child through whom the undercurrents of its parents' love for the Ideal flows on with even greater zeal and earnestness.

***"Wife is she
who never wipes out
her adherence to the husband;
Husband is he
who through his love
to lord the lead,
does not separate himself
from her existential interest
in every suffering and happiness".***

The End.

S I L E N C E

Silence is a powerful instrument that helps us to connect to our own inner divinity. The mind becomes silent and carefree, no matter what the circumstance. When we experience the power of silence we will become more powerful. We will then be able to experience peace that will naturally spread to others too.

Silence is the self-reliant language of the real.

There is something beyond our mind which abides in silence. It is the supreme mystery beyond thought. Let one's mind and one's subtle body rest upon that, and not rest upon anything else.

Prayer, japa, meditation, study of philosophical books, pure food, enquiry and Satsang will purify your mind and eradicate ignoble and wicked thoughts. Observe the vow of silence. You will then be able to control your speech. Slowly eradicate negative qualities.

"Never speak ill of others, but indulge in no untruth. Consider before you speak, but having spoken, do not evade. If you have spoken wrong, beware! Do not do wrong. Speak the truth, but don't bring destruction. It is good to speak good, but better to think and feel it". –
Satyanusara, Sree Sree Thakur

*Contributed by: **Abhijit Panigrahi** from various sources*

Purushottam Sarnam

Smt Padmalaya Mishra, Bhuvaneswar, India

Before writing anything about the philosophy (idealism) of Sree Sree Thakur Anukulachandra and how I accepted him as my spiritual guide with my limited knowledge let me say a few words about myself which I believe is a miracle of Sree Sree Thakur. I was born in a remote village of Odisha in India. At an early age of 9 years, I was lucky to get him as my Guru (Guide) through my father whom I loved very dearly. I was very fortunate to have the opportunity of having the "darsan" of Paramaradhya Sree Sree Borama , Param Pujyapad Sree Sree Borda, Sree Sree Dada and all the younger generation of Thakur family until now. I have without even realizing or putting any effort to know Sree Sree Thakur, accepted Him as a member of my family. I don't know how much I love him but for sure he has been extremely kind to give me the opportunity to follow his philosophy amidst all the adversities and hardships in my life (as I lost my father in the early years of my life). Since my graduation days i.e. about 33 years back I had not written anything because of very demanding family duties. But today on my son's [Samindra] request I am attempting to write a bit and that too for the annual publication of Satsang America sitting in Kirkwood Library of Delaware. It is very astonishing to me and reminds me of a Sanskrit proverb.

"Pangu langhayate Girim"

Which means even a cripple is able to reach the top of a mountain if God wishes it. Another saying conveys:

"If the Lord is kind to a person, knowledge effulges from the core of his heart."

Here I want to say if something from my writing touches you all the credit goes to my Lord and for some reason if it makes you unhappy then I am to be blamed for it.

Now at the time when the development in science has reached its peak, a human being is able to control the whole universe sitting at home (using laptops and tablets). Along with science a lot of other fields like agriculture, industry, health and education have developed a lot and it is true that a human being is trying his best to make his lifestyle easy and enjoyable. But in practicality is he able to have a healthy life full of peace and happiness by using the scientific techniques or gadgets? If by paying money godly happiness could have been bought would we not all want to buy it!! So, there is a saying:

***"Roam wherever you like, do whatever you want,
there is no peace until you content yourself."***

A human being is known as the highest form of God's creation on earth because "God has created humans after his own image." That is why a human being is blessed with conscience and knowledge besides eating, fear, lust and sleeping, which all other living beings possess. So, it is rightly said in a proverb "God becomes happy when He sees that the divine knowledge given to humankind is being rightly used." To follow the right path shown by the Purushottam (Fulfiller the Best of the age) accepting Him as the Guide is the objective of a human being to live happily and peacefully in his normal life. But remaining amidst the worldly pleasures and desires he gets attached with those gradually and the path shown by the Lord is lost. In this way a human being

spends life after life, running after these worldly desires. So Jagadguru Sankaracharya rightly said in Sanskrit:

***“Punarapi Janamam , Punarapi
Maranam, Punarapi Janani Jathare
Sayanam ”***

Therefore God (“Narayana” – Narashya Ayana – Path for man) descends in the human form time and again to show a human being who has gone astray, the right path to live and fulfill the needs of the age.

“God becomes happy when He sees that the divine knowledge given to humankind is being rightly used.” To follow the right path shown by the *Purushottam* (Fulfiller the Best of the age) accepting Him as the Guide is the objective of a human being to live happily and peacefully in his normal life.

He is the savoir of mankind irrespective of caste, creed and religion. Whenever He comes in human form (as living ideal) he urges everyone to follow the path shown by Him and gives guarantee “His is the only right path to follow”. Lord Krishna told his great devotee Arjun amidst the battle field (in Sanskrit - Bhagwat Gita):

***“Sarba Dharman Parityajya Mam Ekam Saranam Braja
Aham Twam Sarba Papebhyo Mokshya isyami Maa Sucha.”***

Lord Buddha gave the call –

***“Buddham Saranam Gachami, Dharmam Saranam Gachami,
Sangham Saranam Gachami.”***

Lord Christ gave the same call in Jerusalem in a very similar way –

***“I am the way, the light, the truth,
None can come to father but through me.”
And “Leave everything, come to me and I will give you everything.”***

Whenever he comes and a human being accepts him as his living ideal, the desertion of his previous Guru does not take place. Rather all the past prophets are fulfilled through the present one.

***“Purusottam Ashen jakhan, Sab Gururei Sarthakata,
Tanke Dharle Asena ko, Guru Tyager Ghrinya Katha.”***

To let us know the importance of Guru (living Ideal) Sree Sree Thakur Anukulachandra has said – He who teaches the technique of following the right path holding our hands and leads in the right direction is the real Guru (guide).

***“Bipak Pathe Haat Dhare je Chalar Kaida Sikhiye Dey
Tankei Janis Guru Bole Abhay Pathe Sei to Ney.”***

If one obeys and follows him with utmost love, faith and dedication amidst all the ups and downs in life he can spend his whole life smoothly and happily under the secure and protected shelter of the Lord (Guru). Sree Sree Thakur has emphasized on this by saying in the holy book of Satyanusaran:

***“Take the refuge of the Sadguru. Meditate on the holy Name. And take the shelter of
Satsang, I promise you don't have to think any more about your all around development.”***

The development in the consciousness and intelligence of individual, couple, family, society and nation depends upon the god- following human character and personality. Sree Sree Thakur has

put it in a reverse way and according to him 'Degeneration' of mankind means "Decrease of generation or degradation of progeny" which in turn degrades the personality. The responsibility of woman is much more than that of man in this regard. He says as far as 'Giving Birth' is concerned the role of woman is much more important and special. So, He says: God descends through the mother's womb, so woman is the builder of a nation -

***"Nari hote janme jati , Nari Jatir pran
Yuge Yuge Narir kole ashen Bhagawan."***

Women are the medium of God's divine creation. She fulfills man in many different ways - daughter, sister, mother and wife. But on the whole her role is significant as wife (Jaya) and mother. Because, through compatible marriage she accepts her husband affectionately and becomes the source of inspiration for a healthy and sacred ideal- centric married life which leads to good progeny and in turn makes a prosperous and beautiful society. That is why Sree Sree Thakur has said:

"Man should run after the ideal to enthrone him with a triumph of glory and woman after man."

Hence the divine and pious souls are to be invited through sacred conjugal life and give birth as good progeny for the upliftment of hereditary culture for a better society and nation. This is the ideology of Sree Sree Thakur Anukulachandra who throughout his life span of 81 years has shown the path through his divine life and sayings for the exhilaration of mankind and reformation of human character. If we follow his footsteps with strong belief and all sincerity, devotion and affectionate heart then only our lives will be meaningful and His descent will be a success. After him, according to His wish the tradition of following the Acharya (head of the Satsang family) came into being. Hence his next generations are putting constant effort into mobilizing the philosophy of Satsang. Param Pujiyapad Sree Sree Dada (present Acharyadev) even at his later age is trying His best to flood the world with the idealism of Sree Sree Thakur. So the Bengali version-

***"Adhyabadhi sei Lila Kare Gora Raae
Kona kona Bhagyaban Dekhibare paae."***

– Chaitanya Charitramrita

According to Sree Sree Thakur Satsang is a human-making factory. Sree Sree Thakur says firmly "Satsang wants humans. Whatever we say – be it God, Allah, Christ or the Source of existence, it is one and the same. It does not understand what are Hindu, Muslim, Christian, and Buddhist – because every human being is His son. Sree Sree Thakur has stated in Satyanusaran:

"God is one, Dharma is one, and all the prophets carry the same message of the benign Lord. In my opinion, to speak of Hindu Dharma, Christian Dharma, Mohammadan Dharma, Buddhist Dharma, etc. is wrong; rather, they are so many views."

As such there may be as many opinions as there are human beings. But Dharma cannot be many.

He who knows the existential trail of life and growth with the environmental go is the leading teacher of Mankind.

– Sree Sree Thakur

The End.

The Need for the Living Ideal in Life

Surya Prakash Mohapatra, Bangalore, India

There is a saying in English: *"A human being knows the best, but he does the worst."* The million dollar question is why he behaves like this. Today we have reached the depth of the ocean and have ventured into the infinity of the skies. But does he know how to live like a human being on the earth? In 1969, human beings reached the moon. All of humankind was rejoicing and basking in the glory of this great success. It was a great victory for humankind. When all of humankind was erupting in joy, the then President of India, Dr. Radhakrishnan made a very hard hitting statement which shook the world with a reality check. Dr. Radhakrishnan said: *"Today human beings have reached the moon, but human beings have not reached human beings."* How true and apt his statement was! How relevant it is even today! Today people have travelled thousands of miles to reach the Moon, Mars and are aspiring to go even beyond. But has a human being been able to win the trust of another human being? What an irony is this?

The biggest threat that a human being expects is from one of its kind. A few years ago, when I was roaming in one of the zoos in the outskirts of Chennai (a South Indian city), I noticed a board in front of a cage which read: **World's Most Dangerous Animal**. Curiosity overtook me and I got drawn to the sign-board. I went closer and saw a small door and I suspected that the world's most dangerous animal would be behind the door inside the cage. I opened the door with a bit of anxiety and fear. Guess what I saw inside? There was a mirror where I saw the reflection of myself. And there was a small note below the mirror: **The world's most dangerous animal is 'a human being'**.

"Today human beings have reached the moon, but human beings have not reached human beings."

Today sociologists, educators and politicians have conceded that the biggest crisis humankind faces today is the crisis of 'human character'. And it is the root cause of all problems whether they are terrorism, communalism, fundamentalism, environmental pollution, global warming, natural calamities, bad governance, corruption etc. The human character has become rotten today. It is a human being's greed, jealousy, hunger for power, passions, complexes etc. that have led to his own sufferings and misery. Humankind is passing through a critical juncture today and human life is at stake today because of human beings themselves.

So what is the solution to this crisis? How can the human race survive this threat to its own existence? So when sociologists, educators and statesmen are clueless about this problem and just groping in the dark, Sree Sree Thakur Anukulchandra has come as a panacea of hope. His messages come as a breath of fresh air in the midst of all the suffocation the human race is going through.

An American devotee who visited the Satsang ashram in Deoghar asked Thakur Anukulchandra: "Could you please explain your ideology in two words?" Thakur replied, "Be Concentric." The devotee asked, "Be Concentric around whom?" Thakur replied, "Be Concentric around your living Ideal." The devotee asked, "What if Henry Ford is my Living Ideal?" Thakur patiently replied, "If Henry Ford is your Ideal, you will become Henry Ford but never Jesus Christ."

So who is the Living Ideal? Who should we bind ourselves with and why? Explaining this Thakur says: "There is libido in man. This libido wants to get attached. A person who becomes active due to attachment of this libido to superior (mother, Guru and so on) is bound to rise. The **Bhagvad Gita** says, there is no intelligence or becoming for one who is not attached no peace for one who has no becoming, and no enjoyment for one who does not have peace". Perhaps in another place it says, "Attachment is the technique of achievement. It is the sum and substance. We must be either concentric or eccentric. The latter invites all sorts of miseries whereas if we are concentric around the living Ideal in whom all glorious qualities bloom, we shall never commit any blunder".

The prophet of the present is our true living Ideal. If we love Him and follow Him out of that love, ignoring our lower passions and weaknesses, we become blessed and we grow. If instead we only follow our own whims, ignoring Him, then we receive accordingly. All the misery and tragedy is not His will. It is the result of many years of sowing according to our own short-sighted whims and selfishness. We try to use God for our own petty interests, rather than allow ourselves to be used by God for His interest. Why? Because we think He doesn't understand what our interests are. Such is our own short-sightedness.

If we go through the holy Bible and the holy Koran, we will see an emphasis on following and loving Jesus Christ or Hazarat Rasul respectively. Lord Jesus Christ said several times that loving and following him is 'loving and following the Supreme Father'. If people leave everything for the sake of Jesus, they will have it in return a hundred fold. Those who love and believe Him, will inherit eternal life. Sree Sree Thakur points to a biblical statement, "I come from **above**, ye from **below**" and comments, "There is a heaven and hell difference between an Ideal and a common man." By **above**, Thakur means the world of sublimation and divine attributes. By **below**, he implies the world of passions and complexes. According to Sree Sree Thakur the passions and complexes become the guiding force of a person without an Ideal. His ego rests in passion. Such a person becomes whimsical and neither he nor anyone else can say what he might do. A person attached to an Ideal, however becomes wise, sweet, grave, and strong. Then complexes of an Ideal-centric person become servants of the Lord. He always serves the well-being of others and moves and acts according to the principles of Dharma (religion).

Sree Sree Thakur's philosophy was one of people-making, of inspiring people to follow the path of truth, whatever be their caste, creed or religion, so that each individual became a 'relief center' in himself or herself for society. The best, quickest and easiest way of doing that according to Sree Sree Thakur was to attach oneself to a Living Ideal, follow his examples and materialize his directions in life.

Today, Sree Sree Thakur Anukulchandra may not be in flesh and blood with us. However, he lives on eternally in the hearts, minds and spirits of his ever growing millions of followers worldwide who feel his soothing, loving, fulfilling touch in their lives and who through their concentric love for Sree Sree Thakur, continue to move towards eternal 'being and becoming' along with their family, society and environment.

The End.



Transforming Venom into Nectar

Manoj Patra, Hyderabad, India

A group of devotees was seated around Sree Sree Thakur one late morning on a summer day sometime in the early 1960s. Sree Sree Thakur was smoking from his water pipe (hookah) and was having discussions on various topics with people around him. The sun was bright and the weather hot. Suddenly Thakur shouted, "Oh! Sarojini ma, I have been looking for you, come, come fast". People turned around and saw Sarojini ma, who was very fair-complexioned, walking swiftly, her face crimson with indignation. Evidently she was in a rage, perhaps following some altercation with other women and was hurrying to complain against them. Sarojini ma used to serve Thakur water, paan, water-pipe etc. and used to remain beside him during the day hours. By calling out to her loudly Thakur sort of made her walk more swiftly. She reached Thakur and was fuming with anger and as she opened her mouth to speak, Sree Sree Thakur remarked in a sweet tone "I have been looking for you".

Sarojini ma: "Thakur, I have something very important to say."

Sree Sree Thakur: "That is fine. First you tell me that story."

Sarojini ma: "Which story?"

Sree Sree Thakur: "That story of Sabi ma (Sabitri). All these people have been waiting eagerly to hear that story."

Sarojini ma: "I have told that story so many times."

Sree Sree Thakur: "Many people here today have not heard that story and they really want to hear it."

Sarojini ma: "You know it very well. So you tell it."

Sree Sree Thakur (in a melodious tone): "I cannot tell it as sweetly as you can. Moreover the story is really impressive when you tell it."

Sarojini ma: "Fine, but I have more important things to tell you."

Sree Sree Thakur: "Have I ever said I would not listen to you? I will listen to all your words later. First you tell the story."

Sarojini ma sort of calmed down, her rage visibly lessening now. Sree Sree Thakur had very deftly and dexterously made her mind tranquil by shifting the focus to recounting a pleasant incident. The mind filled with turmoil and hatred could have only spewed venom when like a psychologist at work, he transformed the thoughts onto a positive plane. He lied plainly when he said people were waiting to hear a story from her. But a simple lie like that was worth a thousand truths which enlivened everyone present there.

Sarojini started the story. "There was a garrulous lady by the name of Sabitri. She liked gossiping and could talk for hours together. Once she went to a neighbor's home who had come to the village recently. She talked for hours and then suddenly realized that it was time for her children

to return from school and she had to cook. She hurried home only to find that the mud stove was broken. She quickly mashed some mud and dung and repaired the stove. Then she realized that there was no firewood. She hurried out to gather some dry twigs and branches. She lit the stove and then saw the pot had a hole. She quickly filled the hole with some wet clay. As she looked for water, she found the water container empty. She rushed to the village well and fetched a pail of water. She had to overcome the irresistible temptation to speak with other women at the well. She put the water in the pot which was very hot by now. As she reached for the bag of rice, she felt only a few grains of rice in it. She rushed to the shop to buy more rice where there was quite a rush. With some yelling and pleading she finally managed to get some rice and rushed home. But by the time she reached home, she saw the water had all evaporated, the wood had all burnt and the dry pot was steaming on the stove”.

Almost everybody was smiling as the story unfolded. Sarojini ma then did the action of pressing her hand against her forehead and animatedly completed the story, “She then cursed her own talkative nature and said, ‘O Sabitri how many times I have asked you not to gossip endlessly – now how will I cook in time and what will my children eat?’”

Seeing her action and animation, Sree Sree Thakur and everyone present there laughed out loud. Sarojini ma also joined the laughter.

A person in an agitated state of mind, especially following heated exchange of words with others, can only speak ill of others and spew venom. Sree Sree Thakur like a very skillful psychiatrist had calmed down the agitated mind and absorbed the venom and filled it with nectar. By making her recount the story of a woman who realizes her own folly in a pleasant manner, he had brought about a quick transformation in the person. And to think about it, he did that in a split second without having to think and plan a long time for it. The environment remained as calm as before Sarojini ma arrived with all her negative emotions.

I believe this is the true trait of the sobriquet “Neelkanth”- one who devours the poison to provide nectar to others. Very quietly, calmly and dexterously cleansing a person of negativity and filling all with a positive mindset. In an agitated state a person can only inflict harm on oneself and spoil relationships by spewing venom. Sree Sree Thakur arrested that with a skilful touch of grace and with his infinite love for everyone, transformed all that venom into nectar.

Salutation to the Lover of every lifeform. “Bande Param Premamaya” !!!

The End.



Incidents - Unforgettable

Purna Chandra Nayak, Bhadrak, India

I proceeded to Satsang, Deoghar on 12th April 1973, in a special train leaving from Khurda Road (a place in Odisha, India) to Jasidih, although I took initiation a few days before (i.e. 19th March 1973). There was a specific reason of my visit. My SPR suggested me to visit Ashram and pray for lord's blessing through Sree Sree Borda directly.

One afternoon while taking rest after midday *Anandbazar*, I heard an elderly person narrating some incidents related to Sree Sree Thakur to a group of satsangees. Out of curiosity I woke up and turned my ears towards the narration. One of the incidents which touched me was like this – “Once pujiyapada Kestoda, sitting in front of Sree Sree Thakur was discussing some matter relating to Satsang

I have seen Pujiyapada Dada from a very close proximity and what I feel, he is the true embodiment of love in right perspective, though he appears to be very tough externally, his inner heart is very kind and soft. This may be because he is the third generation of Sree Sree Thakur and the third generation inherits many qualities of the grandfather as Sree Sree Thakur has told.

developmental activities. Meanwhile a devotee from Assam came, offered pronam, and spoke his personal problems and sought for solutions thereof from Sree Sree Thakur. After a patient hearing of the facts, Sree Sree Thakur advised some measures of solution and asked him to report back after one month. The devotee left the place, though he couldn't understand properly. In the evening therefore he met Kestoda and wanted to know what actually Sree Sree Thakur told. Hearing this Kestoda smiled and told that it could not be possible at all to do what Sree Sree Thakur told. He (Kestoda) then suggested some measures on his own way, which the devotee understood and left. One month meanwhile passed, the devotee followed exactly the measures advised by Kestoda and came to Ashram and met Sree Sree Thakur with a gloomy face, while Kesta da was also present. He expressed that the measures of solution didn't yield any positive result, instead helped mounting the problems. Observing the sign of sorrow and deep anguish in the facial expression, Sree Sree Thakur could know the whole episode including the foul-role played by Kestoda. With a broken heart, he gave a look at Kestoda sitting at right side in his right eye with a smile and gave another look at the devotee sitting in front in the left eye full of tears. The smile in the right eye indicated that why Kestoda misled in a wrong direction and the tears in the left eye indicated the sign of grief for not understanding properly.” Subsequently the problem of the devotee resolved following the measures Sree Sree Thakur told.

The whole episode appeared to me unbelievable, absurd and exaggeration of Sree Sree Thakur's activities. However in the afternoon I went much before the prayer time and occupied a place meant for devotees near Sree Sree Borda's seat. After routine pronam etc in the usual manner, disciples started signing bhajan and keertan. While hearing one of the bhajan, Sree Sree Borda was found to be so much enchanted, he closed his eyes and to my utter astonishment, I observed that tears came out from his left eye only and there was no sign of tear in the right

eye. I thought Sree Sree Borda had shown me the tears in one eye just to erase doubt, apprehension and disbelief from my mind. So both the facts ultimately led me to believe that nothing could be impossible on the part of Sree Sree Thakur, Sree Sree Borda and Sree Sree Dada as well. My faith for Sree Sree Thakur and Satsang philosophy started to become more and more firm. This apart, the purpose of my visit too got fulfilled within one year with the blessings of lord through Sree Sree Borda.

Another incident relating to Pujyapada dada occurred in my life. I had an occasion to proceed to Guwahati on an official training program during Oct 1976, where I was to stay for 3 weeks. Almost daily after official duty, I used to roam aimlessly. One day I arrived at Satsang Vihar Guwahati unknowingly. At that time Pujyapad Dada(Sree Sree Ashok da) was present there. After evening prayer I expressed my desire to one of the satsangee to go to Pujyapada Dada for darshan. And the gentleman was quite generous enough to accede to my request. He took me to the room where Dada was sitting on a chair where 7-8 devotees were also present. I offered my jayguru, pronam and sat there on the carpet where others were sitting. Pujyapad dada was discussing with the devotees on Sree Mandir construction at Guwahati. After discussion Dada asked all devotees present there to leave except me. He asked me my whereabouts in detail. Meanwhile he already prepared 2 cups of tea - one for him and the other one offered to me. After tea he also offered me betel and then talked to me many things. And within a short span he could know all about me. At about 8 pm I sought for his permission to leave for hostel which he allowed. Before leaving the room after pronam, pujyapada Dada told me to come Satsang Vihar every evening till my departure to attend prayer and also meet him in his room if he was available. I carried out his instructions till my departure. I used to meet him every evening except for 2-3 occasions as he went to Shilong. Not for the reason that pujyapada Dada was offering me tea, betel, biscuits etc, besides singing devotional songs, playing on harmonium on every occasion I met him, but the greatest thing which I got within the ever shortest period of stay in Guwahati, was his love, affection and sweetest behavior etc that I can never forget. I have seen pujyapada Dada from a very close proximity and what I feel, he is the true embodiment of love in right perspective, though he appears to be very tough externally, his inner heart is very kind and soft. This may be because he is the third generation of Sree Sree Thakur and the third generation inherits many qualities of the grandfather as Sree Sree Thakur has told. At times when I go to bed in an empty mind, the entire incident flash upon my inward eye and I derive utmost pleasure out of that.

Both the incidents mentioned above are the facts occurred in long past, as back as 35-40 years. But my over-age has not obstructed me to remember these incidents although I have forgotten many important matters took place in my life. To add at last, after reading this article if someone's faith on Satsang or Satsang philosophy becomes stronger, firm then it would be a great advantage to me as well.

The End.



Fulfiller the Best

Saroj Kumar Mohanty, Kendrapara, India

Once Swami Vivekananda told- "There is a special class of world Teachers over and above the ordinary spiritual Masters and Avatars (Incarnations). If they command, the lowliest of low can become a Mahatma (Great Soul)". In Sanskrit, these World Teachers are known as Puroshottam (God-incarnate). The world knows them as prophets. It is accepted that prophets are the physical embodiments of God in flesh and blood. They come to fulfill the gaps in the existence of man, so they are known as the Fulfillers-the-Best. They know that they know, and hence, fulfill each and all without an iota of error. By following them, man overcomes decadence and disobeying them, man gets the fall.

They are not many-they have graced the world only eight times in the human form- six times in India and two times abroad, - in Jerusalem and in Arab. But in each case there is no differentiation among them. The past is always consummated in the present like the yester lunar day eclipsed in the to-day one. Their manifestations are not of degree but of the need of the time. More is the ignorance of man, more is his manifestation. Unless followed properly, they are not knowable at any rate because they live like ordinary men on this earth. The difference between the ordinary man and the prophet is measured from the fact that an ordinary man tries to materialize the ideal but the prophet always idealizes the matter .Prophets are concerned with the total existence of man. Hence they fulfill each according to his instinct and all according to their balanced adjustment of togetherness. In the position where the past one leaves, the present one starts with, from the same point, without any contradiction.

Amongst the prophets, Sree Sree Thakur Anukul Chandra occupies a distinctive position his mission is beyond sectarianism and for each and all the people .He has founded '**SATSANG**' which is described, in the Encyclopedia Britannica as the institution which is meant for the upliftment of the being and becoming of man. Sree Sree Thakur has also declared -"Satsang aims at man..."If he is man, it does not matter whether he is a theist or an atheist, Christian or a Hindu or one from any cult. Irrespective of caste, creed, religion or any thing of the sort, one possesses being, which all the while, tends to become. Sree Sree Thakur is very much clear when he discriminates between the terms being and existence .He tells-"That which exalts the existence is being". One is having his "being". This 'being' is divine whereas the 'becoming' is mundane. Sree Sree Thakur tells that if one is strong in being, his becoming is automatic. Between the 'Being' and 'becoming' stands the life-force of individual. For which we exist is 'being' and for what he exists is 'becoming'. Hence if the life-force is normal and not shadowed by its malady, then man is ever energetic and even can conquer death. Sree Sree Thakur is, no doubt, the condensation and consummation of all past prophets and also something which has made him **He**. The upliftment of being and the becoming is dharma (Divine Religion) as He means. In common parlance it is accepted that he shows unqualified love for the humanity. Sree Sree Thakur's love for the humanity is all pervasive and left no parsimony to uphold one. Even he was ready to spare an empire for upholding only one individual. Whoever met him, saw him, discoursed with him, expressed to him his pain of any sort, had definitely been elevate to the tune of perpetual happiness, had all the individuals of the world met him, surely the world would not have been in its present state. His love has/had been ever love is unfathomable.

Some aspects of the past prophets may be discussed to understand them .One cannot know them because they are ever unknowable. They are better understood from their acts of extraordinary divinity. One of such aspects has been accepted as their state of ‘trance’ (Samadhi). Lord Sree Krishna is the great example of it. In the Vagabat Gita, He had displayed his cosmic Body to Arjun, by being in his state of trance from which the world knew who lord Krishna was. Sree Sree Thakur had entered into his state of series of trances which the world did not witness before. Sree Sree Thakur had not only entered into trance but he was having divine utterances for series of days. Other prophets were having trances but without a single word in their mouth as divine utterance. This is most uncommon factor with Sree Sree Thakur which humanity had not witnessed before. The uniqueness of Sree Sree Thakur lies here. Such divine utterances of Sree Sree Thakur have been recorded for only seventy two days where from many things can be learned about his divine personality .These utterances put together into a book, have been named as the “Holy Book”. The nomenclature has been given by Sree Sree Thakur while he was in trance itself and also during such period of trance he has told to send a copy of this “Holy Book “to the countries like, England, France, Germany, America and other state of world. If one comes across the manner through which trance was coming to Sree Sree Thakur, he shall simply sink in surprise. It is place worthy to describe only one of them.

While at school days Sree Sree Thakur imbedded persons to form spiritual circles (kirtan mandali) by way of singing holy songs, dancing and jumping etc. Time came, particularly after completion of his medical course, when he became the central focus of these spiritual circles. Around him grew a vast spiritual circle (Kirtan mandali) whose work was to make people bath in spiritual tide so that the heart of even the hardened miscreants would be changed to get eternal happiness and that really happened. At the peak of this Kirtan (Holy performance) Thakur was going unconscious. Sometimes his body was resting on the toes and sometimes his body was taking the shape of a wheel and was going on rolling on the ground .Aura of light of different colors were radiating from his body. There was sweating of milk color or even blood from the cells of his body. During this period of trance his body was performing several postures unknown to yogic posture. At last the body was coming to a position of stillness, eyes wide open having no sign of sensibility, the heart-beat and pulse were altogether stopped, as if the body was without any sign of life. At this stage his right toe was starting trembling severely which could not be kept resting by application of any human force. At this stage words were coming out of his voice like the streams of spring very soothingly declaring many secrets of the creation .The dictums were coming out in many languages other than, Bengali, English, Hindi, Sanskrit, which were unknown to the persons encircled him .Later on those divine dictations have been recorded for seventy two days only. The world had certainly not witnessed such type of Trance of a prophet beforehand. Many times during the periods of trance he has revealed himself to be Paramatma, Parambrahma (God the absolute or supreme Father)

If such is the earthly life of Sree Sree Thakur, Then what else is required to accept him as the guide in life of any individual! By following him, the true objectives of life, that is, to live and to grow, can be attended. He is the fulfiller –the-best. Man lives in spirit and grows in physique. Hence he has to exist in a world which covers everything from physical state to spiritual state. If the two states do not go hand in hand ,then man has list possibility of real prosperity .Sree Sree Thakur is very much categorical of adjustment of the two in such a way that one will feel as if he is in heaven .He has spoken of an absolutely suffering –free life. He Emphasizes on the fact that man is first bred and then all other things are added to him .The spiritual literatures of the world, the scientific analysis of human life on earth, and the general common sense of man has spoken of and for a good progeny but where to start with the human knowledge is almost silent. Sree Sree Thakur has never been in favor of fore shaking all mundane things so as to enter into

the kingdom of divine bliss. He has been the only personality, so far the world has witnessed, to ordain for the proper coordination of two. He says that if the conjugal life is not successful, the spiritual life shall also end in darkness .From the very beginning that is birth, almost everything of man - his health, his fortune, his ability, his span of life, his ailments, his sufferings and etc are pre-ordained. What he acquires during his life time, is also based on his inheritance. For example the alphabets we write are like that as we have inherited. Likewise other thing, if we truly judge ourselves, every individual is a congruous complexity of father and mother. Sree Sree Thakur alone has dictated the world to note that father contributes the tendency to be and mother the temperament to become. Father enfathoms tendency in child which is infinite and mother measures temperament to become which is infinite. So if the marriage is not compatible, Sree Sree Thakur says, the off-shoot is sure to have misery and if compatible, he can overcome all adversities easily. It is what Sree Sree Thakur tells it to be marriage reform, hence the marriage should be ever permanent and the wife should permanently owe allegiance to the husband .If there is true love between the then loves knows no subordinations rather fulfilling. Husband ,in turn, should be qualitatively so high that the wife cannot shake her allegiance off, to anybody else .Adherence to the Ideal shall never allow the husband to be fallen one .On the other hand if the wife goes on measuring person after person, she can measure none as her mind will be jumbled up with impression after impression. The off-spring there by, shall loose both the quality of the father and capability of the mother. His life is bound to be hellish one, as the world is passing through now. The compatibility of marriage can also be ascertained, as Sree Sree Thakur tells, by matching the couples' through factors like, the totem, the heredity ,difference of age ,health ,family trait, education and etc. one must be careful to find out the woman to be always less evolved than the male. Proximity of any sort shall always lead to defiance, and the conjugal life shall be spoiled. If such scientific prescription of Sree Sree Thakur is only observed, he has promised that the progeny shall be qualitatively well up and can be the 'fishers of men'. This is an unique innovation of Sree Sree Thakur about which the prophets, what so ever, spoke of nothing. So if in human life, the marriage reform is observed by being adhered to the Ideal certainly man will fill to be in heaven in his life time. And can get real happiness.

The End.



Param Pujyapad Sree Sree Dada with devotees enjoying devotional songs



Satsang Vihar, Sylhet (Bangladesh)



Pujyaniya Binki Da with Devotees (Bangladesh)

Diet and Hygiene

Siddheshwari Thakur (Gr. 8), Houston, TX

As Sree Sree Thakur states, health means the well-being of social, mind and body. As long as one of them is not in order you are not fully healthy, thus it becomes vital to look after your dietary habits and also maintain good hygiene.

We all know that today food related diseases such as obesity, heart disease; certain types of cancer, salmonella e.t.c. are on the rise. This is because it is uncommon for people nowadays to understand how our diet and lifestyle can affect our lives.

Firstly we must know that certain foods for example onion, garlic, eggs, meat and fish are intoxicating which can provide excessive energy to the body and lower durability.

A balanced vegetarian diet is best for our body, as it ensures higher longevity than a non-vegetarian diet, however people are still under the misconception that meat is vital to life. As we look further into this we can find that numerous case studies and research shows that meat is harmful, let us look at some adverse effects of eating intoxicating foods.

- Firstly meat is high in cholesterol and increased cholesterol can increase your risk of heart disease. Meat hardens blood vessels.
- Some meats which do not originate from organic farms contain synthetic hormones which can disturb your hormonal balance. Farmers these days use synthetic hormones to speed up and improve the animal's growth. This can lead to unbalanced hormones in our body and certain health conditions.
- Meat which is grown in stressful circumstances generally has a negatively altered biochemistry which can have a negative impact on the consumer's biochemistry.
- Garlic and onion can cause heartburn. Also, eating onions can cause intestinal gas.

Pure and proper diet

"Pure and proper diet
builds the base
of Dharma."

- Sree Sree Thakur

(Message vol. 8)

Health

Again listen to what I say-
proper make-up of life's stay
depends on proper diet;
that is why
the rules and customs
and the regulation of diet
should be
fulfilling and nurturing
to specific characteristics-
contributing to existential
health;
the diet should
in no case become
rajashik or tamashik;

- Sree Sree Thakur

(Dhriti-Bidhayana vol. 2)

A disturbed or depressed mind

A disturbed or depressed mind
is an indication
of irregular function
of physique.

- Sree Sree Thakur

(Message vol. 8)

- It is said that vegetarians are less likely to get cancer by 25% to 50% than non-vegetarians.
- The risk of type 2 diabetes can be increased with meat consumption.
- Meat can damage your brain. Because meat contains a lot of iron, if you eat a lot of it, it can increase the risk of developing Alzheimer's disease. Alzheimer's disease is a mental deterioration which generally occurs in old age.

Even Sree Sree Thakur says in his own experience, that eating such intoxicating food disturbs the meditation and prayer. Once as a child he ate fish and found that it disrupted his meditation and prayer for quite a numbers of days, which was later confirmed when he ate another fish experimentally in a few days' time.

Sree Sree Thakur also told us that those who pursue study and meditation have higher intercellular combustion and should take foods such as milk, banana, apple, grapes, and honey e.c.t. In fact bananas improve your mood and so does milk and some nuts help improve your brain power.

As well as our diet, we should be taking good care of our hygiene. Because of lack of hygiene people have to face diseases such as cholera and food poisoning. We should always wash our hands after going to the toilet, wash clothes and bedding frequently, keep our kitchen clean and shower properly.

Unhygienic habits such as not taking a shower, eating from the same plate, not washing hands, should be stopped. You should wash your hands frequently, so that germs can't come inside you and make you sick. There are approximately 5,000 germs in your hand and some germs can be quite harmful if they get inside your body. other ways of germs getting into you include sharing a plate. Other people may have germs which can damage your body so it is better to eat on your own separate plate.

So we can see that if we don't look after our diet and personal hygiene, our health can be harmed. If we all eat the proper foods, get the proper nutrition and look after our personal hygiene, as Sree Sree Thakur has told us, we can all lead a happy and healthy life.

Take not others' flesh

Take not others' flesh
as you desire not others
to devour your own.

- Sree Sree Thakur

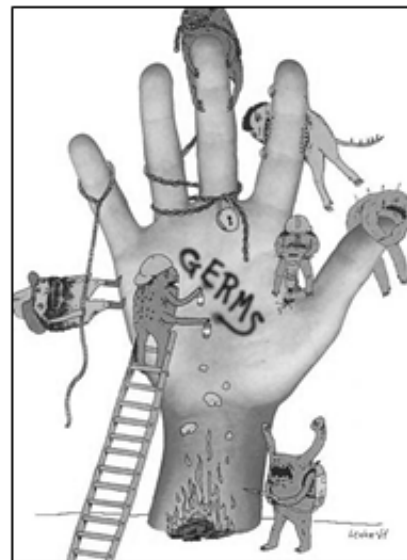
(Message vol. 8)

Keep your kitchen and cook hygienic

Keep
your kitchen and cook
hygienic
and ever-propitious to you
your family and environment
as far as you can,
pick up peaceful grace
for your hearty soul
and others too.

- Sree Sree Thakur

(Message vol. 8)



(Source: mydailycomplaint.com)

The End.

Education

Pratibha Thakur (Gr. 6), Houston, TX

Learning from book is very important part of education but that does not complete the education.

Sree Sree Thakur has stated:

“Where education does not collaborate with character and conduct, it is merely an induction of knowledge” - (The Message Volume 8).

Real education also means developing conduct behavior and character. I feel proud that my School and my parents educate me on these aspects.

Often education makes us think of reading and writing capability but know that education is far beyond that. It is developed through physical activity. For example, if guests come over we children should help parents and engage in serving our guests and taking care of them. We should accompany parents when going to the market so that we learn shopping skills. If a fence breaks in the house and parents or a servicemen repair them, we should either help or at least keep our eyes and ears open to learn from them. Gardening and plantation are other activities where we children need to develop our interest. We need to help our parents grow fruits, flowers and vegetables. This is also Science because it helps us understand a plants needs and structure. Remember that these physical activities help us both physically and mentally. As our arms, hands and legs grow stronger our brain grows stronger and confidence is built in.

The most important part of our education is to love, respect and serve our teacher and parents. That is the only way we can open our mind to the inflow of knowledge. Sri Thakur is the ultimate teacher who has given us tremendous amount of knowledge. Only by loving him and following the guidance from Param Pujyapad Sree Sree Dada we will be able to achieve real knowledge and bliss.

Bookish knowledge

“The day we made reading books the prime ingredient for education we have drifted away from real education.”

- Sree Sree Thakur

(Alo. Pra. Vol. 5)



Education is to Edit

“Education is to edit the experience and knowledge that nurture our existence with every progressive push.”

- Sree Sree Thakur

(Message vol. 8)



The End.

Autumn in the Sunrise

Baishali Chaudhuri (Gr. 5), Andover, MA

The leaves are red, yellow & brown.

The sun at the break of dawn.

Autumn will never make our spirits down.

Look! A baby fawn!

The gentle, warm beams set upon the trees,

As a mother bird landing on a branch.

A perfect day for honey for the bees.

Autumn, a season that I love.

The sun rises high in the sky,

Leaving a shiny, bright mark.

Hurry! Hurry! Let's play! Let's play!

Let's have fun before it's dark.

Today is a beautiful day!

The wind blows the leaves of golden.

The crisp water washes on the sea bay.

Let's have a great time before it's frozen.

The End.



The Best Friend

Atreyee Maiti, Pittsburgh, PA

He smiles when you smile

He is distraught when you are in distress

He stands by you when you need help

He brings surprises to cheer you up.

He wipes your tears when you are low

He guides you through the dark ways with His light

Yet He lets you learn from your mistakes.

He is one you respect, the one you learn from

The one who never lets you down or leaves you alone

No matter what phase of life you are going through.

He is that unconditionally loving friend that everyone desires

Who takes you through the deep waters safe and sound.

O my dear Lord, thank you for being there for me.

I know that when I hold your hand,

When I am with you,

I'll be alright.

The End.



Who is Thakur

Thakur is my god, my idol. He gave me the best life, best mom and dad and naughty brother. He gives me food, air, water and everything. Thakur takes care of me and my family. I love my Thakur.

सुरेश्री मिश्री
Surashree Mistry

Surashree Mistry

Lord Sri Sri Thakurji

God is who we love. He gives us what we want. Ask him something he will give you. That's why I love God. He forgives us. He loves us. He cares for us. He cares for nature. He cares for life. He cares for if you die. He cares if you are hurt. He cares if you are homeless. He cares for himself.

Shawn Ray

Photos from Deoghar



Param Pujiyapad Sree Sree Dada offering Pranami and Prayer



Param Pujiyapad Sree Sree Dada addressing Ritwik Conference

Photos from Deoghar (contd.)



Param Pujiyapad Sree Sree Dada with P. Babai Da, P. Sipai Da and P. Binki Da



Pujiyaniya Babai Da addressing Ritwik Conference

Photos of Satsang Centers



Satsang Vihar, Bhubaneswar - 1



Satsang Vihar, Bhubaneswar - 2



Satsang Vihar, Mumbai



Satsang Vihar, Chennai



Satsang Vihar, Guwahati



Satsang Vihar, Chaibasha

Photos of US Utsav 2013



Sree Sree Thakur



Satsang Gathering - 1



Matri Sammelan



Kirtan - 1



Kirtan - 2



Alochana

Why Initiation

Subrat Mohanty, Woodland Hills, CA

Man is the supreme animal in the creation, why? Many an answers have been expounded to affirm this statement. One day, one of the devotees of Sree Sree Thakur Anukulchandra, put the same question with a passionate craze to know the answer. Without going into the other aspects of such being, Sree Sree Thakur abruptly answered the question, referring to the physical appearance of man. Three types of living beings are seen on this earth-the plant, the animal and the man. Sree Sree Thakur told- "look at the plant'- its head is downward into the ground, the animal-its head is parallel to the ground but of man – his head is upright straight to the sky". Really man is capable of receiving all the cosmic promptings first in the brain and then utilizing the same in accordance with his need .This prompts him to adjust himself to any circumstance where as other living beings are not. As the probable assumption goes, man has appeared on this earth since 200 million of years last and all the while he has attempted to secure his life by overcoming huddles of any sort. This in sort may be put to mean-live and grow.

In the annals of human history, it has been found that whenever man has failed to abjure decadence , The Great Seer- (God Incarnate) has come to his rescue and the human race has been saved by this process .The Indian epics have described their roles in thousand ways. In the modernity Sree Sree Thakur Ankul Chandra, is not only a God incarnate, he is the Great Seer, the redeemer of all, Fulfiller- the-Best, with unerring version and has/had spoken of the things that no one unfolded before .his hegemony is over and above all the knowledge that has been accumulated so far. He has spoken of all things happening in the sun, and in other cosmic bodies much before the human mind can learn by being in the process of scientific investigation.

Man has invaded almost all aspects of his life visible and invisible, but he has certainly ignored and unaware of, one very essential thing in his life, that is his breath itself. Sree Sree Thakur tells that all 'isms' veer round one 'ism'-that is in his language –'life-ism'. The living man feels the first expression of life in his breath, but he does little or nothing for its up protection or upliftment, and of causality of its arrest at death.

The first and foremost work as, Sree Sree Thakur has ordained to be performed by each and all individuals is to take "Initiations", whose area of activity and result is wide –spread .But the first hand achievement of initiations, is adherence to Love-Lord. Here mention may be made to the working of the physical world. Water flows in wave, air blows in wave and sunshine comes to us in wave. Hence life has come to us in the form of wave. It may therefore be told that one has not life but the urge or the potency of the life or the life current .Man may be equal to another man but as individual he has no match in the totality of human existence .It is because of this urge or potency which is unique in each individual .From the urge of life comes the instinct, of man which is an uncommon factor in every individual. Sree Sree Thakur tells that the whole of the universe has sprouted from the 'booming commotion of the Holy Name and we must accept it as the real truth .This means that the chanting of the Holy name is ever present in everything including the individuals. Sree Sree Thakur is the materialized master of the Holy Name. Being initiated one is blessed with knowing the four lettered Holy Name. Sree Sree Thakur tells that the moment one is infused with the Holy Name, his life –urge starts to glow. So by being

initiated one gets the clue to enhance his urge of life .when one is strong in life force, no counter-force can make him weak and as such, he shall come out successful in all respects. Sree Sree Thakur has depicted this Holy Name as having the radiating effect. When Holy Name is practiced with all intensity, no other effort is required to fight away the citadels of suffering –the passions. Many things have been told on the process of practicing the Holy Name-like Enchantment (JAPA), Meditation (DHYANA) so on and so forth. But the essence of practicing the Holy Name ,as has been told by Sree Sree Thakur lies in the process of breath itself .when one enchant the Holy Name, the first letter gives a push to the life current and this push comes to stagnation at the vibration of the second letter. after the stagnation comes the outward motion of the sound in the third letter and again there is the inward motion in the fourth letter .Even if we don't know the Holy Name, the thing amounts to the above process in each and all animals including man though he is ignorant of the same, therefore Sree Sree Thakur has categorically mentioned to make every one initiated, even a lizard may not be spared. The Process of breath (respiration) is two-fold-one is in taking air and other is expunging the same. Sree Sree Thakur has told in Punya Punthi (Holy Book) that if breath is two i.e. inhaling and expunging, then the Holy Name be enchanted four times i.e. twice while in taking and twice while expunging and it may be intensified to four, six, eight and so on times as the mediator be capable of, but all the time the eyes must be closed and must be fixed to the root of the nose. The mechanism may outwardly appear to be easy but it requires .Long standing regular practice. In a man, more is the imbalance of mind, more irregular is the respiration. Reversely, if the breath is systematically regulated, it will take away the imbalance of mind .This will lead to normalcy in man. God is ever normal or neutral .Hence the process of meditation as prescribed by Sree Sree Thakur is the simplest and normal way ever found for self-realization and through it God-realization. Let each and all be initiated in the Holy Name and tread on the path desired by Sree Sree Thakur without list hesitation, if one is really interested in his being and becoming.

The End.



Satsang Main Entrance (Deoghar)



Anand Bazaar Hall (Deoghar)



Master – The Materialized Form of Bliss

Ram Kinkar Thakur, Houston, TX

Ask anyone what he or she wants. The answer will vary depending on the person you are asking, the environment they are exposed to and most importantly their ability to analyze their own understanding of what they want out of life. Often, due to lack of clarity the real answer does not come.

Thanks to my last 15 years of association with Sree Sree Thakur, I have developed genuine interest in people and whenever I get the chance to interact, the discussion lead to ultimate objective of life that people want to achieve. Here are few examples from my recent interactions with people.

I was chatting with a co-passenger in my flight from Charlotte to Houston recently. What do you want to achieve? (*Oh I want a career or business that gives me the opportunity to make lots of money!*) For what? (*To do things I am not able to do at this time – buy stuff, exotic vacations, etc.*) I see. But why do you think you want to do those things that you mentioned? (*That will make me happy and satisfied*).

When I asked to same question to one of my colleague at work, who seemed highly stressed all the time, the answer was her achieving highest corporate ladder at faster pace she could. Again her ultimate aim is to be happy what she thinks can be achieved through achieving career heights. Clearly these and many other examples indicate that people want happiness and satisfaction and majority of them believe the path to happiness lies in acquiring name, fame, professional achievement, healthy bank balance and so on. Is that true?

There is absolutely no doubt that anything achieved through hard work, overcoming obstacles and challenges always brings satisfaction and one should always pursue that goal. However, I am not sure if that satisfaction is everlasting. I can think of multiple reasons for that. The maddening urge to achieve something becomes so predominant that we often get trapped into it leaving out other important aspect of life. That unbalance causes more grieves in the long run than the happiness that came through achievement.

There are many examples in history of some of the highest achievers who had a miserable personal and family life. Even within America, there are numerous examples of high profile celebrities living in absolute miseries with deteriorated and dull lives with few cases resulting in celebrities ending their own lives. On the other hand there are many other high achievers who not only enjoyed their own life but also touched many more lives. The difference is nothing but that maddening urges to fulfil selfish expectations versus pursuing something meaningful for a much bigger cause.

According to Sree Sree Thakur:

**Selfish expectations
are the pebbles
in the jar of existence
which resist filling it up
with the wine of life.**

It is really hard to find a happy person without any purpose in life. There are many occasions in my own life when I achieved something worthy and felt happy but I can tell you that I felt happier when that something was associated with serving other's need. Where can we get that motivation from?

In Sree Sree Thakur's own words:

**You are for the Lord,
not for others;
you are for the lord
and so for others**

I am so fortunate that I get to associate with a number of people in my life no matter where I go, who have genuine love for others, the attitude to serve without any expectation and most importantly, I see the feeling of content and happiness in them. In the root of all this is none other than Sree Sree Thakur.

There is a declaration by Sree Sree Thakur in Satyanusaran: **"The Master is the materialized form of Bliss, and He is the Absolute"**

I cannot imagine a happy life without the presence of Sree Sree Thakur, the master who not only loves us but guides us in every step of the way. However, it is absolutely upon us to be fully prepared to receive His blessings. What does this preparedness mean? Imagine a bucket that has a hole in it and we are trying to collect rain water into it. Can we really hold the water? Sree Sree Thakur's blessing is the bliss like that rain water showering uniformly over all of us without any discrimination of who we are, where we came from, where we stand and what we do. We are like those buckets with holes that represent nothing but our own complexes that prevent us from enjoying His blessings.

Our life is a constant fight not against any external enemy but our own complexes and we are so fortunate that Sree Sree Thakur has given us the simple remedy in the form of **Jajan, Jaajan and Istavrity** to remove all our complexes and invite bliss.

Sree Sree Thakur has declared:

“যজন, যাজন, ইস্টভৃতি । করলে কাটে মহাভৃতি ॥” – শ্রীশ্রীঠাকুর
(Jajan, Jaajan, Istavrity; karle, kaate mahabritti. – Sree Sree Thakur)

It is true that we, the initiated disciples of Sree Sree Thakur are performing these simple tasks of Jajan, Jaajan and Istavrity as part of our daily routine. However, no matter how simple it may seem, I personally find it very difficult to understand and maintain it in its true sense especially as I am constantly surrounded by the environment that is pulling me in all directions and on top of I have my own complexes that needs only a thin thread to pull me off track. What is the solution then?

I always need an example of someone I can physically see, interact with and learn from. I have not physically seen Sree Sree Thakur, but like millions of people in India and around the world, I feel His presence when I see our own Acharyadev, Param Pujyapad Sree Sree Dada. Over the period of time, I have observed that whenever I am down and deviated, a simple visit to Sree Sree Dada has filled me with the renewed energy and zeal to move further. Today, I cannot imagine my connection with Sree Sree Thakur without the loving presence and guidance from Sree Sree Dada. That guidance comes through his divine words as a task (Ista-Nidesh) that he

blesses us with, if we are one of those fortunate souls. Fulfilling his divine wish is the only way to correct ourselves, grow ourselves and achieve Enlightenment and Bliss.

Sree Sree Thakur Says (Reference: Anushruti, Vol-IV, Verse 29, Chapter-Sadhana):

ইষ্টনিদেশ হোক না কঠিন
হোক না যতই ক্লেশপ্রদ,
নির্বাহতে হয়ই সেটা
জ্ঞানদীপ্ত শূভপ্রদ
তাচ্ছিল্য যাঁরা করে থাকে
ঐ নিদেশের অনুগতি,
জ্ঞানেও অন্ধ তেমনি থাকে
হয়ও সেমনি কৃতি-গতি ।

(However difficult the command of the Guru is, however strenuous it may be, if it is done properly, you become enlightened and blissful. Whoever ignores that command, they remain in the dark, their success also becomes dim.)

Getting the “command from Guru” is not that easy. Over the period of time numerous people visited Sree Sree Thakur, yet remained deprived of the opportunity to serve Him. Same way, millions of people are visiting Sree Sree Dada every year but there are few fortunate ones who get the opportunity to serve Him. Those are the fortunate people who have completely surrendered to Him removing all the artificial barriers like the status in the society, professional achievements, personal achievement and so on. How can one reach the master with these barriers of complexes?

Through this article, I want to appeal to all fellow brothers and mothers to remove all these barriers that prevents us from serving the Master. That is the only way to achieve happiness and bliss. When we do that, there is nothing impossible to achieve – nature starts supporting us and everything becomes easy.

We the brothers and mothers of United State and Canada are so fortunate that Sree Sree Dada is taking His personal interest in our being and becoming by giving us the opportunity to serve Sree Sree Thakur through establishing our first center (Thakur-bari) in North America. I pray to Sree Sree Thakur to give me the strength so that I am able to fulfill His wishes by completely surrendering to this mission.

I know that fulfilling this mission is not easy and I as an individual am the least capable person to do that. However, I know for sure that is the only way for my growth and happiness and my complete surrender to His wishes will remove all the obstacles and nature will start supporting. I am already observing that blessings through Jeffrey Da and Kiron Da, always full of energy and enthusiasm defying their age to serve Sree Sree Thakur. I see the blessings and happiness through Richi Da who is driving 1000s of miles every month with the single minded focus to fulfill Sree Sree Dada’s wishes and serve Thakur. I see Sree Sree Dada’s blessing through many brothers and mothers in New York, New Jersey, Michigan, Connecticut, Ontario and many other states around USA and Canada who are always ready to serve Sree Sree Thakur with open heart.

These are the examples that inspire me a lot and I sincerely pray to Thakur that together we are able to fulfill Sree Sree Dada’s wishes and see Him smile with happiness that we are moving forward towards the true happiness and bliss.

The End.



SATSANG AMERICA

Being and Becoming with Ever Conscious Mind!

Important Dates to Observe

Subhagaman Divas of Sree Sree Thakur at Deoghar and 69th Anukulabda	Tuesday, September 2, 2014
127th Abirbhav-Tithi of Sree Sree Thakur	Wednesday, September 3, 2014
127th Abirbhav-Divas of Sree Sree Thakur	Tuesday, September 16, 2014
127th Janma-Mahotsav of Sree Sree Thakur and 297th Satsang Ritwik Conference	Sunday, October 5, 2014 to Monday, October 6, 2014
82nd Janma-Divas of Acharyadeva Sree Sree Dada	Tuesday, October 21, 2014
82nd Janma-Tithi of Acharyadeva Sree Sree Dada	Sunday, October 26, 2014
104th Janma-Divas of Sree Sree Borda	Friday, November 21, 2014
104th Janma-Tithi of Sree Sree Borda	Sunday, November 23, 2014
104th Janma-Mahotsav of Sree Sree Borda and 298th Satsang Ritwik Conference	Wednesday, December 31, 2014 to Thursday, January 1, 2015

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